

2018 Saratoga County Local and National Resources

 <p>AMERICAN FOUNDATION FOR Suicide Prevention</p> <p>Information on Survivors of Suicide Loss Support Groups and other survivor resources.</p> <p style="text-align: center;">518-791-1544</p>	 <p>Provides inpatient and outpatient mental health treatment services for children, adolescents and adults.</p> <p style="text-align: center;">518-584-3600</p>	 <p style="text-align: right;"><u>Saratoga County</u> <u>Mental Health</u> <u>Center</u></p> <p>Providing a wide range of mental hygiene services for children, families, and adults.</p> <p style="text-align: center;">518-584-9030</p>
 <p>NAMI National Alliance on Mental Illness Alliance of local mutual support, advocacy, self-help groups and individual members at large.</p> <p style="text-align: center;">518-306-6073 or Helpline: 1-800-950-3228</p>	<ul style="list-style-type: none"> Adirondack Samaritan Counseling Center518-747-2994 Alliance for Positive Health518-434-4686 Capital Counseling518-462-6531 Captain Youth and Family Services518-371-1185 Captain Youth and Family: Youth Shelter518-369-9928 Crisis Text LineTEXT 741741 Domestic Violence & Sexual Assault Hotline.....518-584-8188 ECS Psychological Services518-580-0520 x101 Friendship House Day Treatment Program518-885-4521 Healing Springs Recovery Center518-306-3048 NEDA (National Eating Disorders Association)1-800-931-2237 National Child Abuse Hotline1-800-4-A-CHILD National Runaway Hotline1-800-621-4000 New Choices Recovery Center.....518- 346-4436 North Country Mobile Crisis Services <li style="padding-left: 20px;">Youth518-741-6100 <li style="padding-left: 20px;">Adults518-741-6099 NYS Child Abuse Hotline1-800-342-3720 NYS Coalition Against Domestic Violence1-800-942-6906 NYS Coalition Against Sexual Assault518-482-4222 NYS Office of Mental Health1-800-597-8481 RAINN (Rape, Abuse & Incest National Network)1-800-656-4673 Salvation Army518-584-1640 Samaritan Counseling Center518-374-3514 Saratoga Behavioral Health518-871-1258 	
<p style="text-align: center;">NATIONAL</p> <p style="text-align: center;">SUICIDE PREVENTION</p> <p style="text-align: center;">LIFELINE™</p> <p style="text-align: center;">I-800-273-TALK www.suicidepreventionlifeline.org</p> <p>Free, confidential support.</p>		
 <p><u>Mental Health</u> <u>Association</u> <u>In New York State</u></p> <p>Promotes mental health, recovery, empowerment and public awareness.</p> <p style="text-align: center;">518-434-0439 x13</p>		



Serves, empowers, and advocates for persons in need. Provides a multitude of assistance in public services.

518-587-5000

THE TREVOR lifeline
866.488.7386



TheTrevorProject.org



The PREVENTION COUNCIL

Helping youth navigate life's challenges

Helping young people avoid the activities that stems from substance abuse.

518- 581-1230

JED Foundation



GET HELP NOW.

Protecting Emotional Health. Preventing Suicide.

1-800-273-TALK (8255)

- [Saratoga Center for the Family](#)518-587-8008
- [Saratoga Community Health Center](#)518-886-5600
- [Saratoga County Public Health Services](#)518-584-7460
- [Shelters of Saratoga](#)518-581-1097
- [Stonebridge Residence](#)518-584-2746
- [Substance Abuse Hotline](#)1-800-662-4357
- [Suicide Prevention Center of New York](#)518- 402-1156
- [Transitional Services Association](#)518-587-6193
- [Unplanned Pregnancy Hotline](#)1-866-942-6466
- [Wellspring](#)518-583-0280

For more mental health and suicide prevention resources:

Educational Resources

- [Guidance for Educators](#)
- [Guidelines for Administrators and Crisis Teams](#)
- [Save a Friend: Tips for Teens](#)
- [Tips for Parents and Educators](#) (National Association of School Psychologists, 2017)
- [13 Reasons Why Talking Points](#) (Jed Foundation, 2017)

Websites

- [American Association of Suicidology](#)
- [Suicide Awareness Voices of Education](#)
- [Stop Bullying](#)
- [The National Child Traumatic Stress Network](#)
- [National Association of School Psychologists](#)
- [Center for Disease Control Suicide Datasheet](#)
- [SAMHSA Prevention Suicide: A Toolkit for High Schools](#)
- [Suicide Prevention Resource Center, After a Suicide: Toolkit for Schools](#)
- [Memorials: Special Considerations for Memorializing an Incident](#)

