



AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH

Polio, Measles, Chicken pox were once common childhood diseases. Today immunizations have greatly reduced the occurrence of these diseases. Immunizations are recommended from birth to adulthood.

August is National Immunization Awareness Month, a time to focus on key moments in our lives when immunizations are recommended. Saratoga County Public Health Nursing is participating in National Immunization Awareness Month. Talk to your doctor or Public Health Nurse to determine which immunizations you need.

Getting Ready For School



When a child enters Kindergarten or a new school, their immunization records will be reviewed by the school nurse. A new student is required to have 4 DTaP (Diphtheria, tetanus & pertussis), 4 Polio, 2 MMR (Measles, Mumps & Rubella), 3 Hepatitis B and a varivax (chicken pox) vaccines.

Six graders are required to have a Tdap (Diphtheria tetanus & pertussis).

College Prep



Many colleges require students, even mature students, to be up to date on their vaccines. Students are required to have 2 MMR (Measles, Mumps and Rubella) and Meningococcal vaccines.

Studying abroad for a semester, check your immunization history. Vaccines are recommended or required by countries. Be sure to check out the cdc.gov website.



Vaccines are not just for kids

Immunizations are not just for children. An adult should receive a tetanus booster every 10 years. A Tdap is recommended for anyone interacting with infants. It is recommended for mature adults to receive Pneumovax and Zostavax (shingles) vaccine.

If you are traveling outside the country, check your immunization history. Vaccines are recommended or required by countries. Be sure to check out the cdc.gov web site.

Protecting your baby



New parents, close family members and care givers should receive a Tdap (Diphtheria, tetanus & pertussis). Receiving this vaccine cocoons an infant against pertussis.

Saratoga County Public Health Nursing offers FREE Tdap to new parents, close family members and care givers who are uninsured or underinsured. This Give Immunity Fight Transmission (GIFT) program is offered by Sanofi Pasteur.

Annual Vaccine

Everyone 6 months and older should receive an annual influenza vaccine.

Saratoga County Public Health Nursing has various scheduled clinics to meet the immunization needs of Saratoga County. Please check our web site at saratogacountyny.gov or call 584-7460 for more information. For more information check the following web site www.cdc.gov