




**SARATOGA COUNTY OFFICE FOR THE AGING-January 2019  
CONGREGATE & HOME DELIVERED MEALS 363-4020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b> CLOSED	<b>2</b> Roast Pork w/Gravy & Mashed Potatoes Brussels Sprouts Warm Apple Crisp	<b>3</b> Baked Chicken w/Gravy Brown Rice Vegetable Trio Fruit Cocktail	<b>4</b> <i>New Year's Special</i> Meat & Cheese Lasagna Sonoma Blend Garlic Roll Frosted Holiday Cake 
	<b>7</b> Chicken Divan Rice Spinach Pears	<b>8</b> Baked Fish w/Tarragon Sauce Oven Browned Potatoes Mixed Vegetables Yogurt	<b>9</b> Eggplant Rollatini w/Meat Sauce Pasta w/ Marinara Sauce Wax Beans Chocolate Cookies	<b>10</b> Meatloaf w/Gravy Mashed Potatoes Peas Fruit Jell O w/Whipped Topping
<b>14</b> Chicken w/Orange Glaze Sauce Rice Sonoma Blend Vegetables Plum Fruit	<b>15</b> Sloppy Joe Casserole Peas & Carrots Warm Cornbread Yogurt	<b>16</b> Hearty Beef Vegetable Soup Brussels Sprouts Warm Biscuit Peaches	<b>17</b> Italian Stew Oven Browned Potatoes Lima Beans Chocolate Pudding W/Whipped Topping	<b>18</b> Tuna Salad Cold Plate Macaroni Salad Marinated Green Beans Fresh Orange
<b>21</b>  Closed for Martin Luther King Jr.Day	<b>22</b> Herb Chicken w/Gravy Stuffing Butternut Squash Mandarin Oranges	<b>23</b> Pork Loin w/Cranberry Mustard Sauce Red Bliss Potato Vegetable Trio Pears	<b>24</b> Baked Fish w/Picatta Sauce Over Brown Rice Spinach Warm Apple Cobbler	<b>25</b> Stuffed Shells w/ Meat Sauce Wax Beans Peas Chocolate Cookies
<b>28</b> Apple Glazed Pork Mashed Sweet Potatoes Cabbage Dinner Roll Fruit Cocktail	<b>29</b> Spanish Beef & Rice Casserole Carrots Warm Cornbread Pears	<b>30</b> Chicken & Biscuit Broccoli Mandarin Oranges	<b>31</b> Roast Beef w/Gravy Mashed Potatoes Sonoma Vegetables Apricot Whip	

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**