

Saratoga County Children with Special Health Care Needs

Asthma

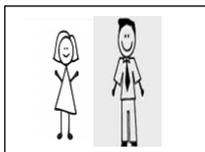


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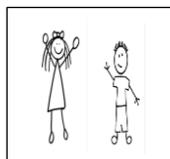
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**** IF YOU DO NOT HAVE ACCESS TO THE INTERNET, PLEASE VISIT YOUR LOCAL LIBRARY ****

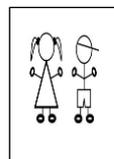
Key:



Parents/Guardians



Teens/Young Adults



Young Children



Family

ASTHMA SUPPORT GROUPS



Asthma Coalition of the Capital Region

920 Lark Drive | Albany, NY 12207

Phone: (518) 591-4563 • Fax: (518) 320-3022 • Email: ACCR@wmyhealth.org



The Asthma Coalition of the Capital Region (ACCR) is one of eight regional asthma coalitions funded by the New York State Department of Health. ACCR is also supported by its lead agency, Whitney M. Young Jr. Health Center, Inc. The goal of ACCR is to decrease asthma morbidity and mortality, in low-income Capital Region residents ages 0-40. ACCR serves the following counties in the Greater Capital Region: Albany, Fulton, Montgomery, Rensselaer and Schenectady. ACCR seeks to prepare proactive teams of providers, supportive, integrated communities and informed, activated patients and families, which engage in productive interactions to improve outcomes for patients with asthma.

<http://www.wmyhealth.org/asthma-coalition-of-the-capital-region>

Project: Asthma Educator Training

Partner: St Peter's Hospital

This course offers extensive education to health care professionals on all aspects of asthma management and prepares them to sit for the National Asthma Educator Certification Exam.

Project: Healthy Neighborhoods Program

Partner: Schenectady County Public Health and Cornell Cooperative Extension-Albany County

This program provides in-home education to help families identify and eliminate triggers from the homes and sleeping areas of patients with asthma to improve health outcomes.

Project: Provider Champion Teams

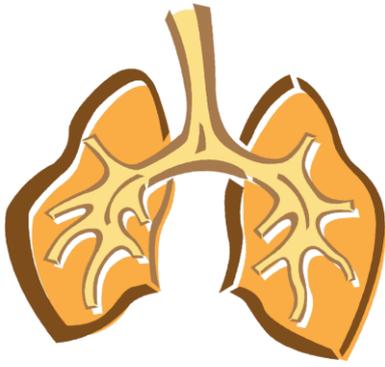
Partners: Ellis Health Center Asthma Educator Program, Ellis Pediatric Health Center, St Peter's Family Health Center, St. Peters Health Center for Children, Troy Pediatrics, Whitney M. Young, Jr. Albany & Troy Health Centers, Whitney M. Young, Jr. School-Based Health Program

This project is comprised of a network of providers that operate in communities with the highest rates of asthma-related hospitalization and emergency room visits. They strive to improve health outcomes of children and adults with asthma through education (of both the patient and their families) on asthma triggers, self-management and proper uses of medication.

Project: School Nurse Training

Partners: Capital Region School Nurses Association, American Lung Association, County Health Departments

This project trains school nurses on how to educate students and their families on asthma triggers, signs and symptoms and medications and how to implement asthma management programs in their schools. Through a partnership with the American Lung Association & Hudson Valley Community College we also offer asthma self-management to elementary students of schools located in areas of high need.



ASTHMA SUPPORT GROUPS

Asthma and Allergy Foundation of America

Educational Support Groups



Educational Support Groups from all across the country help you gather relevant information about asthma and allergies and offer emotional support. The settings of the Support Groups may vary; groups often feature guest speakers, medical advisors, and face-to-face sharing of information and solutions for disease management. The Educational Support Groups include groups for Parents, Pre-Teens/Teens, Adults, as well as several other categories.

http://www.aafa.org/esg_search.cfm

Better Breathers Club



St. Peter's Hospital

315 S. Manning Blvd. Albany, NY 12208
Contact: Alice Abrams 518-525-8422

Glens Falls Hospital

100 Park Street. Glens Falls, NY 12801
Contact: Kerry Sumner or Vicky Cooper
(518) 926-2082

People with emphysema, asthma and/or bronchitis can meet once a month to provide support for those with chronic lung disease and their families. Meetings are open to the public and free of charge.

