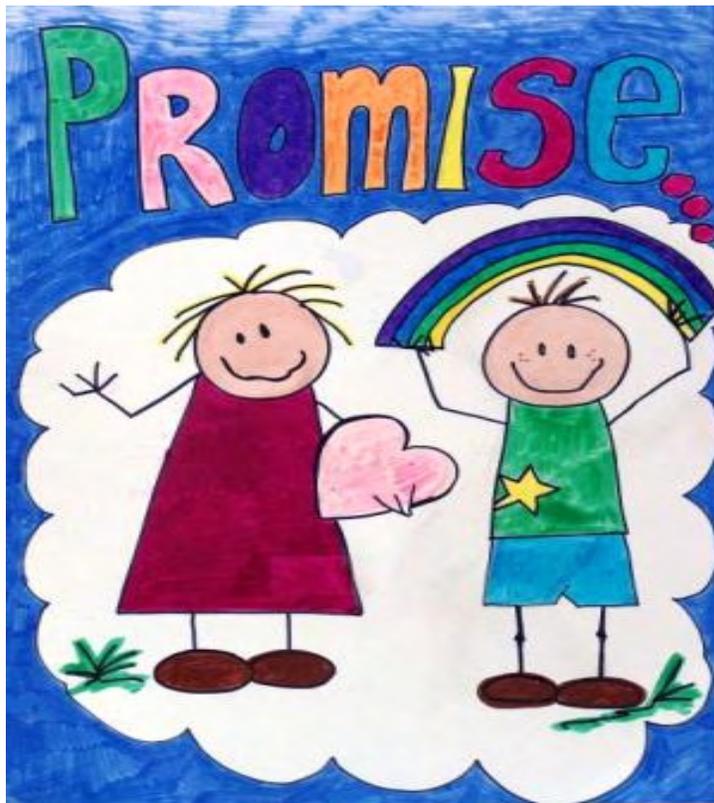


Saratoga County



A COMMUNITY GUIDE FOR FAMILIES OF YOUNG CHILDREN



*Includes Resources for Families of
Children with Special Needs*

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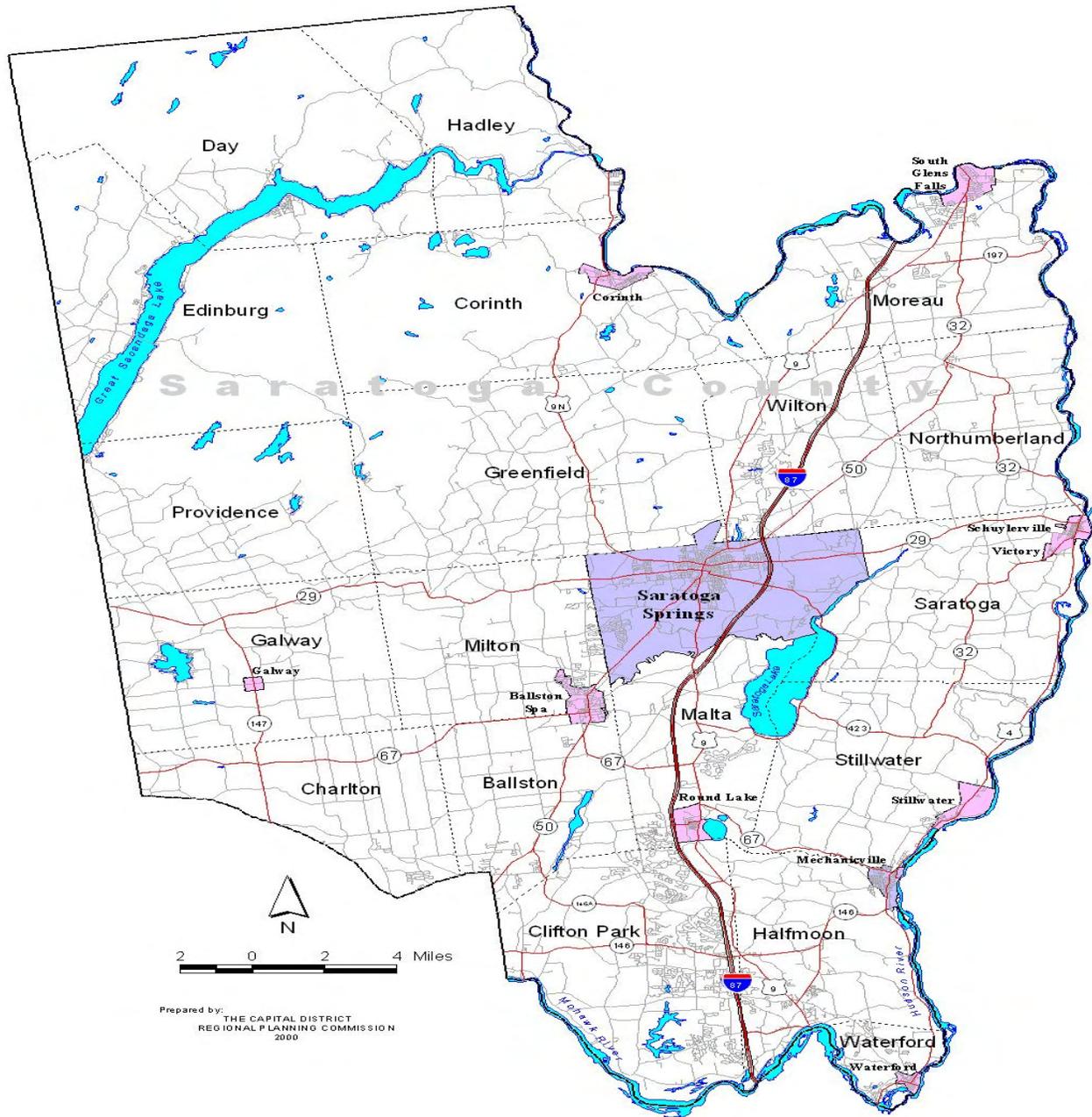
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SARATOGA COUNTY MAP



