

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-JANUARY 2023
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| 2 Closed  | 3 Chicken Marsala Parmesan Noodles Peas & Onions WW Dinner Roll Mandarin Oranges | 4 Pork Loin w/Cranberry Mustard Sauce Red Bliss Potato Vegetable Trio Pears | 5 Spanish Beef & Rice Casserole Carrots Warm Peach Crisp Cornbread | 6 New Year's Special LS Baked Ham w/Cranberry Glaze Sauce Au gratin Potatoes Creamed Corn WW Dinner Roll Cheesecake  |
| 9 Chicken Divan White Rice Mixed Vegetables Pears | 10 Pork w/Tarragon Sauce Mashed Sweet Potato Green Beans Whole Wheat Dinner Roll Fruit Cocktail | 11 Swiss Steak Buttered Egg Noodles Vegetable Trio SF Chocolate Pudding | 12 Scalloped Potatoes & Ham Peas & Carrots Wax Beans Corn Muffin Fresh Orange | 13 Eggplant Parmesan Pasta w/Marinara Sauce Broccoli WW Dinner Roll Yogurt |
| 16 Closed  | 17 Five Spice Chicken Oven Roasted Sweet Potatoes Beets Whole Wheat Dinner Roll Mandarin Oranges | 18 Meatballs in Sauce Pasta w/Sauce Broccoli Fruit Cocktail | 19 Roast Turkey w/Gravy Mashed Potatoes Butternut Squash WW Dinner Roll Applesauce | 20 Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Yogurt |
| 23 Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio Whole Wheat Dinner Roll SF Chocolate Cookies | 24 Beef Pepper Steak White Rice Carrots Pineapple | 25 Birthday Special Roast Pork w/Gravy Mashed Potatoes Beets Frosted Cake  | 26 Italian Stew White Rice Green Beans WW Dinner Roll SF Vanilla Pudding | 27 Tuna Noodle Casserole Peas & Carrots Broccoli Corn Muffin Banana |
| 30 Stuffed Cabbage Casserole Spinach Warm Apple Crisp WW Dinner Roll Pears | 31 Ranch Chicken Oven Roasted Potatoes Mixed Peppers & Onions Cornbread Peaches |  | | |

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**