Certified Allergy & Asthma Consultants



Certified Allergy & Asthma Consultants specialize in the treatment of asthma and allergic diseases for both children and adults.

<http://www.certifiedallergy.com/asthma.html>

Albany - Corporate Woods Office Park

8 Southwoods Boulevard • Albany, NY 12211
Phone: (518) 434-1446 • Fax: (518) 434-2360

Schenectady

2125 River Road • Schenectady, NY 12309
Phone: (518) 374-2266 • Fax: (518) 374-0500

Clifton Park

7 Emma Lane • Clifton Park, NY 12065
Phone: (518) 383-0001 • Fax: (518) 383-5035

Troy - Samaritan Medical Arts Building

2231 Burdett Avenue • Troy, NY 12180
Phone: (518) 272-1515 • Fax: (518) 272-0035





MEDICAL

Glens Falls Hospital

100 Park Street
Glens Falls, NY 12801
(518) 926-1000

Malta Medical Arts

2388 Rt 9
Mechanicville, NY 12118
(518) 289-2020
Monday through Friday 7am-9pm
Saturday 7am-7pm
Sunday 7am-5pm

Saratoga Care Family Health Centers

61 Rowland Street, Suite 208, Ballston Spa,
(888) 242-1418 or 885-6721
A Saratoga Care Coordinator will help you
obtain health insurance for you and your
family.

Saratoga County Public Health

31 Woodlawn Avenue
Saratoga Springs, NY 12866
(518) 584-7460

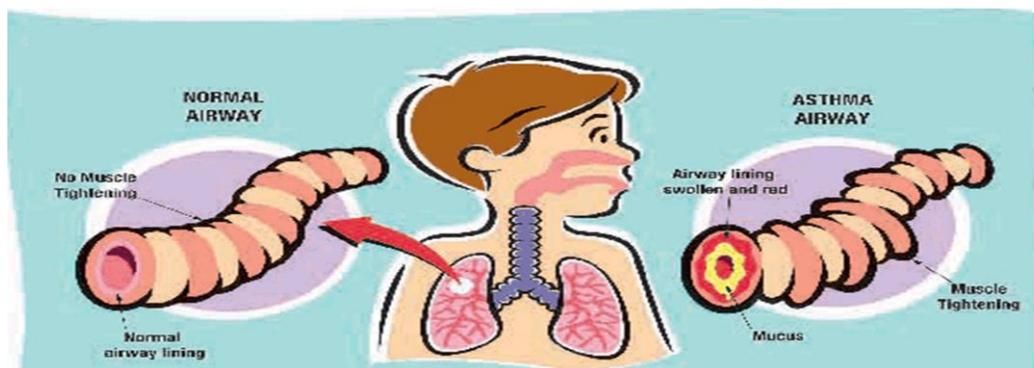
They offer well child/immunization clinics for children who live in Saratoga County and are not covered by medical insurance. You must bring your immunization records.

Please call to make an appointment and to find the clinic closest to you.

The Physically Handicapped Children's Program provides information, referrals, and financial assistance to children with special health care needs. PHCP also offers other services such as the diagnosis & Evaluation Program, Orthodontic Program, and Out of State Care. Call for more information.

