



# Saratoga County Single Point of Access

## Children's SPOA Universal Referral Form

135 South Broadway  
Saratoga Springs, New York 12866  
Telephone: (518) 584-9030  
Fax: (518) 581-1709

**Child's Name** (Last, First, M.I.): \_\_\_\_\_

**Sex:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Social Security # :** \_\_\_\_\_

**Parent/Guardian's Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Relationship to Child/Custody Status:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

Type of health coverage (for this child):	Youth Meets NYS DOH Eligibility Criteria (attach documentation):
<input type="checkbox"/> Medicaid: <b>CIN # required</b> _____ (ex. DF10447A)  <input type="checkbox"/> Commercial _____  <input type="checkbox"/> Other/None _____	<input type="checkbox"/> Two Chronic Health Conditions <i>or</i> <input type="checkbox"/> HIV / AIDS <i>or</i> <input type="checkbox"/> Serious Emotional Disturbance <i>or</i> <input type="checkbox"/> Complex Trauma (please include complex trauma screen) <i>and</i> <input type="checkbox"/> Significant Behavioral, Medical or Social Risk Factors

Diagnoses (list Primary Mental Health ICD.10 Diagnosis first):	Psychiatric Hospitalizations (include hospital names, dates of service):

Past and/or Present Service Providers:	Education:
<input type="checkbox"/> Care Management <input type="checkbox"/> HCBS/Waiver <input type="checkbox"/> HBCI <input type="checkbox"/> Mobile Crisis <input type="checkbox"/> Family Support <input type="checkbox"/> Counseling/Med Mgmt.	<input type="checkbox"/> Probation PINS/Diversion <input type="checkbox"/> DSS Child Protection/Prevention <input type="checkbox"/> Foster Care <input type="checkbox"/> Residential CR/RTC/RTF <input type="checkbox"/> OPWDD <input type="checkbox"/> Other: _____
Home School District: _____	
Grade Level: _____ Educational Placement: _____	
<input type="checkbox"/> 504 Plan <input type="checkbox"/> IEP   Classification: _____   Full Scale IQ: _____	

**Summary of Concerns or Needs:**

**Request for Services** (please note if there is a provider agency preference): \_\_\_\_\_

Health Home Care Management  
  CFTSS  
  HCBS  
 Youth ACT Team

**Supporting documentation to include with referral if available and/or applicable:**

Psychiatric Assessment     
 Psychosocial History     
 Psychological Evaluation     
 Hospital Admission/Discharge Summaries



# Saratoga County Children's SPOA Consent for Release of Information

Child's Name: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_

The Saratoga County Single Point of Access Committee (SPOA) is composed of representatives of community agencies including, but not limited to, the Saratoga County Department of Mental Health and Addiction Services, Saratoga County PROS, Saratoga County Children's Services, Saratoga County Probation, Saratoga Hospital Mental Health Unit, Four Winds Hospital, Capital District Psychiatric Center, RISE Housing and Support Services, Rehabilitative Support Services, Northern Rivers Family of Services, Captain Community Human Services, Home Based Crisis Intervention, Adult and Adolescent Mobile Crisis, Adult and Youth ACT Team, Adirondack Health Institute, Children's Health Home of Upstate NY, local Health Home Care Management Agencies, Shelters of Saratoga, Code Blue, Unlimited Potential, Wellspring, Legal Aid Society of Northeastern NY, Saratoga County Options for Independent Living, Saratoga County Rural Preservation, Saratoga Springs Housing Authority, Saratoga County Treatment Court, Saratoga Supreme & County Courts, Saratoga County Sheriff, Ballston Spa, Mechanicville and Saratoga Springs Police Department and Capital District Office for People with Developmental Disabilities. In order to determine the most appropriate level of service based on strengths, needs and availability of program openings, I give my permission for members of the SPOA Committee to exchange information between the agencies listed above and to obtain information from and/or release information to the following Person, Organization, Facility or Program:

\_\_\_\_\_  
**Referring Agency** (if different from Outpatient Mental Health provider )

\_\_\_\_\_  
**Outpatient Mental Health Treatment Provider** (Agency, Name)

\_\_\_\_\_  
Referring Agent Name, title

\_\_\_\_\_  
Outpatient Provider, Name, title

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Fax

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Fax

The extent or nature of information to be disclosed includes:

- Clinical summaries (i.e. psychiatric evaluations)  Treatment plans and treatment plan reviews
- Admission and/or discharge summaries  Notes of psychiatric or other clinic visits
- Medication records and laboratory results  Other: \_\_\_\_\_

**Affirmation of Release:** I understand that treatment will not be refused, but clinical decisions may be affected, if I do not sign any authorizations to release information. I have the right to revoke (take back) in writing this authorization at any time except to the extent that action has been taken in reliance on it and unless receiving services from Alcoholism and Substance Abuse Service as a result of criminal justice involvement, in which case consent for disclosure to the criminal justice system cannot be revoked. The revocation will take effect on the day it is received. Alcohol and drug treatment records are protected under Federal regulations governing Confidentiality and Drug Abuse Patient Records as well as the Health Insurance Portability and Accountability Act of 1996. Confidential information cannot be disclosed without my written consent unless otherwise provided for (i.e. suspected child abuse, health or mental health emergency under the above noted regulations). If this information is disclosed to someone who is not required to comply with federal privacy protection regulations, then it may no longer be protected. Alcohol and drug program treatment records are protected.

