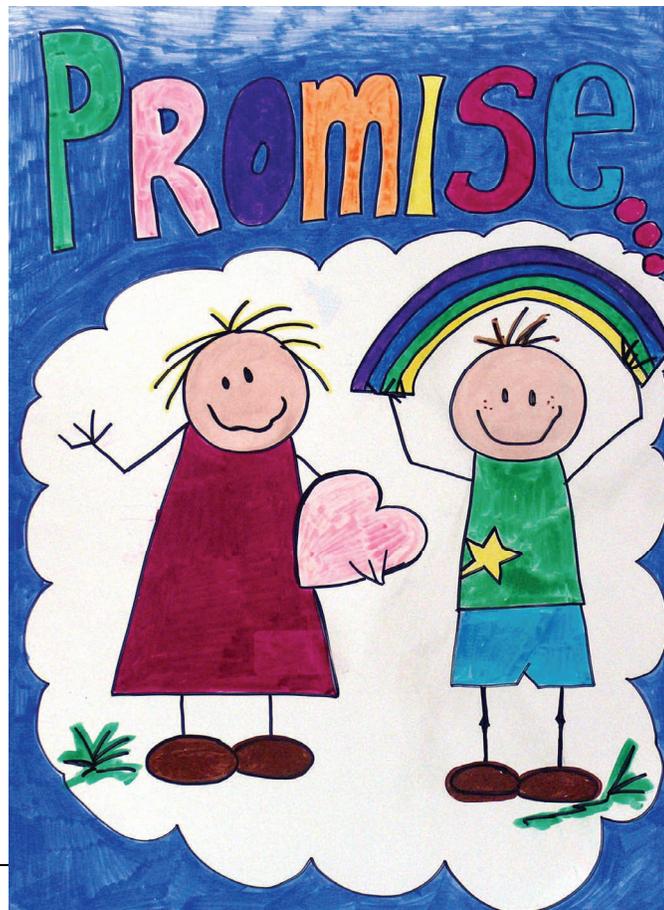


# Saratoga County Council on Autism



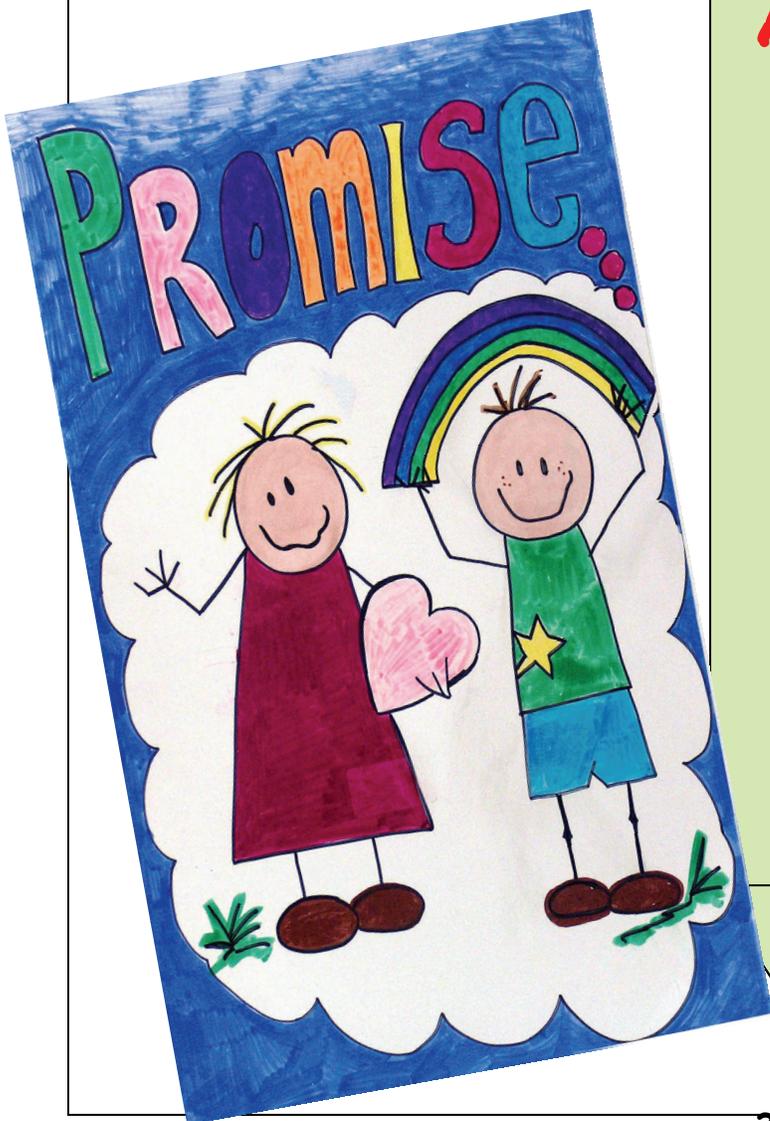
## A Community Guide for Families of Children With Special Needs



