

**SARATOGA COUNTY OFFICE FOR THE AGING-January 2015  
HOME DELIVERED MEALS 363-4020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>1 Closed</b> 	<b>2</b> Mrs. Friday's Fish Cheesy Rice Broccoli Tartar Sauce Rye Bread Yogurt
<b>5</b> Chicken Divan Rice Florentine Prince Edward Vegetables Wheat Bread Peaches	<b>6</b> Meatloaf w/Brown Gravy Mashed Potatoes Red Cabbage Dinner Roll Applesauce	<b>7</b> Macaroni and Cheese Stewed Tomatoes Brussels Sprouts Italian Bread Vanilla Pudding	<b>8</b> Boiled Dinner Ham, Cabbage, Potatoes,& Carrots Rye Bread Lemon Cookie	<b>9</b> Salisbury Steak Au Gratin Potatoes Spinach Wheat Bread Fresh Orange
<b>12</b> Steak Parmesan Pasta w/Sauce Italian Mixed Vegetables Italian Bread Tropical Fruit	<b>13</b> Egg Salad on Wheat Cottage Cheese Marinated Vegetable Salad Apricots	<b>14</b> Yankee Pot Roast Boiled Red Potatoes Carrots Dinner Roll Apples and Raisins	<b>15</b> Hawaiian Chicken Rice Broccoli Wheat Bread Mandarin Oranges	<b>16</b> Goulash Mexican Corn Green Beans Rye Bread Peaches
<b>19 Closed</b>  <b>Martin            Luther            King Day</b>	<b>20</b> Chicken Alfredo Pasta Zucchini and Tomatoes Italian Bread Pears	<b>21</b> Baked Fish w/ Dill Sauce Rice/Barley Mix California Blend Vegetables Rye Bread Pineapple	<b>22</b> Steak Patty w/Peppers & Onions on a Roll Oven Brownd Potato Wedges Italian Green Beans Fresh Orange	<b>23</b> Roast Pork w/Gravy Stuffing Mixed Vegetables Dinner Roll Applesauce
<b>26</b> Chicken w/Gravy Mashed Potatoes Peas and Carrots Biscuit Peaches	<b>27</b> Seafood Newburg Rice Broccoli Wheat Bread Banana	<b>28</b> <b>Birthday Special</b> Baked Ham w/Fruit Sauce Sweet Potato Pieces Brussels Sprouts Rye Bread Birthday Cake	<b>29</b> Swedish Meatballs Rice Capri Blend Vegetables Italian Bread Mandarin Oranges	<b>30</b> Open Face Turkey Sandwich w/Gravy Squash Three Bean Salad Warm Berry Crisp

**Menu Subject To Change**

Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**