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FOR IMMEDIATE RELEASE

DATE: September 16, 2021

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MEDIA ADVISORY

SARATOGA COUNTY HOLDS MENTAL HEALTH SUMMIT FOR VETERANS AND THEIR FAMILIES

WHO: Saratoga County Veterans Service Agency

Presenters include: Dr. Maggie Guglielmi, PTSD Program Director at Stratton, VA; Michelle Chavarria and Jennifer Curatolo from Suicide Prevention at Stratton VA; Brendan Norton, Family Support Navigator at Healing Springs in Saratoga Springs; Walter Clark, Peer Support Specialist at Stratton VA and a Veteran.

WHAT: Veterans Mental Health Summit

WHEN: Friday, September 17, 2021, 1PM

WHERE: Saratoga County Veterans Service Agency Office, 2144 Doubleday Ave, Ballston Spa.

NOTES: The Mental Health Summit is free and open to all veterans and family members. The Summit will help veterans and their families as they seek better mental wellness and learn about the multiple resources available to them. The Summit's focus is to let veterans and their families know they don't have to struggle alone, regardless of the challenges they may face. Additional resources available to attendees include NE Problem Gambling Center and American Foundation for Suicide Prevention.

Media is welcome and encouraged to attend.

Saratoga County Veterans Service Agency provides support to the more than 17,000 veterans living in Saratoga County. Programs of the County's Veterans Service Agency are built on the foundation of veterans helping veterans. Veterans of every generation are encouraged to participate in these valuable programs and to take advantage of the Agency's beneficial resources. No veteran should ever feel that they are alone or forgotten. The Saratoga County Veterans Service Agency is here to support our veterans.

For more information about the Saratoga County Veterans Service Agency, please call 518-884-4115 or visit www.veteranspeerconnection.org.

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