Wilton Medical Arts

3040 Rt 50 Saratoga Springs, NY 12866
(518) 580-2273
Monday through Friday 7am-9pm
Saturday 9am-9pm
Sunday 9am-5pm



MEDICAL



Clifton Park Family Practice Group

1 Tallow Wood Drive
Clifton Park, NY 12065
(518) 373-4500

Clifton Park Pediatric Center

963 Route 146
Clifton Park, NY 12065
(518) 688-0295

Mechanicville Family Health Center

202 S. Central Avenue
Mechanicville, NY 12118
(518) 664-6125

Saratoga Center for Pulmonary and Critical Care Medicine

119 Lawrence Street
Saratoga Springs, NY 12866
(518) 693-4635

Saratoga Family Health

119 Lawrence Street (inside Westley Health Care Center)
Saratoga Springs, NY 12866
(518) 584-7361

They offer services in Family Practice, Nutrition, Phlebotomy (Monday - Friday 8:00 am - 12:00 pm), and Podiatry.

Stillwater Family Health Center

1111 North Hudson Avenue
Stillwater, NY 12170
(518) 664-3242



Dental



Medicaid Accepted

All Access Dental

451 Hoosick St Troy, NY
(518) 274-4311

Amsterdam Dental Care

1130 Riverfront Center,
Amsterdam, NY
(518) 842-4420

Dr. Dean Bartlett

500 Glenn Street, Glens
Falls, NY
(518) 793-8511

Dr. Michael Braff (Pediatric Dentistry)

921 Nott Street,
Schenectady, NY
(518) 370-5506
(2-5 years old only)

Dr. Mohmid Baghaei- Rad

5010 State Highway 30,
Amsterdam, NY
(518) 842-9850 *(Oral
Surgery Only)

Dr. Pathare

175 Maxwell Road,
Latham, NY
(518) 786-6282

Dr. William Greene

214 Center Street,
Corinth, NY
(518) 654-2688

Health Care Dental (Disabled Only)

314 S.Manning Blvd
Albany, NY
(518) 437-5731

Hudson Headwaters Dental Department

3761 Main Street,
Warrensburg, NY
(518) 623-3918

Inter Lakes Health Dental Care

1019 Wicker Street
Ticonderoga, NY
518-585-3700

New Dimensions Dental

40 Wall Street,
Amsterdam, NY
(518) 843-2575

Pediatric Dentistry of Clifton Park

532 Moe Road, Clifton
Park, NY
(518) 373-1181

St. Clare's Hospital Dental Health Center

600 McClellan St,
Schenectady, NY
(518) 382-2270

Stillwater Family Health and Dental Care

351 No Hudson Ave,
Stillwater, NY
(518) 664-3242

Sliding Scale Clinics

Hometown Health

1044 State Street
Schenectady, NY
(518) 370-1441

Hudson Headwaters Health Network

Warrensburg, NY
(518) 623-2844

Whitney Young

Lark & Arbor Dr.,
Albany, NY
(518) 465-4771





FINANCIAL INFORMATION & ASSISTANCE

Catholic Charities

142 Regent Street, Saratoga Springs, NY 12866
(518) 587-5000

Call for details on how they can help.

Community Human Services

543 Saratoga Road, Glenville, NY 12302
(518) 399-4624

Serves Milton, Ballston Spa, and the Ballston area. Offers the following services: family support, youth services, counseling, wellness express van, and kindness projects.

Franklin Community Center

10 Franklin Street, Saratoga Springs, NY 12866
(518) 587-9826

Programs and services provided but not limited to are: safe and affordable housing, food pantry, free clothing and furniture distribution, advocacy and referral information, holiday assistance, teenage pregnant and parenting educational classes (M.O.M.), and an after school youth prevention program called "Project Lift".

Greater Galway Community Services Association

2167 Galway Rd, Galway, NY 12074
(518) 882-1316

Food pantry on Thursdays.

They offer residents in the Galway school district and the town of Providence vouchers for gas to get to their food pantry as well as food from the food pantry and food baskets for families.

FINANCIAL INFORMATION & ASSISTANCE



Health Insurance Application Assistance (HCDI)

<http://www.hcdiny.org>

Healthy Capital District Initiative's Facilitated Enrollment Program provides free help to individuals and families who wish to apply for child health plus, family health plus, Medicaid health insurance, and PCAP. The Facilitated Enrollment Program provides assistance throughout the health insurance application process. This site provides more information on this service program as well as on the different health insurance options.

