

**SARATOGA COUNTY MAPLEWOOD MANOR**  
**WINTER NEWSLETTER 2014 -- HAPPY NEW YEAR**

**Influenza Season:**

If you have been in recently, you may have observed some of our staff wearing masks. This is due to a new regulation that went into effect on July 31<sup>st</sup>, 2013 where all personnel who are not vaccinated against influenza must wear a surgical or procedural mask during influenza season, as determined by the NYS Commissioner of Health, while working in areas where residents may be present. This is to help minimize the transmission of the flu to our residents.

If you are not feeling well, please do not come into the facility to visit. Remember to you the flu may only be an inconvenience but if some of our residents get the flu they may not be able to recover.

**Update from Activities Department:**

The Activities Department would like to offer our sincere thanks and appreciation for all of your support. We are honored to serve you and your loved one and try very hard to make each day special. Please remember that family members and friends of our residents are always welcome to join us for activity programs. Extra copies of the monthly activity calendar are available in a wall pocket in the main hallway and unit specific calendars are available on each unit. Feel free to take a copy home for your reference. You can also access a copy of the activities calendar through the county website by typing in Saratoga County, NY. Once at the website: click on Departments; click on Maplewood Manor; scroll to the bottom of the page; click on Downloads; click on Activities Calendar for the current month.

We make every attempt to provide a diversified calendar of events and highly encourage you to check the Activity calendar frequently. Please accompany your loved one so you may both enjoy the programs.

***Some upcoming programs include:***

“Recyclers – Yesterday & Today” which is an interactive educational program. This will be held in the Main Activity Room at 2 p.m. on Tuesday, January 28, 2014.

Joe Trionfero returns on Monday, February 24, 2014 with the “Thanks for the Memories” program. It will be held in the Main Activity Room at 2 p.m. This program is a particular favorite of the residents and it challenges them to recall names of tunes from the past. Joe encourages any staff or family members to play along. The “seniors” are pitted against the “juniors”.

**Shopper’s Service** returns on Wednesday, March 12, 2014. For those of you that are new to the facility, this is a company out of Rome, NY that is basically a store on wheels. Their merchandise is geared toward our population. You will be receiving a letter when it gets closer to the date that has a tear-off bottom. Please check the appropriate response to let us know your wishes so we may convey them to the residents and staff and return the slips to the Activity Dept. If a resident has money in his/her personal account here and can sign a voucher, the resident may choose to purchase whatever he/she wants. Typically if a family member has sent in the above mentioned slip, we can share that information with the resident and sway them to abide by their family’s wishes. Maplewood does not receive any profit from this sale: it is held as a service to our residents, especially those who cannot typically get out to go shopping. We encourage you to come in and shop with your loved one and or talk to them about the sale beforehand so there is no confusion the day of the sale.

**Alex and Ani Fund Raiser** has been scheduled for Wednesday, April 23<sup>rd</sup> from 7 p.m. to 9 p.m. in their store on Broadway in Saratoga Springs. Please come and join us. We raised over \$500 during the event in the fall. Light refreshments will be served.

**Family Room Reservations** may be made on weekdays between 8 a.m. and 4 p.m. by calling the Activities department. Please plan ahead – do not call on the weekends to make the reservations as the message may not be picked up. Thank you.