





**SARATOGA COUNTY OFFICE FOR THE AGING-January 2018  
HOME DELIVERED MEALS 363-4020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> <b>CLOSED</b> 	<b>2</b> Chili Rice Spinach Pineapple	<b>3</b> Herb Encrusted Fish Red Bliss Potatoes Carrots Mandarin Oranges	<b>4</b> Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio Chocolate Pudding w/Whipped Topping	<b>5</b> <b>New Year's Special</b>  Eggplant Parmesan Pasta w/Sauce Peas & Onions Dinner Roll Frosted Holiday Cake
<b>8</b> Chicken & Biscuit Broccoli Tropical Fruit	<b>9</b> Beef Pot Roast Red Bliss Potato Carrots Fruit Jell O w/Whipped Topping	<b>10</b> Open Faced Hot Turkey Sandwich Butternut Squash Peas Mandarin Oranges	<b>11</b> Stuffed Pepper Casserole Mexican Corn Warm Spiced Peaches	<b>12</b> Chicken A La King over Rice Broccoli Warm Apple Cobbler
<b>15</b> <b>CLOSED</b> 	<b>16</b> Italian Stew over Rice Tuscan Blend Vegetables Warm Spiced Applesauce	<b>17</b> Baked Fish w/Tarragon Sauce Baked Potato w/Sour Cream Mixed Vegetables Chocolate Pudding w/Whipped Topping	<b>18</b> Chicken Parmesan Pasta w/Sauce Green Beans Fruit Cocktail	<b>19</b> Salisbury Steak Mashed Potatoes Carrots Fresh Orange
<b>22</b> Shepherd's Pie Beets Warm Cornbread Pears	<b>23</b> Baked Fish w/Piccata Sauce Brown Rice Broccoli Mandarin Oranges	<b>24</b> Herb Chicken w/Gravy Stuffing Butternut Squash Tropical Fruit	<b>25</b> Pork Loin w/Cranberry Mustard Sauce Red Bliss Potato Brussels Sprouts Peaches	<b>26</b> Stuffed Shells w/ Meat Sauce Tuscan Blend Vegetables Peas Yogurt
<b>29</b> Ham w/Pineapple Sauce Sweet Potato Cauliflower Spiced Apples & Raisins	<b>30</b> Swedish Meatballs over Noodles Broccoli Carrots Pineapple	<b>31</b> Baked Fish Macaroni & Cheese Stewed Tomatoes Fruit Jell O w/Whipped Topping		

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**