MINUTES Saratoga County Community Services Board Meeting May 29, 2019

Present: Ranjit Bhagwat, Ph.D., Erin Christopher (via phone conference), James Colamaria, Amy Hughes, Katie Lewis, Ph.D. (via phone conference), Maureen Lewsey, and Captain Daniel Morley. Also present: Michael S. Prezioso, Ph.D. and Cari Abatemarco from the Mental Health Center.

Absent: Edmond Amyot, M.D., Wes Carr, Paul Morcone and, RJ Stutzmann.

I. CALL TO ORDER

Ms. Hughes called the meeting to order at 4:07 p.m.

II. ROLL CALL

Roll call was taken. A quorum was established.

III. MINUTES

A motion to accept the minutes from 4/24/19 was made by Dr. Bhagwat, seconded by Mr. Colamaria. Motion carried.

IV. PUBLIC TO BE HEARD None present.

V. DIRECTOR'S REPORT/OLD BUSINESS

- A. Vets Program The 100 Day Challenge concludes on Saturday with a graduation ceremony, certificates and a BBQ to follow. Approximately 33% of the veterans enrolled in the program will continue on. Weight loss averages have been between 20-25 pounds. The program also aided enrollees in reducing pain medication usage.
- B. Local Services Plan Copies of the Local Services Plan were provided to the board members. The members shared questions, concerns and discussed allocation of resources. A motion to accept the LSP Report was made by Dr. Bhagwat, seconded by Mr. Colamaria. Motion carried. Dr. Prezioso will submit the LSP Report.
- C. Meeting Schedule The CSB meeting schedule was discussed. Members agreed to meeting no less than 6 times per year. The language, in the Bylaws, to reflect the last Wednesday of every other month beginning July, 2019 was agreed upon. Meeting during the odd months, with no meeting in August and a combined meeting in November/December, was also agreed upon. The meeting calendar for the following year shall be set at the last meeting of the calendar year. A motion to accept the new schedule was made by Captain Morley, seconded by Mr. Colamaria. Motion carried.

VI. NEW BUSINESS

- A. Mobile Crisis Intervention Presentation Ms. Hughes acknowledged that the Sheriff's Department did a great job with the presentation. Joel Richardson took questions from family members at a NAMI meeting and was very engaged. He explained the steps they would take in a crisis situation in partnership with Parsons, the mobile crisis team, and how they might work together or separately.
- B. Mental Health First Aid Ms. Hughes will be hosting Mental Health First Aid at MHANYS tomorrow with the veteran emphasis. The training will be for veterans, those who work with veterans and those who are related to veterans. This is the first time this program has been offered.

VII. NEXT MEETING

The next meeting is scheduled for July 31st at 4:00 p.m.

VIII. ADJOURNMENT

The meeting was adjourned at 4:30 p.m.

Respectfully submitted by: Cheryle Ellsworth