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FOR IMMEDIATE RELEASE

DATE: March 11, 2022

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SARATOGA COUNTY SEEKS VOLUNTEERS TO DELIVER MEALS TO HOMEBOUND SENIORS

Immediate need for service to Ballston Spa, South Glens Falls, Wilton, Hadley, Schuylerville, Greenfield

BALLSTON SPA, NY -- The Saratoga County Department of Aging and Youth Services is seeking volunteers to deliver meals to homebound seniors in the following areas: Ballston Spa, South Glens Falls, Wilton, Hadley, Schuylerville, and Greenfield.

This important program helps many seniors, age 60 and older, remain independent in their homes by providing them with a nutritious ready-to-eat lunch each weekday.

Meals are picked up at 11AM and delivered until 1PM. Volunteers' schedules are flexible to meet their availability.

To become a volunteer, individuals must submit paperwork, including references, to the Saratoga County Department of Aging and Youth Services. Volunteers must have a valid driver license and their own vehicle. Training and orientation are provided to all volunteers.

Being a volunteer for this program is a gratifying experience as seniors look forward to seeing a friendly face with their meals.

Those interested in becoming a volunteer may call Carly at The Department of Aging and Youth Services at 518-363-4020 for details.

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