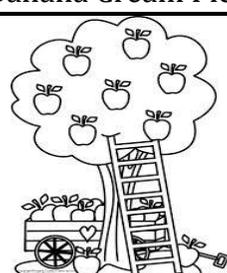


SARATOGA COUNTY OFFICE FOR THE AGING-September 2014
HOME DELIVERED MEALS 363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED  Labor Day	2 Oven Fried Chicken Confetti Rice Broccoli Wheat Bread Peaches	3 Tuna Salad on Wheat Bread Four Bean Salad Cottage Cheese Tropical Fruit	4 CLOSED <i>Senior Picnic</i> <i>Saratoga County</i> <i>Fair Grounds</i> <i>Have Fun!!</i>	5 Ham Steak w/ Honey Mustard Sauce Sweet Potato Pieces Brussel Sprouts Rye Bread Pineapple
8 Open Face Hamburger w/Mushroom Gravy Mexican Corn Spinach/Kale Mix Fruit Cocktail	9 Baked Fish with Lemon Pepper Sauce Parsley Red Potatoes California Blend Vegetables Dinner Roll Apricots	10 Stuffed Peppers Carrot Coins Warm Cornbread Fruited Gelatin	11 Chicken Parmesan Pasta w/Sauce Broccoli Italian Bread Pears	12 Turkey Sandwich on Wheat Mayonnaise Macaroni Salad Marinated Green Beans Mandarin Orange
15 Chicken Cacciatore Rice Italian Blend Vegetables Italian Bread Peaches	16 Macaroni and Cheese Stewed Tomatoes Brussels Sprouts Rye Bread Yogurt	17 Egg Salad on Wheat Bread Carrot Raisin Salad Tossed salad w/1000 Island Dressing Banana	18 Roast Pork w/Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Applesauce	19 Beef Pizzaiola Pasta w/Sauce Prince Edward Vegetables Italian Bread Tropical Fruit
22 Meatloaf w/Brown Gravy Mashed Potatoes Beets Rye Bread Pineapple	23 Chicken Ranch Salad Black Bean and Corn Salad Ranch Dressing Croutons Dinner Roll Mandarin Oranges	24 Birthday Special Roast Beef w/Gravy Parsley Red Potatoes Peas and Carrots Italian Bread Banana Cream Pie	25 Sloppy Joe on a Wheat Roll Wax Beans Warm Berry Crisp Coleslaw	26 Baked Lemon Chicken Rice Pilaf Spinach Wheat Bread Apple
29 Cheese Omelet Home Fries w/Peppers and Onions Warm Peaches Blueberry Muffin	30 BBQ Pork on a Wheat Roll Sweet Potato Fries Red Cabbage Applesauce		Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020	

Menu Subject To Change