



WALK TO FIGHT SUICIDE

Out of the
DARKNESS
COMMUNITY WALKS
American Foundation for Suicide Prevention

OUT OF THE DARKNESS Community Walks
Suicide Prevention Starts With Everyday Heroes Like You. Register Today.

**Capital Region Walk for R.I.T.A.
Out of the Darkness Community Walk**
Presented by: Capital Region NY Chapter

September 25, 2016

Saratoga Spa State Park - Orenda Pavilion
Saratoga Springs, NY

Contact: Laura Marx, lmarx@afsp.org

Registration Time: 9:00 am

Walk Time: 10:30 am

Register: www.afsp.org/crnyevents



AMERICAN FOUNDATION FOR
Suicide Prevention

afsp.org/walk

WALK. VOLUNTEER. DONATE.