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# Saratoga County Council on Autism



## *Promise...*

### **A Note from Anita M. Daly, Chair Saratoga County Council on Autism**

The Saratoga County Council on Autism has selected this image and text to represent its belief that every individual in our community has inherent worth and dignity. This includes those children and families struggling to find options and opportunities for proper diagnosis and treatments for their particular Autism Spectrum Disorder. We firmly believe that no single type of program or service will fill the needs of every individual with autism and that each person should have access to individualized support services. The creation of our webpage... (<http://www.co.saratoga.ny.us/autism/autism.html>), community guide, and brochure are all designed to help provide a clearer pathway to support and treatment options. We're hopeful that these resources will reach those in need and provide the guidance to help them plan for a brighter future.

# Autism Support Organizations



## Autism Society of America

Local chapter of the largest nationwide grassroots autism organization. Maple Ridge Center, Schenectady  
Call 355-2191 or [albanyautism.org](http://albanyautism.org)

## Campbell House Psychological

### Associates

Social groups for kids and other groups for parents. Dr. Cosgrove, Psychologist, 346-0762.

## Biomedical Support Group

Contact 280-5602 for more information.

## Spectrum Life Strategies, Inc. -

**(518)813-2258**

## Wright Therapy Associates-

**(518)222-6403**

Steve Szalowski, LCSW-R/Tim Wright MS, LMHC  
462 Maple Ave., Saratoga Springs, NY  
Provides trainings, counseling for parents and family members who are affected by autism.

## Project Link

Provides free training and workshops for parents and also has occasional recreational programs for kids during school breaks. Call 461-1576 for more information or <http://www.projectlinkforkids.org>

## Saratoga Bridges

Resource and support. Call Executive Director Valerie Muratori at 587-0723.

## Upstate NY Autism Awareness

60 Country Lane, Fort Ann, NY

Mission is to provide assistance to families affected by autism and other developmental disabilities. Educational seminars, information, raise the level of awareness and provide activities at minimal to no cost to help provide social skill building opportunities. Call Jennifer Livingston at (518)632-9621 for more information or e-mail at

[www.AutismAwareness.mysite.com](http://www.AutismAwareness.mysite.com) or  
[NYAutismAwareness@gmail.com](mailto:NYAutismAwareness@gmail.com)

## Community Human Services Parent

### Support Group

543 Saratoga Road, Glenville, NY

Emotional support and information for parents of children with disabilities or special needs. No reservation needed to attend the support group. Child care is available on a limited basis. Reservations for child care are necessary and are taken on a first come basis. For more information, call Helen at 399-4624.

## Wildwood Parent Support Group

1190 Troy Schenectady Road, Latham, NY

For parents of children and adults on the autism spectrum. Sibling support group also available. Call Michelle Singh at 640-3350.

# Asperger's Syndrome Support Organizations



## ASPIRe NY (Autism Spectrum Peer Integration & Recreation)

Social and recreational opportunities for teens and young adults with high functioning autism, Asperger's Syndrome and other disorders of social relatedness. Workshops offered by professionals to provide important life skills such as, safety awareness, self defense, hygiene, job interview skills cooking and manners.

Contact Julie Marks at 306-5506.

