

**SARATOGA COUNTY OFFICE FOR THE AGING-July 2015
HOME DELIVERED MEALS 363-4020 or 363-4033**

Monday	Tuesday	Wednesday	Thursday	Friday
Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020		1 Hawaiian Pork Rice Stir Fry Vegetables Wheat Bread Mandarin Oranges	2 July 4th Special Jumbo Hot Dog w/Sauerkraut on a Roll Baked Beans Sweet Potato Fries Strawberry Shortcake w/ Whipped Topping	3 CLOSED FOR INDEPENDENCE DAY 
6 Seafood Newburg Rice Spinach Dinner Roll Tropical Fruit	7 Chicken Salad on Wheat Bread Marinated Vegetable Salad Red Skin Potato Salad Apricots	8 Spanish Rice Capri Vegetables Warm Cornbread Peaches	9 Baked Ziti w/Meat Sauce Broccoli Prince Edward Vegetables Italian Bread Vanilla Pudding w/ Whipped Topping	10 BBQ Pork Mashed Sweet Potato Red Cabbage Rye Bread Applesauce
13 Sausage w/Peppers & Onions on a Roll Summer Squash w/Tomatoes Green Beans Apricots	14 Fish w/Creole Sauce Rice California Blend Vegetables Rye Bread Fruit Cocktail	15 Beef Pizzaiola Pasta w/Marinara Sauce Prince Edward Vegetables Italian Bread Fruit Jell-O	16 Oven Fried Chicken Mashed Potatoes Peas Wheat Bread Mandarin Oranges	17 Chef Salad w/Ham, Turkey, Cheese, Lettuce, Tomato 1000 Island Dressing/Croutons Dinner Roll Nectarine
20 Lemon Chicken Mashed Potatoes Spinach Wheat Bread Applesauce	21 Stuffed Pepper Mexican Corn Beets Italian Bread Peaches	22 Seafood Salad on Wheat Bread Broccoli Carrot Salad Cottage Cheese Sunshine Gelatin Salad	23 Ham w/Honey Mustard Sauce Red Potatoes Coleslaw Rye Bread Warm Berry Crisp	24 Spaghetti w/Meatballs Mixed Green Salad w/Italian Dressing Parmesan Cheese Garlic Bread Tropical Fruit
27 Chili Dog on a Roll Potato Wedges Capri Vegetables Mandarin Oranges	28 Chicken Parmesan Pasta w/Marinara Sauce California Blend Vegetables Italian Bread Pineapple	29 Birthday Special Roast Pork w/Gravy Mashed Potatoes Brussels Sprouts Dinner Roll Cake w/Frosting	30 Spinach/Rice/Cheese Bake Stewed Tomatoes Warm Cornbread Yogurt	31 Egg Salad on Wheat Bread Carrot Raisin Salad Three Bean Salad Citrus Sections

Menu Subject To Change