

OFFICE OF THE

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## FOR IMMEDIATE RELEASE

DATE: December 1, 2021

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## SARATOGA COUNTY OFFICE FOR THE AGING PARTNERS WITH AMERICORPS SENIORS' RETIRED AND SENIOR VOLUNTEER PROGRAM TO RECRUIT VOLUNTEERS FOR SENIOR NUTRITION PROGRAM

BALLSTON SPA – Saratoga County Office for the Aging has partnered with AmeriCorps Seniors' Retired and Senior Volunteer Program (RSVP) to recruit new volunteers for the department's Senior Nutrition Program.

RSVP recruits for volunteers ages 55-and-over for various opportunities throughout Saratoga County. For this initiative, RSVP will recruit volunteers for both Home Delivered Meals and the In-house Dining programs.

Locations in need of help include but are not limited to; Saratoga Springs, Schuylerville, Hadley, Edinburg, Galway, Greenfield, Malta, Mechanicville, Moreau, and Wilton. Flexible schedules are available Monday-Friday between 9 AM and 1 PM, depending on assignment. Volunteer opportunities include delivering, portioning and packaging meals as well as serving lunch at in-house dining locations. Subbing opportunities are also available for all delivery routes. Training and orientation will be provided.

All volunteers, staff, and diners adhere to COVID-19 safety protocols including social distancing and mask wearing to promote the safety of all participants of the Home Delivered Meals and In-house Dining programs.

The Senior Nutrition Program helps Saratoga County seniors remain independent while providing those individuals with daily nutritious meals. In-house Dining gives seniors the opportunity to socialize with others in their community while Home Delivered Meals serves those who are primarily homebound.

AmeriCorps, a federal agency, brings people together to tackle the country's most pressing challenges, through national service and volunteering. AmeriCorps members and AmeriCorps Seniors volunteers serve with organizations dedicated to the improvement of communities. AmeriCorps helps make service to others a cornerstone of our national culture. Learn more at AmeriCorps.gov.

RSVP is funded in part by The Corporation for National and Community Service. RSVP is sponsored by Saratoga County Office for the Aging, funded under Title III of the Older Americans Act; the New York State Office for the Aging; and the County of Saratoga.

For more information about this volunteer opportunity, please contact Lexi Rosamino at 518-363-4033 or arosamino@saratogacountyny.gov.