

# 2016 Caregiver Forum: *Help & Hope*

Presented by:

alzheimer's  association®

 THE CONKLING CENTER

Queensbury Hotel | 88 Ridge St., Glens Falls, NY 12801

Wednesday, April 13, 2016 | 11:30 AM - 4:30 PM

An afternoon of education, information and local resources for family and professional caregivers of those with Alzheimer's or a related dementia. **\$20 non-refundable registration fee (includes lunch).**

## Program Details

11:30 am | *Registration & Exhibitors*

12:00 - 1:00 pm | *Keynote & Lunch*

**Developing a Positive Care Partnership**

**Presenter: Barbara Speedling**

- This session offers a variety of ideas for establishing and maintaining positive, successful caregiving partnerships.

1:15 - 3:30 pm | *Workshops*

### 1.) **Behaviors & Communication Strategies**

**Presenter: Erica Salamida**

- This session will help attendees develop a better understanding of why behaviors happen and how to improve communication techniques.

### 2.) **Sexuality & Dementia**

**Presenter: Barbara Speedling**

- This session provides a shared human and clinical perspective on how to approach matters of sexuality for those with dementia and other special needs.

### 3.) **Legal & Financial Planning**

**Presenter: Michael Dezik, Esq.**

- This session offers a general overview of the Medicaid asset and income rules, general concepts involved with arranging long term care, and an overview of the various ways advocates can be empowered to protect the interests of friends and/or loved ones.

### 4.) **Discover the Power of Meaningful Activity**

**Presenter: Barbara Speedling**

- This interactive program is designed to provide caregivers with ideas and strategies for addressing some of the key challenges associated with caring for someone with a diagnosis of dementia.

3:45 - 4:30 pm | *Research/Medical Update/Q&A*

- Research/Medical update from Albany Medical Center and Q&A with workshop presenters.

Registration information to come. Pre-registration is required. Please contact Tonya Garmley at (518) 867-4999 ext. 200 or [tgarmley@alz.org](mailto:tgarmley@alz.org) for more information.

**FREE RESPITE AVAILABLE** • In-home • Day Program

Contact Tonya Garmley for more information: (518) 867-4999 ext. 200 or [tgarmley@alz.org](mailto:tgarmley@alz.org)

Thank you to our Lunch Sponsor, The Goldberg Foundation and Gold Sponsor, Home of the Good Shepherd.

THE LEON J.  
GOLDBERG  
FOUNDATION

Home of the  
*Good Shepherd*