
◆ The Volunteer ◆

Saratoga County Retired and Senior Volunteer Program

July/August/Sept. 2015



RSVP receives its funding from the Saratoga Co. Office for the Aging, The Corporation for National and Community Service and the New York State Office for the Aging.

BIRTHDAYS



thank you!

*** SAVE THE DATE! ***

Saratoga County Office for the Aging's Annual Senior Picnic

Will be held on:

Thursday September 10th , 2015

at the Saratoga County Fairgrounds

Chicken BBQ and refreshments

Rain or Shine

Please join us for an afternoon of good friends, music, and dancing

Entertainment provided by Mark Hersh

Lunch will be served at 12 noon

Tickets are available at the Saratoga County Office for the Aging

Call 884-4100 for details

Tickets are \$4.00 each and are non refundable!

No dogs allowed

HAPPY BIRTHDAY

July

Jean Ahearn, Jean Baulsir, Carol Bromley, Jim Brown, Jeanne Cramer, Wilma Downen, Alan Feuer, Kay Fortin, Barbara Iuliano, Sam Klivans, Ann Kovacs, Ron Owen, Esther Rieger, Paul Robbins, Kathleen Tremblay, Laura Vigneau, Sandie Vipler, Sharon Willman, Richard Zwack

August

John Annis, Mary Jane Bartolucci, Blanche Burch, Mary Curran, Beverly Czub, Huguette Delvaux, Rita Dewey, Roger Dillon, Martha Lynch-Dochat, Doris Gardner, Pat Haskell, Thomas Hatlee, Maureen McInnis, Denise Muzikar, Elinor Pogorzelski, Helen Powers, Midge Reib, Rosemary Roux, Susan Shaw, Eleanor Smith, Patricia Stevens, Margaret Watson, Kathleen Zimmer

September

Doris Andrejkovis, Shirley Ballard, Patricia Brown, Rose Brownell, Betty Cleveland, Leah Conklin, Marion Craine, Elsie Eno, Virginia Hill, Sandra Hulings, Linda Kirker, Betsy Knorr, Joan Lapitsky, Steve Lawrence, Ron Louis, Michael Marchese, Ronald Martino, Joan McGrath, Janice O'Brien, Louis Peluso, Joan Pepin, Lorraine Prunier, Michael Rampolla, Kristin Sands, Barbara Shaw, John Vary, Margarita Woelfersheim, Randy Yasment

*Thank you to all of our volunteers and stations!!!!
Your contribution to meet the needs in our community is
invaluable!*

SAVE THE DATE

Saratoga County Office for the Aging's
Annual Volunteer Recognition Dinner

Will be held on:

Sunday, September 20, 2015
at the Gideon Putnam
Doors open at 12:30
Lunch is served at 1:00

Watch for your invitation in the mail



LOOKING FOR R.S.V.P ADVISORY COUNCIL MEMBERS

The Advisory Council functions in an advisory capacity to the sponsor, Saratoga County Office for the Aging, The council assists the project staff in matters affecting planning, support and significant program and personnel staffing decisions including the formation of basic, local policies for the project. Meetings are held quarterly. If this is of interest to you please Contact

Janet Haskell at 884-4110

VOLUNTEERS NEEDED

HIICAP Insurance Counselor

Purpose:

To provide health insurance information, assistance and referral services.

Is Responsible to:

Saratoga County Office for the Aging's Coordinator for the New York State Health Insurance Information Counseling & Assistance Program (HIICAP)

Responsibilities:

- Satisfactorily completes continuation training as required by New York's HIICAP
- Successfully completes HIICAP Counselor Certification online exam
- Provides health insurance counseling services without conflict of interest and in compliance with New York's HIICAP
- Conducts individual health insurance counseling sessions
- Assess client's need for information and/or assistance
- Provides referrals to appropriate resources
- Answers questions on Medicare, Medigap, Medicare Advantage, prescription drug coverage, and other health insurance
- Files reports and provides follow-up as required
- Handles client information in strictest confidence

Desired Qualifications:

Ability to get along well with others
Sensitive and caring attitude
Willingness to learn about and ability to retain information relevant to health insurance options
Good written and oral communication skills
Professionalism and confidentiality when dealing with personal and/or sensitive information

**For more information please contact
Janet Haskell at 884-4110**

Janet Haskell, RSVP Project Director, Email RSVP@saratogacountyny.gov

CORPORATION

FOR NATIONAL
AND
COMMUNITY

★ SERVICE



Community Connections

The Office for the Aging's R.S.V.P is working with Saratoga Adult and Senior Center to recruit volunteers for their Community Connections Program. This program trains volunteers to provide assistance to seniors in Saratoga County. The mission is to help seniors age in place and maintain an independent lifestyle by providing assistance when needed. The program trains and deploys a volunteer group that can be matched with seniors. Services available include home visits, transportation, shopping, errands and telephone check ins. If this is of interest to you and you want to find out more, please contact Janet Haskell at 518-884-4110

LOOKING FOR A VOLUNTEER OPPORTUNITY?

Contact
Janet Haskell
at
518-884-4110

A volunteer job folder has been created for all to view , just make an appointment with Janet and look at the various opportunities that are available



INFORMATION

**Drivers for Home
Delivered Meals**

Help out in your community by delivering hot, nutritious meals to homebound seniors. This could take as little as an hour and be done once a month, bi-weekly or weekly.

OSTEOBUSTERS

Leaders Needed

An exercise program that combines weight-bearing, muscle strengthening, postural training and balance exercises used to promote strong bones. Weight-bearing exercises put gentle stress on your bones and in response, the body grows new bone tissue. The

RSVP Osteobusters Program is based on these elements and is a great way to maintain or improve your bone health! If interested in becoming a part of

leading these classes,
contact Janet at 884-4110



MAILING ASSISTANTS

Are you interested in being a part of a monthly mailing? The Office for the Aging is looking for a few individuals who would like to help get out a monthly mailing of approximately 500 pieces. Join the team, meet some fellow seniors and give us a hand. If you are interested, call Janet.

RSVP UNIT
 Saratoga County Office for the Aging
 152 West High Street
 Ballston Spa, NY 12020

RETURN SERVICE REQUESTED

NON-PROFIT ORG
 U.S. Postage
 P A I D
 Ballston Spa, NY 12020
 Permit No, 5

Continued VOLUNTEER OPPORTUNITIES

VOLUNTEER TITLE	DUTIES	AREA	DAYS	HOURS
Transportation Assistant	Drive seniors to medical appointments	Saratoga and surrounding areas	Varies	Varies
Home Delivered Meal Drivers	Deliver prepared meals	Waterford, Ballston Spa	Varies	approximately 10:30 to 1:00
HIICAP	Insurance Counselor	Ballston Spa	Wednesday	Varies
Mailing Assistants	Assist with mass mailings	Ballston Spa	Varies	2 hours
Osteo Leader	Lead exercise program	Saratoga	Varies	1 hour