Prepared by: THE CAPITAL DISTRICT
REGIONAL PLANNING COMMISSION
2009

******Please look at your neighboring town’s community activities; they may also offer something of interest to you and your family.**

******Also call your Town, especially during the summer, they generally all offer some form of summer activities that can range from swim lessons to Arts & Crafts.**

BALLSTON SPA AREA

Ballston Spa, Burnt Hills/Ballston Lake, Charlton, Galway, Malta, Milton

Burnt Hills - Ballston Lake School District
50 Cypress Drive, Glenville NY 12302
Kerstin King, CPSE Chairperson
399-9141 x5035 www.bhbl.org

Ballston Spa School District
70 Malta Avenue, Ballston Spa NY 12020
Patricia Heidelmark, CPSE Chairperson
884-7195 x1336 www.bsbsd.org

Galway School District
5317 Sacandaga Road, Galway NY 12074
Linda Jackowski, Director of Pupil Services & CPSE Chairperson
882-5042 x3249 ljackowski@galwaycsd.org

Ballston Spa/Galway Headstart
Milton Terrace Primary School
200 Wood Road, Ballston Spa NY
884-7270 badams@bsbsd.org



Socialization

Town of Ballston Community Library

2 Lawmar Lane, Burnt Hills, 399-8174

<http://burnthills.sals.edu/>

They offer several activities for toddlers and preschoolers such as toddler time, preschool story time and bedtime stories. Call Rebecca Darling, Children's librarian at 399-8174, Ext. 3 or check out the website for details.

Malta Community Center

1 Bayberry Dr, Malta, 899-4411

They hold playgroups for children 15-36 months and recreational programs for all ages (including music, yoga, arts and crafts, dance and acting). Call for details.

Activities brochure: www.malta/town.org/activitiesbrochure

Galway Library

5264 Sacandaga Rd, Galway, 882-6385

www.galwaypubliclibrary.org

They offer several programs for the children, call for program details.