Medicaid in New York State

http://www.health.state.ny.us/health_care/medicaid/index.htm

This link directs you to the New York Department of Health webpage for Medicaid in New York State. This is an informational site that educates users on the qualifications, application process and amongst other things the health services covered by Medicaid.

New York State's Family Health Plus

<http://www.health.state.ny.us/nysdoh/fhplus/index.htm>

This link directs users to the New York State Family Health Plus webpage. This is an informational site that answers many questions relating to the Family Health Plus programs purpose, eligibility, and application process. Users have access to a more detailed list of questions and answers located within a menu on the right hand side of the website.

New York State's Child Health Plus

<http://www.health.state.ny.us/nysdoh/chplus/index.htm>

This link directs users to the New York State's Child Health Plus website. The New York State's Child Health Plus website is an informational site that answers many questions relating to the Child Health Plus programs purpose, benefits for children, and the application process. Users have access to a more detailed list of questions and answers relating to Child Health Plus located within a menu on the right hand side of the website.

FINANCIAL INFORMATION & ASSISTANCE



NYSERDA - EmPower

1-800-263-0960 or [request an application online](http://www.nyserda.ny.gov/empower)
<http://www.nyserda.ny.gov/empower>

Empower New York provides no-cost energy efficiency solutions for income-eligible New Yorkers. Contractors will determine if your home would benefit from improved insulation, reduced drafts, and upgrades to lighting and appliances, at no cost. They will also provide you with tips and strategies on how to better manage your energy usage on a daily basis, and creating a healthier, more comfortable home.

Schuyler Center for Analysis and Advocacy-Outreach Tools

150 State Street, Suite 404, Albany, NY 12207
(518) 463-1896
www.scaany.org

Call for assistance or checkout the website.
They offer information on medical, financial, and daycare assistance information.

Shelters of Saratoga

14 Walworth St, Saratoga Springs, NY 12866
(518) 581-1097
www.sheltersofsaratoga.org

They offer grants for homeowners with low to moderate income for home improvements. This could be beneficial in removing mold or allergens that are in the home.

Temporary and Disability Assistance/Emergency Assistance

Contact: Temporary Assistance/Emergency Assistance – (518) 884-4144

Hours: Monday- Friday (9:00 AM- 5:00 PM)

Provides temporary financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria; these benefits can include cash, food stamps, medical assistance, HEAP, and daycare. Call for more information and application details and requirements.

RECREATIONAL PROGRAMS



Boy Scouts of America



If you're a boy age 11, or at least 10 and have completed the fifth grade, or have earned the Cub Scout Arrow of Light Award, to 17 years old, the time for a real adventure is now. For more information visit the Boy Scouts of America website or your local troop.

<http://www.scouting.org/Youth.aspx>

Troop 4046 Gurtler Bros VFW Post 420

190 Excelsior Ave
Saratoga Springs, NY, 12866

Troop 4016 Saratoga Wilton Elks Lodge 161

Caroline Street School Caroline St
Saratoga Springs, NY, 12866

Troop 4070 American Legion Post 70

34 West Ave
Saratoga Springs, NY, 12866

Troop 4003 LDS, Saratoga Ward, Albany Stake

1 Glenmore Ave
Saratoga Springs, NY, 12866

Troop 4011 Knights of Columbus Council 246

50 Pine Road
Saratoga Springs, NY, 12866

Troop 4018 Greenfield Center Volunteer Fire Co. No 1

13 South Greenfield Rd
Greenfield Center, NY, 12833

Troop 4013 Old Saratoga Post #278 American Legion

Clancy St.
Schuylerville, NY, 12871

Troop 4013 Old Saratoga Post #278 American Legion

Clancy St.
Schuylerville, NY, 12871

Troop 4024 Dorothy Nolan Home School Association

Dorothy Nolan Elementary School Jones Road
Wilton, NY, 12831

Troop 6009 Saint Michael the Archangel Church

So. Glens Falls American Legion 1 1st St
South Glens Falls, NY, 12831

Troop 4001 Ballston Spa United Methodist Church

101 Milton Ave
Ballston Spa, NY, 12020



RECREATIONAL PROGRAMS



Clover Patch Camp



55 Helping Hand Lane, Glenville, NY 12302
Christopher Schelin – (518) 384-3080/ Laura Taylor – (518) 384-3081
<http://www.cloverpatchcamp.org/>