## Teens with AS

Group combines community activities with teens learning to be more self-sufficient. Teens decide and plan activities including fundraising, budgeting, transportation, etc. The opportunity to learn these new skills is a vital part of this program, as well as to provide social activities for teens. For more information contact [luciercl@aol.com](mailto:luciercl@aol.com)

## The Lunch Bunch

Social skills training for teens with Asperger's Syndrome, PDD or high functioning autism. Ages 15-25. Meets 2 times per month on Saturdays. Contact Deb Garrelts at (518)584-5447 or e-mail [ggarrelt@nycap.rr.com](mailto:ggarrelt@nycap.rr.com)

## Center for Disability Services Asperger's Socialization Groups

Specializing in Asperger's Spectrum Disorders. 17 groups for ages 5-17+. Albany and Clifton Park areas. Contact Chris Hoffay at (518)437-5562 for more information.

## Community Human Services

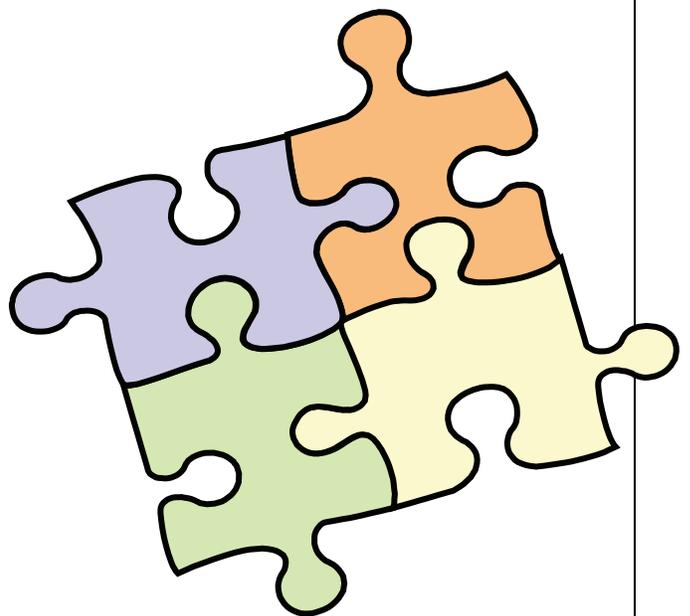
### Asperger's and Autism Spectrum Disorders Support Group

543 Saratoga Road, Glenville, NY  
Support group for parents of children ages 2-14 with Asperger's or high functioning autism. No registration is required. Please call Helen at 399-4624 for more information.