Ballston Area Community Center

9 Scott Street, Ballston Spa, 885-3261

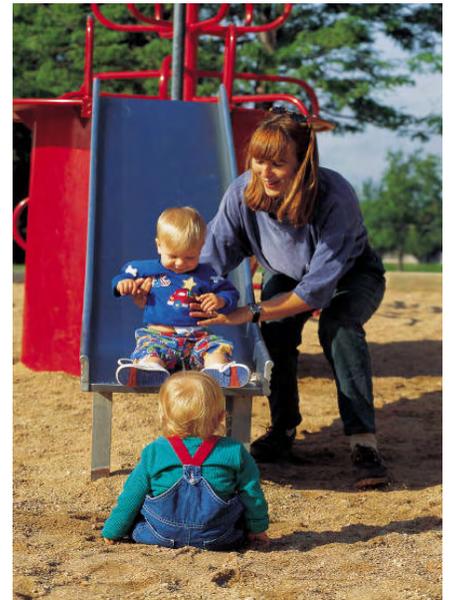
They hold a toddler open gym. Call for details and other programs. This would benefit a child who needs gross motor help as well as socialization.

http://ballstonareacc.org/programs/toddler_open_gym

Glenville YMCA

127 Droms Road, Glenville, 399-8118

Call for programs for all ages.



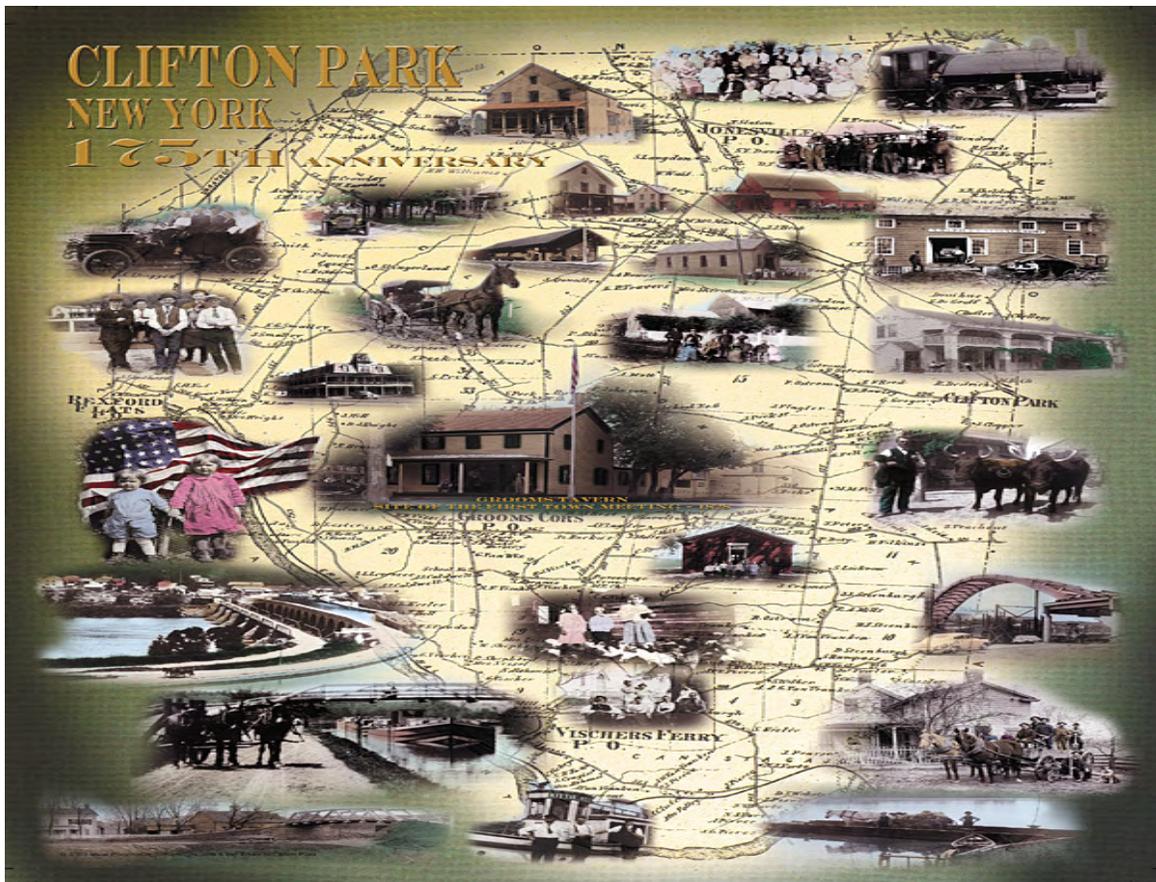
CLIFTON PARK AREA

Clifton Park, Halfmoon, Waterford

Waterford - Halfmoon
125 Middletown Road, Waterford NY
Dina Sanders, Director of Special Education 237-0800 x 3315