Clover Patch is a summer camp for individuals with disabilities where each camper is encouraged to reach his or her fullest potential. Since 1965, Clover Patch Camp has provided individuals with disabilities opportunities to make new friends, create everlasting memories, and experience a genuine camp setting.

Double H Ranch



97 Hidden Valley Road, Lake Luzerne, NY 12846
(518) 696-5676
<http://www.doublehbranch.org/>

From June until the end of August, the Double H Ranch offers children, age 6-16 during regular session and ages 17-21 during the alumni session, dealing with critical or life-threatening illnesses the chance to experience the magic of the Adirondacks.

Easter Seals Camp Colonie



292 Washington Ave. Suite 112
Albany, New York 12203
Phone: (518) 456-0828
http://ny.easterseals.com/site/PageServer?pagename=NYDR_Camp_Colonie

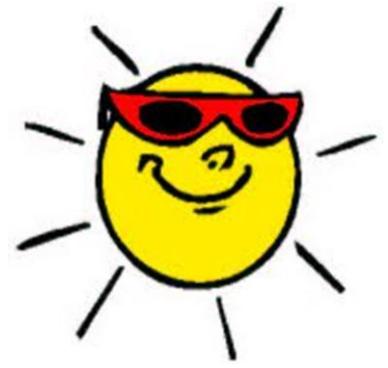
Camp Colonie is a six week long integrated summer camp program for children and young adults 5-21 years of age. Camp Colonie provides a supportive and supervised program for individuals with physical, developmental, or emotional disabilities as well as typically developing children and young adults.

Saratoga Springs Recreation Center

15 Vanderbilt Ave. Saratoga Springs, NY 12866
(518) 587-3550 ext. 2300
<http://www.saratoga-springs.org/>

The Rec Center is open Monday-Friday 8am-9pm, Saturdays 8am-8pm and Sundays 11am- 7pm. Game Room Hours are Monday-Friday 3-7pm, Saturdays 11am-7pm and Sundays 1-6pm. For more information and to access the monthly Rec Center Schedule please visit the Saratoga Springs

RECREATIONAL PROGRAMS



Saratoga Therapeutic Equestrian Program (STEP)

Glenville, NY, 12302
(518) 374-5116

A not-for-profit organization celebrating its 20th year of service providing therapeutic riding, and STEP-UP, a program for children and adults with special needs using the horse as a therapy too.

Saratoga County Youth Bureau

152 West High Street Ballston Spa, NY 12020
(518) 884-4180



Please visit or contact for a list of recreational programs and services available to you.

Special Olympics

504 Balltown Road
Schenectady, NY 12304
(518) 388-0790



<http://www.specialolympicsny.org/ABOUTUS/historyandmission.php>

The Special Olympics' mission is to provide year-round sports training and athletic competition in a variety of Olympic-style sports for all children and adults with intellectual disabilities giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of skills and friendship with their families, Special Olympics athletes and the community. Children can begin training at age 6 and competing from age 8 and upward (there is no maximum age to compete). There is also a Young Athletes Program which children 2 ½ - 7 years of age are able to participate.

Youth Recreational Camps

<http://www.saratogacountyny.gov/towns.asp>

Summer Recreational Programs for local youth; for more information on your local community youth program visit your community's website.





BOOKS

Asthma: The Ultimate Teen Guide

By Penny Hutchins Paquette  

This easy-to-read guide provides specific information that teens can use to better monitor and manage their illness and improve their quality of life while living with asthma.

Aaron's Awful Allergies

By Troon Harrison, illustrated by Eugenie Fernandes  

Aaron has allergies and because of this he has to find new homes for his pets.

