

**SARATOGA COUNTY OFFICE FOR THE AGING-NOVEMBER 2015**  
**HOME DELIVERED MEALS 363-4020 or 363-4033**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b> Steak Parmesan Pasta w/Sauce Broccoli Italian Bread Mandarin Oranges	<b>3</b> Baked Fish w/ Tarragon Sauce Vegetable Rice Pilaf Spinach Rye Bread Pears	<b>4</b> Pork Chop w/Fiesta Sauce Orzo Pasta Brussels Sprouts Wheat Bread Fruit Jell-O	<b>5</b> Chicken w/Gravy Mashed Potatoes Peas and Carrots Dinner Roll Peaches	<b>6</b> Turkey Chili Beets Warm Cornbread Apple
<b>9</b> Chicken Divan Rice Prince Edward Vegetables Wheat Bread Tropical Fruit	<b>10</b> Meatball Sub Cup of Garden Soup Banana	<b>11 CLOSED</b> 	<b>12</b> Stuffed Shells Broccoli Garlic Bread Apricots	<b>13</b> Yankee Pot Roast Boiled Red Potatoes Coin Carrots Dinner Roll Apples and Raisins
<b>16</b> Hamburger w/Mushroom Gravy Mashed Sweet Potatoes Cauliflower Wheat Bread Pineapple	<b>17</b> Chicken Alfredo Pasta Zucchini & Tomatoes Italian Bread Mandarin Oranges	<b>18</b> Boiled Dinner Ham, Cabbage, Potatoes, Carrots Rye Bread Lemon Cookie	<b>19</b> Mrs. Friday's Fish Cheesy Rice Spinach Tartar Sauce Wheat Bread Tropical Fruit	<b>20</b> <b>Thanksgiving Special</b> Roast Turkey w/Gravy Stuffing Squash Mashed Potatoes Cranberry Sauce Dinner Roll Pumpkin Pie w/Whipped Topping
<b>23</b> Swedish Meatballs Rice Capri Vegetables Rye Bread Pears	<b>24</b> Italian Stew Red Potatoes Italian Green Beans Dinner Roll Shortbread Cookie	<b>25</b> <b>Birthday Special</b> Roast Pork w/Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Cake w/Frosting	<b>26 CLOSED</b>	<b>27 CLOSED</b>
<b>30</b> Meatloaf w/Brown Gravy Mashed Potatoes Red Cabbage Dinner Roll Applesauce				



**Menu Subject To Change**

Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**