



You are NOT alone

If you or someone you know is suffering from a mental illness, please contact us.

518 584 9030

 **suicide prevention coalition**
of saratoga county

135 South Broadway Saratoga Springs, NY

If you or a loved one is in need of help, CALL THE NATIONAL CRISIS LINE

1 800 273 TALK (8225)



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The Suicide Prevention Coalition of Saratoga County is a consortium of partners dedicated to preventing suicide in our community by:

- Increasing awareness
- Providing trainings on suicide prevention
- Connecting families, communities and individuals to resources
- Providing postvention response teams