The ABCs of Asthma: An Asthma Alphabet Book for Kids of All Ages

By Kim Gosselin, illustrated by Terry Ravanelli  

Each letter of the alphabet is associated with a word that has something to do with asthma.

Brianna Breathes Easy: A Story About Asthma

By Virginia L. Kroll, illustrated by Jayoung Cho    

Brianna is the lead in a school play, and she can't catch her breath during the dress rehearsal. After going to the hospital she is diagnosed with asthma.

Taking Asthma to School

By Kim Gosselin, illustrated by Moss Freedman  

This book helps to provide an emotionally safe school environment; thus allowing classmates to view children with asthma as normal kids who just happen to have asthma, at no fault of their own. This book will help children and parents discuss asthma with schoolmates and classroom teachers. It also includes "Ten Tips for Teachers" and "Kids Quiz".

Asthma

By Judith Peacock  

This series describes a number of diseases that can affect young people and suggests ways teens can cope with each illness. The books describe how each disease or illness affects a teen's body as well as his or her daily life and explain causes and treatment. Strategies for dealing with a disease's effects now and in the future make these books a valuable resource.



ONLINE RESOURCES/WEBSITES



<http://www.asthma.com/index.html>

The goal of asthma.com is to provide you with information and tools that can help you and your doctor manage your asthma so you can live a healthy, active life. This Web site is designed to help you learn more about asthma and encourage discussions with your healthcare professional about your asthma treatment plan.

<http://www.healthychildren.org/English/health-issues/conditions/allergies-asthma/pages/What-is-Asthma.aspx>

The American Academy of Pediatrics (AAP) and its member pediatricians dedicate their efforts and resources to the health, safety and well-being of infants, children, adolescents and young adults. Members of the AAP include pediatricians, pediatric medical subspecialists and pediatric surgical specialists. The mission of the AAP is to attain optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

<http://www.aanma.org/>

Allergy & Asthma Network Mothers of Asthmatics (AANMA) is the leading nonprofit family health organization dedicated to eliminating suffering and death due to asthma, allergies and related conditions. From diagnosis to control, from diapers to college — AANMA is your one-stop, family-to-family support network.

<http://www.aaaai.org/home.aspx>

The American Academy of Allergy, Asthma & Immunology (AAAAI) is a professional organization with more than 6,600 members in the United States, Canada and 72 other countries. This membership includes allergist / immunologists, other medical specialists, allied health and related healthcare professionals—all with a special interest in the research and treatment of allergic and immunologic diseases. The American Academy of Allergy, Asthma & Immunology is dedicated to the advancement of the knowledge and practice of allergy, asthma and immunology for optimal patient care.

<http://www.lung.org/lung-disease/asthma/>

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease through Education, Advocacy and Research. With the generous support of the public, we are "*Fighting for Air.*"

<http://www.cdc.gov/asthma/>

CDC.gov provides users with credible, reliable health information on Asthma including: Asthma Basics; Data and Surveillance; Interventions; Related Resources; Helping Americans with Asthma; Information for Specific Groups; Program Evaluation; and CDC's National Asthma Control Program.



ONLINE RESOURCES/WEBSITES

<http://www.nhlbi.nih.gov/about/naepp/>

The National Heart, Lung, and Blood Institute (NHLBI) provides global leadership for a research, training, and education program to promote the prevention and treatment of heart, lung, and blood diseases and enhance the health of all individuals so that they can live longer and more fulfilling lives.

<http://www.aafa.org/pdfs/2010StudentAsthmaActionCard.pdf>

This Student Asthma Action Card is helpful in keeping track of medications and their affects, as well as ideal for creating a management plan for your asthma.

<http://www.aafa.org/pdfs/2010CCPAActionCard.pdf>

This Child Care Asthma/Allergy Card is helpful in creating a daily asthma/allergy management plan. This card enables you to list emergency contacts, medications and when/where/how to use them. This card is helpful when traveling on field trips or other class activities.