Shenendehowa
5 Chelsea Place, Clifton Park NY
Wendy O'Brien, CPSC Chairperson 881-0600 x68303

Headstart
Cheryl's Lodge
25 Fern Lane, Clifton Park NY 383-5412
or call Headstart Administrative offices 226-0450
p.dray@saratogaec.org



Motor/Language

Kidscare Fitness/Nicolla

Pool Therapy

711 Troy-Schenectady Rd, Latham, 690-2882 X203

Call for children's programs offered

www.nicollatherapy.com

- ✘ They offer several playgroups that range from 4 months to 7 years
- ✘ Talk with the staff and see if your health insurance covers any part of it!
- ✘ They also offer parent-training sessions called "The Hanen Program For Parents: It Takes Two to Talk." This program helps parents by offering support from other parents in the group. Classes are informative and personal. "It Takes Two to Talk", is for those parents who are concerned about their child's speech development.
- ✘ Also offers aquatic therapy
- ✘ PT, OT, Speech and developmental groups

Theraplay, PLLC

6 Halfmoon Executive Park Drive, Clifton Park
615-0036. Call for details about enrichment groups

Language/motor playgroup for toddlers: offers toddlers challenges in peer interaction, concept and language development as well as fine and gross motor development.



YMCA of the Capital District

1 Wall Street, Clifton Park, 371-2139, Ext. 5520

Call for children programs offered.

Margaret Boyle, Director of Children's Services

www.cdymca.org

- ✘ Activities such as swimming, sports, dance, gymnasium, etc. available
- ✘ Preschool program
- ✘ Scholarships available

LET'S RELATE

"LET'S RELATE COMMUNITY"

A community based social-language enrichment group for children. Contact Lauren Herbs, Speech and Language Pathologist at 428-0325.

Lherbs@nycap.rr.com

Starts fall of 2011

Sports Are For Everyone (SAFE) Sports

(ages 5 and up)

A variety of sports in different locations throughout the year for children with disabilities and some teams for children on the spectrum.

Contact Jim Fitzgerald at 383-8076 or by email

sportsareforeveryone@gmail.com

Cutting Edge Tae Kwon Do

109 West Ave, Saratoga Springs, NY

Call 587-5501 or email

www.MartialArtsHero.com/CuttingEdge

Program can increase socialization/physical skills.

Call for more information.

SOCIALIZATION

Clifton Park-Halfmoon Public Library

475 Clifton Country Rd, Clifton Park, **371-8622**

They offer several activities for children of all ages such as: Lap sit for tots, parent/child library time, 2-6 year old story times and 3-6 year old movie times. Call or check the website for details. Separate times are reserved for preschool classroom visits. Please call for availability. Go to Children's Corner about youth services.

www.cphlibrary.org

Round Lake Public Library

P.O. Box 665

31 Wesley Ave, Round Lake, **899-2285**

Offer toddler (2-3½ y.o.) story times.

They offer other activities as well, call for details.

www.roundlake@sals.edu

Michael's Crafts

48 Crossings Blvd, Clifton Park

373-9820, Call Deborah for details.

They offer craft times for the kids.

www.michaels.com

Kniskern Music House

1783 Route 9, Clifton Park, **371-3535**

"Music and Me" program will introduce your child to live music in a fun and interactive way.

Contact Kathleen Kniskern

Kindermusik

Renée Hostetler,

renee@hostetlermusicstudio.com

Hostetler Music Studio

9 Pinewood Avenue

Saratoga Springs, NY 12866

(518) 583-0594.



Lowe's Hardware

476 Route 146, Halfmoon

348-2940 x0 (ask for customer service)

They offer craft time with the kids. Call for details. www.lowesbuildandgrow.com

Waterford Public Library

117 Third Street, Waterford, **237-0891**

Liz Liddington, Youth Services Librarian

Call for children programs offered.

www.waterfordlibrary.net

Saratoga Bridges R&R Program

Held at the Southern Saratoga YMCA

Contact Tina Lomaestro, **587-5747**

Children cook, play, swim, and take field trips on Saturday mornings from 9-12.

