

**SARATOGA COUNTY OFFICE FOR THE AGING-September 2016**  
**HOME DELIVERED MEALS 363-4020 or 363-4033**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Salisbury Steak Buttered Egg Noodles Prince Edward Vegetables Mandarin Oranges	<b>2</b> Pork Chop w/Fiesta Sauce Red Potatoes Capri Vegetables Pineapple
<b>5</b> <b>CLOSED</b> 	<b>6</b> Herbed Chicken Brown Rice Mixed Vegetables Tropical Fruit	<b>7</b> Baked Fish w/Lemon Pepper Sauce Orzo Pasta Spinach Pears	<b>8</b> <b>CLOSED</b>  <b>SENIOR PICNIC</b>	<b>9</b> Hamburger w/Mushroom Gravy Mashed Potatoes Brussels Sprouts Fruit Cocktail
<b>12</b> Chicken Alfredo Pasta Peas Pears	<b>13</b> Stuffed Pepper Mexican Corn Coin Carrots Pineapple	<b>14</b> Pork Chop w/Cranberry Mustard Sauce Sweet Potato Pieces Cauliflower Apples & Raisins	<b>15</b> Yankee Pot Roast Red Potatoes Carrots Fruit Jell O	<b>16</b> Egg Salad on Wheat Coleslaw Marinated Green Beans Mandarin Oranges
<b>19</b> Baked Ziti w/Meat Sauce Spinach Wax Beans Tropical Fruit	<b>20</b> Chicken & Biscuit Brussels Sprouts Applesauce	<b>21</b> Swiss Steak Buttered Noodles California Blend Vegetables Apricots	<b>22</b> BBQ Pork Sweet Potato Pieces Steamed Cabbage Peaches	<b>23</b> Chicken Salad Cold Plate Macaroni Salad Carrot Raisin Salad Apple Crisp
<b>26</b> Chicken Cacciatore Pasta w/Sauce California Vegetables Peaches	<b>27</b> Cheese Omelet O'Brien Potatoes Blueberry Muffin Warm Spiced Pears	<b>28 Birthday Special</b> Hawaiian Pork Rice Broccoli Cake w/Frosting 	<b>29</b> Goulash Green Beans Mexican Corn Pineapple	<b>30</b> Home style Meatloaf w/Brown Gravy Mashed Potatoes Carrots Applesauce

**Menu Subject To Change**



Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY**



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