<http://aafa.org/pdfs/QRCSchoolsFINAL.pdf>

The Schools Asthma and Allergy Assessment Quick Report Card is ideal for schools to use to best ensure a safe and healthy school environment.

<http://aafa.org/pdfs/QRChome.pdf>

The Home Asthma and Allergy Assessment Quick Report is ideal for family members to use to assess the indoor air quality of their home and to best ensure a healthy home environment.





HOUSING/SHELTERS

CAPTAIN

PO Box 2453
Malta, NY 12020
(518) 584-6042

CAPTAIN is a runaway Homeless Youth Shelter. Call the phone number provided for details.

Rural Preservation Co. Veteran's Shelter

36 Church Ave.
Ballston Spa, NY 12020
(518) 885-0091,

The Rural Preservation Co. Veteran's Shelter serves the needs of homeless military veterans by empowering them to embrace and maintain independent living and self-sufficiency. This is accomplished by helping veterans secure temporary and permanent housing, viable employment, access to health care and address other issues facing these veterans in their journey through life. For more information and details call the phone number provided.

Saratoga Domestic Violence Services

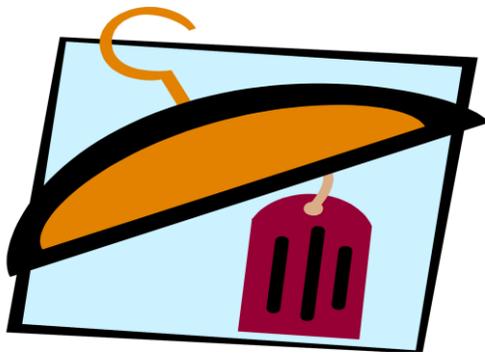
480 Broadway
Saratoga Springs, NY 12866
(518) 583-0280

The Saratoga Domestic Violence Services offers services for services available to all victims of domestic violence and sexual assault in Saratoga County. For more information call the phone number provided.

Shelters of Saratoga

14 Walworth Street
Saratoga Springs, NY 12866
(518) 581-1097

Shelters of Saratoga is an emergency shelter for adults only with listings of available apartments also. Call the phone number provided for more information.



CLOTHING RESOURCES

A Great Comeback

418 Geyser Road
Ballston Spa, NY 12020

Bargain Box

84 Main Street, So.
Glens Falls, NY 12801
(518) 761-6848

Cire' Fine Consignments

2737 Route 9
Malta, NY 12020
(518) 583-8052

First United Methodist Church

243 Main St
Corinth, NY 12822
(518) 654-2521

Franklin Community Center

10 Franklin St.
Saratoga Springs, NY 12866
(518) 587-9826

Kimberly's Bargain Shop

44 North Main Road
Mechanicville, NY 12118
(518) 664-2445

New 2 You Consignment Boutique

134 Milton Ave
Ballston Spa, NY 12020
(518) 885-4040

Reruns Consignment

1 Phila Street
Saratoga Springs, NY 12866
(518) 583-9153

Salvation Army

27 Woodlawn Avenue
Saratoga Springs, NY 12866
(518) 584-1640

*Breakfast 8-10 am and Emergency Food
Pantry 9:30 am – 12 noon on Mon, Wed, Fri

Saratoga Clothing Distribution Site

101 Washington St. Corner of Washington and
Franklin St. Behind the Massey. Building
(Franklin Community Center Distribution Site)
Saratoga Springs, NY 12866