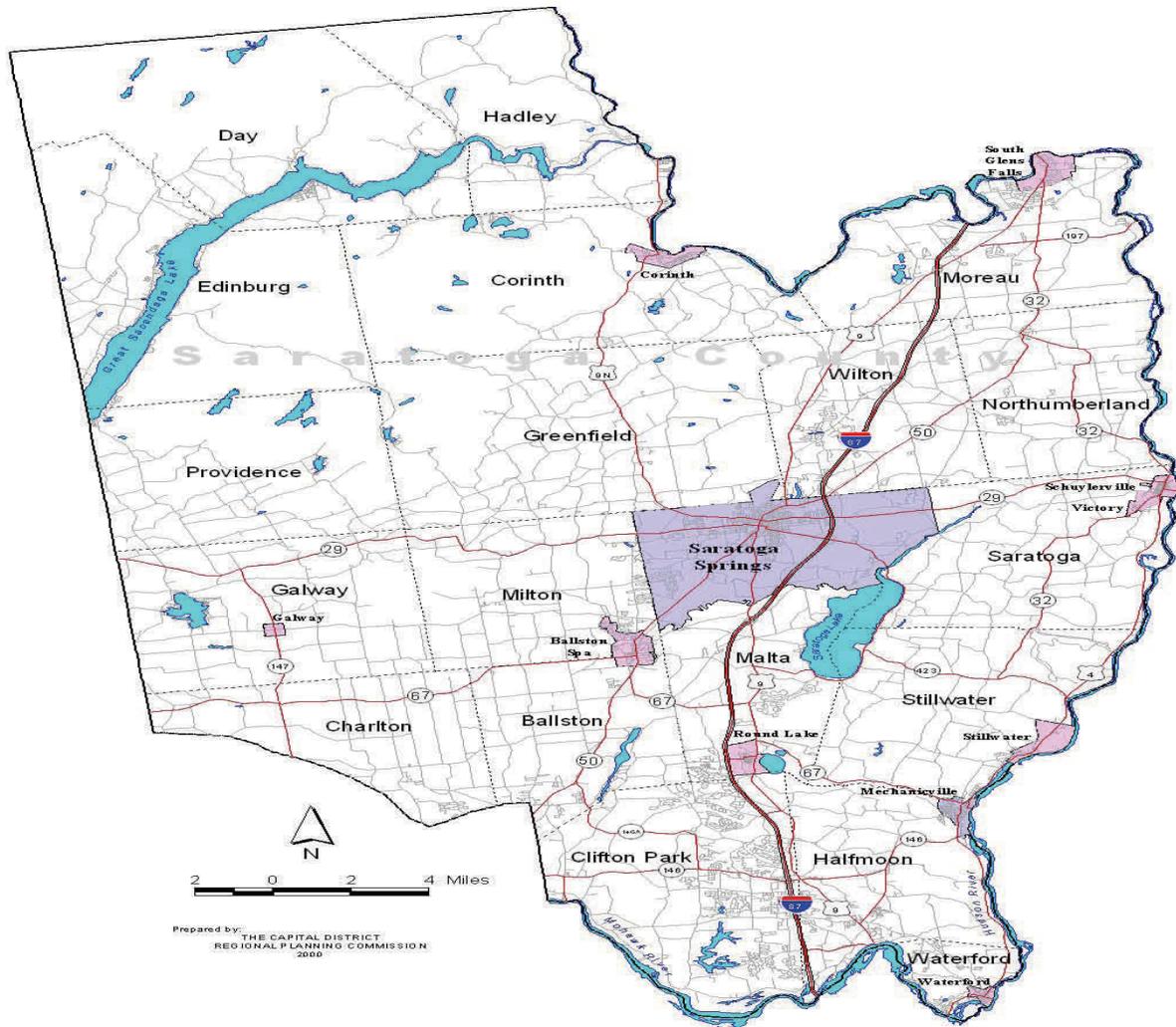
## Community Human Services

### Asperger's Parent Support Group

543 Saratoga Road, Glenville, NY  
Support group for parents or caregivers of children ages 15 and up with Asperger's or high functioning autism. No registration is required. Please call Helen at 399-4624 for more information.



# Saratoga County Map



**\*\*\*Please look at your neighboring town's community activities; they may also offer something of interest to you and your family.**

**\*\*\*Also call your Town, especially during the summer, they generally all offer some form of summer activities that can range from swim lessons to Arts & Crafts.**

# Ballston Spa Area

Ballston Spa, Burnt Hills/Ballston Lake, Charlton, Galway, Malta, Milton

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**Burnt Hills- Ballston Lake Central School District**  
50 Cypress Drive, Glenville NY 12302  
Jeannine Spade, CPSC Chairperson  
399-9141 x5044 [www.bhbl.org](http://www.bhbl.org)

**Ballston Spa School District**  
70 Malta Avenue, Ballston Spa NY 12020  
Patricia Heidelmark , CPSC Chairperson  
884-7195 x336 [www.bsbsd.org](http://www.bsbsd.org)

**Galway School District**  
5317 Sacandaga Road, Galway NY 12074  
Linda Jackowski, Director of Pupil Services & CSE Chairperson  
882-5042 x3249 [Ljackowski@galwaycsd.org](mailto:Ljackowski@galwaycsd.org)

**Ballston Spa/Galway Headstart**  
Milton Terrace Primary School  
100 Wood Road, Ballston Spa NY  
884-2899 ext 360



# Socialization

## Town of Ballston Community Library

2 Lawmar Lane, Burnt Hills, 399-8174

<http://burnthills.sals.edu/>

They offer several activities for toddlers and preschoolers such as toddler time, preschool story time and bedtime stories. Call Rebecca Darling, Children's librarian at 399-8174 ext. 305 or check out the website for details.

## Malta Community Center

1 Bayberry Dr, Malta, 899-4411

They hold playgroups for children 15-36 months and recreational programs up to 5 years old (including music, yoga, arts and crafts, dance and acting. Call for details.

