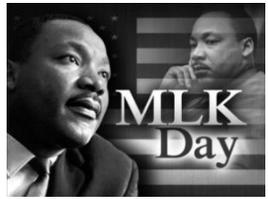


SARATOGA COUNTY OFFICE FOR THE AGING-January 2016
HOME DELIVERED MEALS 363-4020 or 363-4033

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CLOSED 
4 Swedish Meatballs Rice Capri Vegetables Rye Bread Pears	5 Italian Stew Red Potatoes Italian Green Beans Dinner Roll Shortbread Cookie	6 Roast Pork w/Gravy Stuffing Mixed Vegetables Wheat Bread Mandarin Oranges	7 Beef Goulash Mexican Corn Beets Italian Bread Apricots	8 Chicken Supreme Baked Potato w/Sour Cream Broccoli Wheat Bread Chocolate Pudding w/Whipped Topping
11 Meatloaf w/Brown Gravy Mashed Sweet Potatoes Red Cabbage Dinner Roll Applesauce	12 Tuna Salad on Rye Marinated Vegetable Salad Cottage Cheese Pineapple Juice	13 Open Face Turkey Sandwich Butternut Squash Peas Berry Crisp	14 Sweet & Sour Pork Rice Wax Beans Wheat Bread Peaches	15 Meat & Cheese Lasagna Spinach Mixed Green Salad w/Italian Dressing Garlic Bread Tropical fruit
18 CLOSED 	19 Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Italian Bread Yogurt	20 Salisbury Steak Buttered Noodles California Blend Vegetables Oat Bread Apples and Raisins	21 Oven Fried Chicken Mashed Potatoes Peas Wheat Bread Tropical Fruit	22 Hot Roast Beef Sandwich w/Gravy Corn Broccoli Apricots
25 Steak Parmesan Pasta w/Sauce Prince Edward Vegetables Italian Bread Mandarin Oranges	26 Baked Fish w/Tarragon Sauce Vegetable Rice Pilaf Spinach Rye Bread Pears	27 Birthday Special Pork Chop w/Fiesta Sauce Orzo Pasta Brussels Sprouts Wheat Bread Cake w/Frosting 	28 Ham w/Fruit Sauce Red Potatoes Mixed vegetables Rye Bread Pineapple	29 Turkey Chili Beets Warm Cornbread Fruit Jell-O

Menu Subject To Change

Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**