Saratoga Day Habilitation/ARC

64 Congress Street
Saratoga Springs, NY 12866
(518) 583-3305

Saratoga Springs United Methodist Church

Corner of Henning and First St.
Saratoga Springs, NY 12866
(518) 584-3720

Saratoga Springs/Wilton

Treasure's Thrift Shop
60 West Ave, Saratoga Springs, NY 12866
(518) 580-4200

The Serendipity Thrift Shop & Maxfield Community Food Pantry

69 Bay Road
Lake Luzerne, NY 12846
(518) 696-5474

Yesterday's

258 Main Street
Hudson Falls, NY 12839
(518) 747-2928

HELPFUL PHONE NUMBERS



AIDS Council of NENY

434-4686/753-0703

Alcohol Services, Saratoga County

587-8800

Ballston Area Community Center

885-3261

Big Brothers/Big Sisters

581-1487

Birthright ~ Crisis Pregnancy

885-4117

Capital District Beginnings

233-0544

Catholic Charities

587-5000

Child Abuse Hotline

(800) 342-3720

Child Care Coordinating Council

426-7181

Child Health Plus/Family Health Plus

580-2021/(800) 698-4543

Child Support

(888) 208-4485

CAPTAIN

371-1185

Center for Autism & Related Disabilities

442-2574

Clover Patch Programs

384-3009

Consumer Credit Counseling

482-2227

Cornell Cooperative Extension-Saratoga County

885-8995

Daycare Assistance

884-4283

Department of Labor

884-4170

Department of Social Services

884-4140

Domestic Violence/Rape Crisis

584-8188/587-2336

Down Syndrome Resource Center, Inc.

391-2581

Employment and Training

884-4170

EOC/Community Services

587-3158

Extra Helpings/Food Pantry

587-3158

Food Stamps

884-4155

Four Winds

584-3600

Franklin Community Center

587-9826

Friendship House Day Treatment Center

587-7190

Growing Up Healthy Hotline

(800) 522-5006

Headstart

587-2584

HEAP (Home Energy Assistance Program)

884-4146

Helping Hands School

664-5066

Housing Assistance:

- **Mastrianni's Office (Sec. 8 Rental Assistance)**

372-8846

- **Mechanicville Housing Authority**

664-9897

- **Saratoga County Rural Preservation**

885-0091

- **Saratoga Springs Housing Authority**

584-6600

IRS (Internal Revenue Service)

(800) 829-1040

Labor Standards (NYS General Services Office)

457-2730

Legal Aid

587-5188

Literacy Volunteers (18 years and up)

583-1232

Medicaid/Family and Child Health Plus

884-4148

NYS Disability Benefits

(800) 353-3092

Planned Parenthood ~ Clifton Park

383-1783

Planned Parenthood ~ Saratoga Springs

584-0041

Poison Control

(800) 222-1222

Prevention Council

581-1230

Public Health Services

584-7460

Red Cross

584-2510

Salvation Army

584-1640

Saratoga Center For the Family

587-8008

Saratoga County Mental Health

584-9030

Saratoga Hospital

587-3222

Saratoga Mentoring (works with youth)

581-1487

Social Security Administration

(800) 772-1213

Traveler's Aid

463-2124

Unemployment Insurance

(888) 209-8124

Veterans' Office

884-4115

"We Care" Information and Referral Service

371-2273/(800) 924-4636

WIC

587-8848

Worker's Compensation

(877) 632-4996

YMCA ~ Clifton Park

371-2139

YMCA ~ Saratoga Springs

583-9622

Youth Bureau

884-4180

PERSONAL/FAMILY EMERGENCY HELP

CAPTAIN

17 Town Hall Plaza
Clifton Park, NY 12065
371-1185 OR (800) 924-4636

For Saratoga County Information and Referrals.

Catholic Charities of Saratoga

142 Regent Street
Saratoga Springs, NY 12866
(518) 587-5000

National Grid

1125 Broadway, 3rd Floor
Albany, NY 12204
(518) 449-8000

In case of high bills or shut-off.

New York State Electric and Gas

6 Werner Rd.
Clifton Park, NY 12065
(800) 572-1111
Monday – Friday, 7 am-7 pm

In case of high bills or shut-off.

Saratoga County Economic Opportunity Council

40 New St, PO Box 5120
Saratoga Springs, NY 12866
(518) 587-3158

Food pantry, weatherization program, extra helpings program, emergency services and other community programs.

The Salvation Army

27 Woodlawn Avenue, PO Box 652
Saratoga Springs, NY 12866
(518) 584-1640