## Galway Library

5264 Sacandaga Rd, Galway, 882-6385

[www.galwaypubliclibrary.org](http://www.galwaypubliclibrary.org)

They offer several programs for the children, call for program details.

## Ballston Area Community Center

9 Scott Street, Ballston Spa, 885-3261

Library Director, Ashely Poulin

They hold a toddler open gym, call for details and other programs.

This would benefit a child who needs gross motor help as well as socialization.

## Glenville YMCA

127 Droms Road, Glenville, 399-8118

**Curtis Hovey, Program Director**  
**ext. 3350**

Call for programs for all ages.



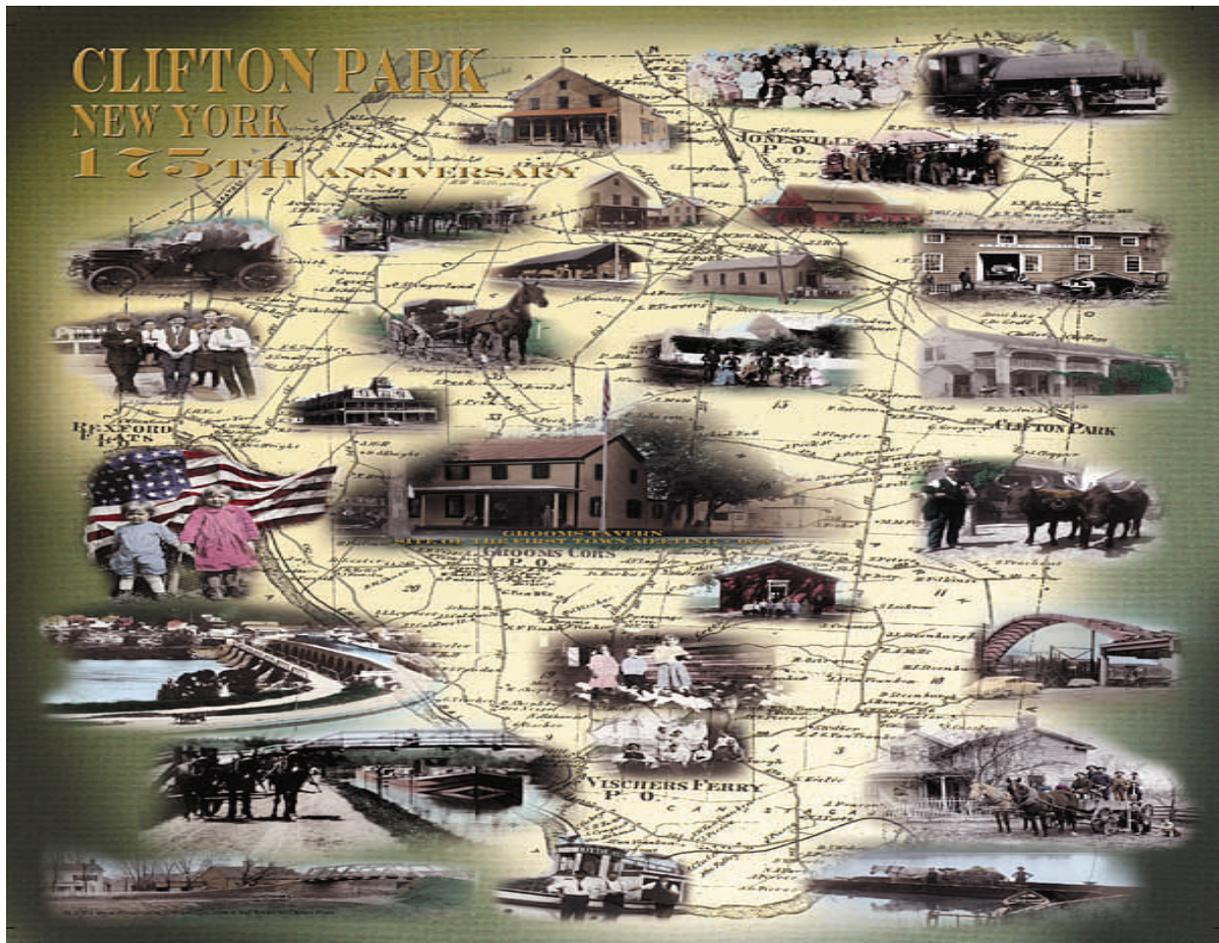
# Clifton Park Area

Clifton Park, Halfmoon, Waterford

Waterford - Halfmoon  
125 Middletown Road, Waterford NY  
Susan Wulczyn , Director of Special Education 237-0800 x 3315

