

2016- 2017 Parent University Programs

"De-stressing the Adolescent Brain"

Thursday, October 6 at 7 p.m.

Maple Avenue Middle School Auditorium

Featuring internationally renowned speaker and researcher Michael Nerney.

**Middle and High School students are invited to attend this presentation*

"What are Study Skills?"

Tuesday, October 18 at 7 p.m.

Saratoga Springs High School Library

Featuring Larry Silverman, founder and president of Capital District Consulting

**Middle and High School students are invited to attend this presentation*

"Why Kids Give Up, Fail To Initiate & Lack Passion"

Monday, October 24 at 6:30 p.m.

Lake Avenue Elementary School Auditorium

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

"NYS Citizen Preparedness for Families"

Wednesday, November 2 from 6:30 – 8 p.m.

Maple Avenue Middle School LGI Room (second floor)

Presented by the National Guard.

"Anxiety and Emotionality in Adolescence"

Wednesday, November 9 at 7 p.m.

Maple Avenue Middle School LGI Room (second floor)

Featuring Dr. Michael Prezioso.

"Student Volunteering: How to get involved in your community"

Tuesday, November 15 at 7 p.m.

Maple Avenue Middle School LGI Room (second floor)

Featuring Youth Square

**Students are invited to attend this presentation*

"Screenagers"

Thursday, December 1 at 7 p.m.

Maple Avenue Middle School Auditorium

A film about growing up in the digital age co-presented with The Waldorf School

**Students are invited to attend this presentation*

"Act with Respect Always – What's Your 99"

Tuesday, December 6 from 7-8 p.m.

Saratoga Springs High School Library

Featuring by Rich Johns

**Students are invited to attend this presentation*

More information and additional events available online:

www.saratogaschools.org/parentuniversity/

The Saratoga Springs City School District fosters its educational mission of "Community" with Parent University, a series of free programs that support families and students.

Parent University programs are generally designed with parenting adults in mind, but teens may also benefit from attending certain programs.

Programs are facilitated by community professionals, district staff, parents and students. They are presented in many formats including book studies, forums, guest presentations and educational film discussions.

Community members, district staff and teachers are also welcome at all events.

All programs are offered free of charge and registration is not required unless otherwise specified.



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"Homework Help: How to Set Up a Plan To Eliminate Daily Homework Battles"

Monday, December 12 at 9:30 a.m.

Dorothy Nolan Elementary School

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

"The New Discipline Plan: How to Gain Control Of Your Home When Your Kids Are Uncontrollable"

Wednesday, January 18 at 9:30 a.m.

Greenfield Elementary School

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

Mindful Parenting

*Part I: Tuesday, January 24 at 7 p.m.

Part II: Monday, March 13 at 7 p.m.

Maple Avenue Middle School LGI Room (second floor)

Featuring Michael Piccirillo, Superintendent of Schools and Freya Mercer, K-12 Director of Humanities Integration

* Participants will receive a free copy of the selected book

"Managing Daily Routines: Mornings, Bedtimes & Chores"

Wednesday, February 15 at 9:30 a.m.

Geyser Road Elementary School

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

"When Kids Won't Listen! Psychologist Secrets to Behavior Management"

Monday, March 13 at 9:30 a.m.

Caroline Street Elementary School

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

"Learning to Learn"

Wednesday, March 29 at 7 p.m.

Division Street Elementary School

Featuring Connie Woytowich or Training FUNdamentals, LLC

"Managing Technology: Sensible Ways To Set Limits and WHY You Must Do This Now"

Wednesday, April 5 at 9:30 a.m.

Division Street Elementary School

Featuring Dr. Randy Cale, a licensed psychologist and parenting expert

Prevention Council Program

Wednesday, April 26 at 7 p.m.

Saratoga Springs High School Library

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