

**SARATOGA COUNTY OFFICE FOR THE AGING-March 2020
CONGREGATE & HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Fish w/Tarragon Sauce Oven Roasted Potatoes Mixed Vegetables Yogurt	3 Baked Ham w/Pineapple Sauce Cubed Sweet Potatoes Cauliflower Spiced Apples & Raisins	4 Chicken Divan Rice Carrots Dinner Roll Pears	5 Roast Beef w/Gravy Mashed Potatoes Spinach Chocolate Pudding w/Whipped Topping	6 Eggplant Rollatini w/ Marinara Sauce Pasta w/ Marinara Sauce Lima Beans Chocolate Cookies
9 Chicken w/Orange Glaze Sauce Brown Rice Capri Vegetables Mandarin Oranges	10 Sloppy Joe Pasta Bake Brussels Sprouts Warm Garlic Roll Yogurt	11 Hearty Beef Vegetable Soup Stewed Tomatoes Warm Biscuit Oyster Crackers Apple Slices	12 Hot Turkey Sandwich Butternut Squash Broccoli Fruit Jell O w/Whipped Topping	13 Breaded Fish on a Bun Tartar Sauce Carrots Coleslaw Warm Peach Crisp
16 Taco Pasta Bake Spinach Warm Cornbread Pears	17 <i>St. Patrick's Day Special</i> Corned Beef & Cabbage Red Bliss Potato Carrots Irish Soda Roll Green Frosted Brownie 	18 Turkey Chili Rice Key Biscayne Vegetables Tropical Fruit	19 Herb Chicken w/Gravy Stuffing Butternut Squash Orange Whip	20 Baked Fish w/Picatta Sauce over Brown Rice Mixed Vegetables Warm Apple Cobbler
23 Chicken & Biscuit Broccoli Peaches	24 Swedish Meatballs over Noodles Peas & Carrots Warm Cranberry Crunch	25 <i>Birthday Special</i> Apple Glazed Pork Mashed Sweet Potato Cabbage Dinner Roll Frosted Cake 	26 Italian Style Meatloaf Garlic Mashed Potatoes Lima Beans Fruit Jell O w/Whipped Topping	27 Macaroni & Cheese Brussels Sprouts Stewed Tomatoes Pineapple
30 Pasta w/Meatballs Mixed Vegetables Parmesan Cheese Fruit Cocktail	31 Five Spiced Chicken Cubed Sweet Potato Beets Dinner Roll Pears			

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**