Most or all participants have Medicaid Waivers. Call for more information.



NORTHERN SARATOGA AREA

Corinth, Day, Edinburg, Gansevoort, Hadley, Moreau, South Glens Falls, Wilton



HADLEY- LUZERNE

PO Box 200, Lake Luzerne NY
Jill Bovee, Chairperson 696-2112 x134



SOUTH GLENS FALLS

6 Bluebird Road, South Glens Falls NY
Kathy Kieffer, Director of Special Education 793-9702
Robert Lemieux, CPSE 793-9702
Head Start ~ same as Corinth



EDINBURGH

4 Johnson Road, Edinburg NY
Andrea Schedlbauer, CPSE/CSE Chairperson
863-8412, Ext. 240



CORINTH

105 Oak Street, Corinth NY
Lisa Meade, CPSE/CSE Chairperson
654-9005, Ext. 3447

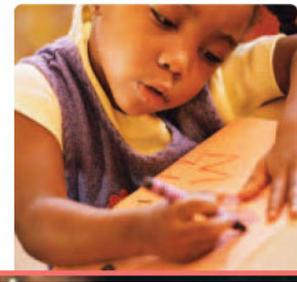
CORINTH HEADSTART

PO Box 159, 5 Saratoga Ave, Unit C, Corinth NY
654-7090 or 654-2710





SOCIALIZATION



Crandall Library

221 Glen Street, Glens Falls, 792-1509. They run several programs for children and their families. www.crandalllibrary.org

Corinth Free Library

89 Main Street, Corinth, 654-6913. Call for children programs offered. www.corinth.sals.edu

Hadley-Luzerne Free Library

19 Main Street, Lake Luzerne, 696-3423. Call for children programs offered. www.hadluz.sals.edu

Hyde Museum

161 Warren Street, Glens Falls, 792-1761. They offer several different types of crafts/activities for children/toddlers each week. www.hydecollection.org

World Awareness Children's Museum

174-176 Glen Street, Glens Falls, 793-2773. Call for children programs offered. www.worldchildrensmuseum.org

Lowe's in Queensbury

Corner of Bay and Quaker, 798-9050. Call about craft days for kids. www.lowesbuildandgrow.com

Moreau Community Center

144 Main Street, South Glens Falls, 792-6007. Call for children programs offered.

Northville Public Library

341 So Third Street, Northville, 863-6922. Call for children programs offered. Edinburgh and Day families can use this library. www.Northville.mvls.info

Fortune Cookies

Contact Janice Wakeley, 798-0788.

For adopted Chinese children to interact in a playgroup and learn Chinese language. Call for more details.

MOTOR AND LANGUAGE

Glens Falls Rehab Center

25 Willowbrook Road, Queensbury, 926-2050. Call Gail Hawkins for details.

 Obtain referral from your Pediatrician to receive PT/OT/Speech services through your insurance.

The Fun Spot at Skateland

1035 State Route 9, Queensbury, 792-8989, call for more details.

 The little ones can skate or bring their favorite ride on toy (no bikes) for fun pedaling around the rink. Strollers are welcome.

Glens Falls YMCA: socialization/motor

600 Glen Street, Glens Falls, 793-3878, call for children programs offered.



SARATOGA

Greenfield, Saratoga Springs, Schuylerville

SCHUYLERVILLE

Committee on Special Education
14 Spring Street, Schuylerville NY
Lynn Mastrianni 695-3255 x 3247

SARATOGA SPRINGS

3 Blue Streak Boulevard, Saratoga Springs NY
Nikole Hearn, CPSE Chairperson 583-4727

SARATOGA HEAD START

40 New Street, Saratoga Springs, NY
587-3158



SOCIALIZATION

Saratoga Springs Public Library

49 Henry Street, Saratoga Springs, 584-7860.

They offer parenting programs, toddler & preschooler story times and activities, etc. Call for more information.

www.sspl.org



Geyser Road Elementary School

Geyser Road, Saratoga, 584-7699.

Preschool story time 10:10 – 10:40 on Mondays.

