



Congregate meals are served at
Meal Sites
Monday - Friday
to qualifying seniors
throughout Saratoga County.

All participants
receive a hot meal at 12 Noon.
Diners must be 60 or older

RESERVATIONS ARE
REQUIRED

Reservations can be made either in
person or via telephone by noon the
day prior.

This is a great way to get a
delicious meal and engage with
other seniors in the community.

Gather & Dine Sites

Milton ~ Community Center
310 Northline Rd, Ballston Spa
518-884-0163

Clifton Park ~ Clifton Park Senior Com-
munity Center
6 Clifton Commons Ct., Clifton Park
518-383-1343

Corinth ~ Corinth Senior Center
22 Hamilton Ave, Corinth
518-654-2040

Galway ~ Town Hall
5910 Route 147, Galway
518-882-6070

Halfmoon ~ Halfmoon Senior Center
285 Lower Newton Rd, Waterford
518-371-3892

Mechanicville ~ Senior Center
178 N. Main St. Mechanicville
518-664-3924

Moreau ~ Community Center
144 Main St. South Glens Falls
518-792-6007

Saratoga ~ Saratoga Senior Center
5 Williams St, Saratoga Springs
518-584-1621



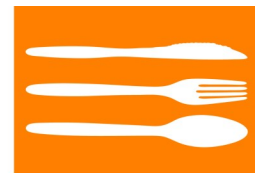
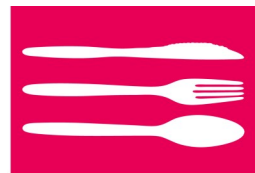
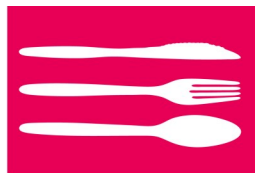
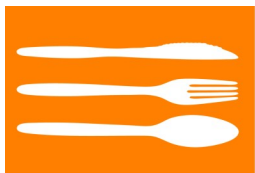
Saratoga County

Department of
Aging and Youth



Senior Nutrition

(518) 363-4020
or
aging@saratogacountyny.gov



The Saratoga County Senior Nutrition Program is a great way to have a delicious meal and to socialize with other seniors.

There are a few simple rules

Participants must be age 60 or older.
A completed registration form must be filled out annually.

Participants are responsible for signing up—at least **ONE** day in advance by 12 noon by calling the meal site or in person with the meal Site Manager.

~This reservation is REQUIRED~

An individual **MUST** have a reservation to be served a congregate meal.

Lunch is served at 12 Noon.

All food/drink must be consumed in the dining area— no food/drink can be taken out.

People under the age of 60 are allowed to eat with the program IF they are accompanied by a senior, they are considered a guest and there is a \$8.00 fee collected. They must follow all the same requirements as a regular participant.

A monthly contribution letter is sent to the participants/60+ no one 60+ will be denied a meal because of inability or unwillingness to contribute.

(suggested contribution is \$2.00 a meal)

Saratoga County
Department of Aging and Youth

152 West High St
Ballston Spa, NY
12020

(518) 363-4020

or

aging@saratogacountyny.gov



The Saratoga County Department of Aging and Youth is funded under Title III of the Older Americans Act, as amended, the New York State Office for the Aging and the County of Saratoga

Do you need additional assistance?

You can get help with your long term services & support needs through

NY Connects

NY Connects can work with anyone who needs information on long term services and supports - children or adults with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.



NY Connects
Your Link to Long Term Services and Supports

of SARATOGA COUNTY

(800) 342-9871 (518) 714-4826