



# safeTALK

*suicide alertness for everyone*

## Did you know...

- More than 39,000 Americans die by suicide each year?
- 1 in 9 people have seriously considered suicide?
- Most people thinking about suicide invite help to stay safe?

safeTALK is a three-hour training that prepares anyone over the age of 15 to **identify** persons with thoughts of suicide and **connect** them to suicide first aid resources. **Most people with thoughts of suicide invite help to stay safe.** Suicide-alert helpers know how to use these opportunities to support that desire for safety. As a safeTALK-trained suicide-alert helper, you will be better able to:

- Move beyond common tendencies to miss, dismiss, or avoid suicide;
- Identify people who have thoughts of suicide;
- Apply the TALK steps – Tell, Ask, Listen, and KeepSafe – to connect a person with thoughts of suicide to suicide first aid intervention caregivers.

***Suicide alert helpers are part of a suicide-safer community.***

To learn more, visit [www.livingworks.net](http://www.livingworks.net)

**Tuesday, May 10, 2016**

**6:00 pm –9:00pm**

Our Lady of Grace Church

73 Midline Road, Ballston Lake, NY

**This is a free training, but pre-registration is required.**

**Please respond by May 6. Space is limited to 30 participants.**

**To register, contact:**

**Laura Marx, AFSP, at [lmarx@afsp.org](mailto:lmarx@afsp.org) or 518-791-1544.**



**AMERICAN FOUNDATION FOR  
Suicide Prevention**