Call for more details or check calendar at

www.edline.net/pages/Geyser_Road_Elementary_School

Saratoga Children’s Museum

69 Caroline Street, Saratoga, 584-5540, call for programs offered.

The museum offers free time for you and your child to play and imagine together. They may also offer times for preschoolers and tots to interact and socialize. It is a very family friendly atmosphere.

www.childrensmuseumatsaratoga.org

Schuylerville Public Library

52 Ferry Street, Schuylerville, 695-6641.

Preschool children are welcome (with an adult) to attend

Story Hour on Wednesday and Thursday at 10 am. Craft and snack will follow.

They offer a literacy program as well as several other helpful resources for parents. Call for more information.

www.sals.edu/schuylerville.shtml



MOTOR/LANGUAGE



Stepping Star Gymnastics and Dance

86A Congress St, Saratoga, **584-5153**. Call for details.

They offer both structured and unstructured gymnastics times for preschoolers, toddlers and school age children. They also offer dance.

www.steppingstar.com

YMCA Playgroups

290 West Ave, PO Box 4610, Saratoga Springs, **583-9622**

20 Old Gick Rd, Saratoga Springs, **587-3000** (Wilton branch)

Call for more details.

Several activities such as swimming, sports, dance, gymnastics, etc. are available.

Information about preschool programs can be found on their website:

www.ymcasaratoga.org



Aqua Tots

Wesley Healthcare Center, 131 Lawrence Street, Saratoga Springs, 691-1451.

Offered by Wesley's Outpatient Therapy Department. Class size is limited by the supervising physical therapist to 4 children with their parent/guardian per each 30-minute session. A prescription from a physician is required.

www.parenttoparentnys.org

Kids' Creekside Village

Located in Kelley Park, 39 Ralph Street, Ballston Spa

Contact Shannon Hansen, **885-1525** for more information.

This playground, which was imagined by children and built by the community, is fully inclusive. It was designed to encourage active side-by-side and interactive play for children of all abilities. Special features include: sensory and cognitive panels, musical instruments, sensory walkway, therapeutic swings, and wheelchair ramping to access various heights and slides. The tot lot, geared for children aged 2 – 5 includes 2 fire trucks, a trolley, a playhouse, bridges, slides, tunnels, tot swings, a therapeutic tot swing, a longhouse, a sandbox with fossils, benches, and covered seating areas. There is also a large school aged area for children aged 5 – 12. For more about this unique play space visit www.fansofballstonspa.org

STILLWATER / MECHANICVILLE



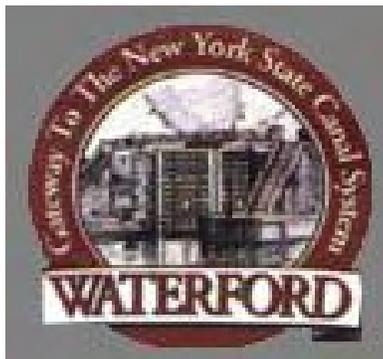
MECHANICVILLE ELEMENTARY SCHOOL

25 Kniskern Street, Mechanicville, NY
Steven Marra 664-7336
RoseAnn Bradley, Director of Special Education



STILLWATER CENTRAL SCHOOLS

334 North Hudson Avenue, Stillwater NY
373-6100



STILLWATER HEADSTART

19 Palmer Ave, Stillwater NY
664-2515

SOCIALIZATION

Mechanicville District Public Library

190 N. Main Street, Mechanicville, 664-4646.

Call for children programs offered.

www.mechanicville.sals.edu

Stillwater Free Library

P.O. Box 485, 662 South Hudson Avenue, Stillwater, 664-6255.

Call for children programs offered.

www.stillwater.sals.edu



Mechanicville Area Community Services Center, Inc

6 South Main Street, Mechanicville, 664-8322.

They have programs and services to help meet the needs of the community's families and youths. Call for details. www.mechanicvilleacsc.org/

Stillwater Area Community Center

19 Palmer Street, Stillwater, 664-2515, Youth and Family Services.

Offers programs and services designed to help meet the needs of the community's families and youths. Call for more details.

GENERAL RESOURCES

See the following pages for helpful information including.....

- ④ Daycare/Preschool information and assistance
- ④ Financial/Medical information and assistance
- ④ Helpful phone numbers
- ④ Parenting: helpful websites and books for separation anxiety, child development, help with behavior concerns, etc.