Shenendehowa  
5 Chelsea Place, Clifton Park NY  
Sean Winkler, CPSC Chairperson 881-0600 x68303

Clifton Park and Waterford/Mechanicville Headstart  
38 Saratoga Avenue, Mechanicville NY  
Lucinda Burke, Center Director 664-6416



# Motor/Language



## Kidscare/Thomas Nicolla Consulting Services

**Richard Rothwell, Director**

711 Troy-Schenectady Rd, Latham, 786-1665,

call for children's programs offered

[www.nicollatherapy.com](http://www.nicollatherapy.com)

- ✗ Offer several playgroups that range from 4 months to 7 years.
- ✗ Talk with the staff and see if your health insurance covers any part of it!
- ✗ Also offer parent-training sessions called "The Hanen Program For Parents: It Takes Two to Talk." This program helps parents by offering support from other parents in the group, and classes are informative and personal. *It Takes Two to Talk*, is for those parents who are concerned about their child's speech development.
- ✗ Also offers aquatic therapy
- ✗ PT, OT, speech & developmental groups

## Theraplay, PLLC

6 Halfmoon Executive Park Drive, Clifton Park, 668-0441. Call for details about enrichment groups.

Language/motor playgroup for toddlers: offers toddlers challenges in peer interaction, concept and language development as well as fine and gross motor development.



## YMCA of the Capital District

1 Wall Street, Clifton Park, 371-2139 ext. 5520, call for children programs offered.

Margaret Boyle, Director of Childrens Services

[www.cdymca.org](http://www.cdymca.org)

- ✗ Activities such as swimming, sports, dance, gymnastics, etc. available
- ✗ Preschool program
- ✗ Scholarships available

## LET'S RELATE

A Social-Language Enrichment Group for Young Children, contact Lauren Herbs, speech and language pathologist at 428-0325.

[Lherbs@nycap.rr.com](mailto:Lherbs@nycap.rr.com)

*LET'S RELATE* provides a fun, stimulating group setting that fosters social-emotional and language development amongst young children. A variety of developmentally appropriate toys, literacy, music and movement, art and dramatic play activities will be used.

## Sports Are For Everyone (SAFE)

### Sports

(ages 5 and up)

A variety of sports in different locations throughout the year for children with disabilities and some teams for children on the spectrum.

Contact Jim Fitzgerald at 383-8076 or

URL:<http://home.nycap.rr.com/safesports>

## Cutting Edge Tae Kwon Do

109 West Ave., Saratoga Springs, NY

Call 587-5501 or e-mail

[MartialArtsHero.com/Cutting Edge](http://MartialArtsHero.com/Cutting Edge)

Program can increase socialization/physical skills.

Call for more information.

# Socialization

## Clifton Park-Halfmoon Public Library

475 Moe Road, Clifton Park, 371-8622  
Janet Kreason, Head of Youth Services  
They offer several activities for children of all ages such as: Lap sit for tots, parent/child library time, 2-6 year old story times and 3-6 year old movie times. Call or check the web site for details. Separate times are reserved for preschool classroom visits. Please call for availability.

<http://www.cphlibrary.org>

## Round Lake Public Library

P.O. Box 665  
31 Wesley Ave, Round Lake, 899-2285  
Offer toddler (2-3½ yrs) story times.  
They offer other activities as well, call for details.

[roundlake@sals.edu](mailto:roundlake@sals.edu)

## Michael's Craft

48 Crossings Blvd, Clifton Park, 373-9820.  
Gail Effner, Event Coordinator  
They offer craft times for the kids. Call for details.

[www.michaels.com](http://www.michaels.com)

## Kniskern Music House

1783 Route 9, Clifton Park, 371-3535  
"Music and Me" program will introduce your child to live music in a fun and interactive way. Contact Kathy Kniskern.



