

**SARATOGA COUNTY OFFICE FOR THE AGING-January 2014  
HOME DELIVERED MEALS 363-4020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: <b>Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020</b>		<b>1</b> <b>Closed For New Year's Day</b> 	<b>2</b> Swiss Steak Mashed Potatoes Spinach Wheat Bread Butterscotch Pudding	<b>3</b> <b>New Year's Special</b> Lasagna Italian Blend Vegetables Garlic Bread Banana Cream Pie
<b>6</b> Chicken Dijon Sweet Potato Fries Succotash Italian Bread Peaches	<b>7</b> Egg Bake with Cheese Sauce Home Fries with Peppers and Onions Warm Cinnamon Applesauce Blueberry Muffin	<b>8</b> Pork Chop with Fiesta Sauce Wild Rice Green Beans Dinner Roll Pears	<b>9</b> Roast Beef Mashed Potatoes Beets Italian Bread Fresh Orange	<b>10</b> Texas Style Chili Rice Green Beans Dinner Roll Fruit Crisp
<b>13</b> Stuffed Shells Waxed Beans Garlic Bread Pears	<b>14</b> Roasted Turkey Stuffing Squash Dinner Roll Apricots	<b>15</b> Beef Stroganoff Noodles Brussels Sprouts Rye Bread Cranberry Crunch	<b>16</b> Chicken Alfredo with Pasta Zucchini and Tomatoes Italian Bread Fruit Cocktail	<b>17</b> Sweet and Sour Pork Brown Rice California Blend Vegetable Wheat Bread Mandarin Oranges
<b>20</b> <b>Closed for Martin Luther King Day</b>	<b>21</b> Meatballs and Pasta with Marinara Sauce Parmesan Cheese Broccoli Italian Bread Tropical Fruit	<b>22</b> Boiled Dinner Ham, Cabbage, Potatoes, and Carrots Rye Bread Lemon Cookie	<b>23</b> Chicken Stew Biscuit Warm Peaches	<b>24</b> Mrs. Friday's Fish with Tartar Sauce O'Brien Potatoes Mixed Vegetables Wheat Bread Yogurt
<b>27</b> Breaded Chicken Parmesan Sandwich on a Bun Cream of Vegetable Soup Tossed Salad with Dressing Pineapple	<b>28</b> Tuna Salad on Wheat Bread Cottage Cheese Tossed Salad with 1000 Island Dressing Apricots	<b>29</b> <b>Birthday Special</b> Yankee Pot Roast Boiled Potatoes Carrots Dinner Roll Birthday Cake	<b>30</b> Herbed Chicken Confetti Rice Spinach Wheat Bread Mandarin Oranges	<b>31</b> Macaroni and Cheese Stewed Tomatoes Corn Bread Apple

**Menu Subject To Change**