## Lowe's Hardware

476 Route 146, Halfmoon, 348-2940 x0 (ask for customer service.) They offer craft time with the kids. Call for details.

## Waterford Public Library

117 Third Street, Waterford, 237-0891.  
Liz Liddington, Youth Services Librarian

Call for children programs offered.

[www.waterfordlibrary.net](http://www.waterfordlibrary.net)



## Saratoga Bridges R&R Program

Southern Saratoga YMCA, 587-5747.  
Children cook, play swim and take field trips on Saturday mornings from 9am-12pm. Most or all participants have Medicaid Waivers. Call for more information.



# Northern Saratoga Area

Corinth, Day, Edinburgh, Gansevoort, Hadley, Moreau,  
South Glens Falls, Wilton



## Lake Luzerne Central School

Box 200, Lake Luzerne, NY 12846  
Kathleen Sutliff, Chairperson 696-2378 x108



## South Glens Falls

6 Bluebird Road, South Glens Falls NY  
Barbara Baker, CSE Chairperson 793-9702  
Robert Lemieux, CPSE 793-9702



## Edinburg

4 Johnson Road, Edinburg NY 12134  
Jeff Frank, Chairperson 863-8412, Ext. 223



## Corinth

105 Oak Street, Corinth NY  
Dee Williams, CPSE and CSE Chairperson  
654-9005, Ext. 3447

## Saratoga County Headstart

P.O. Box 159, Corinth NY 12822  
Lori Baker/Family and Advocate  
654-7090 or 654-2710





## Socialization

### Crandall Library

221 Glen Street, Glens Falls, 792-1509. They run several programs for children and their families. [www.crandalllibrary.org](http://www.crandalllibrary.org)

### Corinth Free Library

89 Main Street, Corinth, 654-6913. Call for children programs offered. [www.corinth.sals.edu](http://www.corinth.sals.edu)

### Hadley-Luzerne Free Library

19 Main Street, Lake Luzerne, 696-3423. Call for children programs offered. <http://hadluz.sals.edu>

### Hyde Museum

161 Warren Street, Glens Falls, 792-1761. They offer several different types of crafts/activities for children/toddlers each week. [www.hydecollection.org](http://www.hydecollection.org)

### World Awareness Children's Museum

174-176 Glen Street, Glens Falls, 793-2773. Call for children programs offered. [www.worldchildrensmuseum.org](http://www.worldchildrensmuseum.org)

### Lowe's in Queensbury

Corner of Bay and Quaker, 798-9050. Call about craft days for kids.

### Moreau Community Center

144 Main Street, South Glens Falls, 792-6007. Call for children programs offered.

### Northville Public Library

341 South Third Street, Northville, 863-6922. Call for children programs offered. Edinburgh and Day families can use this library. <http://Northville.mvls.info>

### Fortune Cookies

Contact Janice Wakeley, 798-0788. For adopted Chinese children to interact in a playgroup and learn Chinese language. Call

## Motor/Language

### For the Love of Children (for children 2-3 ½ years)

Located at For the Love of Children (children up to 5 years), 10 Mountain Ledge Drive, Wilton, 587-5077

- ~ Groups planned and overseen by a Pediatric Speech-Language Pathologist
- ~ Love of Music classes, Yoga for Children, My ABC's, Toddler Storytime
- ~ Daily play in Gross Motor (Mon-Fri)

[www.fortheloveofchildren.net](http://www.fortheloveofchildren.net)

### Glens Falls Rehab Center

25 Willowbrook Road, Queensbury, 926-2000. Call Kathy Speck for details.

- ~ Obtain referral from your Pediatrician to receive PT/OT/Speech services through your insurance.
- ~ Parent training sessions "The Hanen Program For Parents: It Takes Two to Talk." This program helps parents by offering support from other parents in the group, and classes are informative and personal. *It Takes Two to Talk*, is for those parents who are concerned about their child's speech development.

### The Fun Spot at Skateland

Rte 9, Queensbury, 792-8989, call for more details.

- ~ Little ones can skate or bring their favorite ride on toy (no bikes) for fun pedaling around the rink. Strollers are welcome.

### Glens Falls YMCA: socialization/motor

600 Glen Street, Glens Falls, 793-3878. Call for children's programs.