**Expiration:** This authorization will expire,  when acted upon (one time disclosure),  90 days from this date,  when I am no longer receiving services from \_\_\_\_\_, or  other \_\_\_\_\_.

\_\_\_\_\_  
Parent/Guardian (Print Name)

\_\_\_\_\_  
Parent/Guardian (Signature)

\_\_\_\_\_  
Referring Agent (Signature and Title)

\_\_\_\_\_  
Date

<b>Summary of Services</b>	
<b>Health Home Care Management (HHCM)</b> –referral available upon request or accessed through SPOA referral Enrolled in a Medicaid Managed Care Plan, under age 21 and meet SED criteria	
<b>HHCM</b>	<b>Core Services</b> <ul style="list-style-type: none"> <li>• Comprehensive Care Management</li> <li>• Care Coordination and Health Promotion Services</li> <li>• Comprehensive and Transitional Care Services</li> <li>• Child and Family Support Services</li> <li>• Referral to Community and Social Support Services</li> </ul>
<b>Children and Family Treatment and Support Services (CFTSS)</b> –referral available upon request or accessed through SPOA referral Enrolled in a Medicaid Managed Care Plan, under age 21 and meet medical necessity criteria	
<b>OLP</b>	<b>Other Licensed Practitioner</b> <ul style="list-style-type: none"> <li>• Licensed Evaluation/Assessment, including Treatment Planning</li> <li>• Psychotherapy</li> <li>• Crisis Intervention Activities</li> </ul>
<b>CPST</b>	<b>Community Psychiatric Support and Treatment (Intensive In-Home)</b> <ul style="list-style-type: none"> <li>• Intensive Interventions (counseling)</li> <li>• Crisis Avoidance (counseling)</li> <li>• Intermediate Term Crisis Management (counseling)</li> <li>• Rehabilitative Psychoeducation (not involving counseling)</li> <li>• Strengths Based Service Planning (not involving counseling)</li> <li>• Rehabilitative Supports (not involving counseling)</li> </ul>
<b>PSR</b>	<b>Psychosocial Rehabilitation (Skill Building)</b> <ul style="list-style-type: none"> <li>• Social and Interpersonal Skills</li> <li>• Daily Living Skills</li> <li>• Community Integration</li> </ul>
<b>FPSS</b>	<b>Family Peer Support Services</b> <ul style="list-style-type: none"> <li>• Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences</li> <li>• Get support and assistance with locating information and resources available to meet the youth/family's needs</li> <li>• Making informed decisions, building and strengthening natural supports and resources</li> </ul>
<b>CI</b>	<b>Crisis Intervention</b>
<b>YPS</b>	<b>Youth Peer Support</b>
<b>Home and Community Based Services (HCBS)</b> –referral available upon request or accessed through SPOA referral Enrolled in a Medicaid Managed Care Plan (or meet Medicaid eligibility as a family of one), under age 21, meet SED, risk factors and functional criteria.	
<b>CFSS</b>	<b>Caregiver Family Support Services</b> <ul style="list-style-type: none"> <li>• Enhance the child's ability to function as part of a caregiver/family unit and enhance the caregiver/family's ability to care for the child in the home and/or community</li> </ul>
<b>CSATS</b>	<b>Community Self Advocacy Training and Support</b> <ul style="list-style-type: none"> <li>• Provide family/caregiver with techniques and information to better respond to the needs of the child</li> <li>• Provided to prevent problems in the community settings as well as when the child is experiencing difficulties</li> </ul>
<b>PR</b>	<b>Planned Respite</b> <ul style="list-style-type: none"> <li>• Short-term relief for the child or family/primary caregivers to support the child's behavioral health needs</li> </ul>
<b>CR</b>	<b>Crisis Respite</b> <ul style="list-style-type: none"> <li>• Short-term care and intervention strategy to alleviate the risk for an escalation of symptoms, loss of functioning, and/or a disruption in a stable living environment</li> <li>• Delivered in a home or residence by qualified practitioners, out-of-home/residence by staff in community based sites or in allowable facilities</li> </ul>
<b>Pre-Voc</b>	<b>Prevocational Services (age 14 -21)</b>
<b>SE</b>	<b>Supported Employment (age 14 - 21)</b>
<b>Youth Assertive Community Treatment (ACT) Team</b> –enrolled in a Medicaid Managed Care Plan between the ages of 10-12	
<b>ACT</b>	<ul style="list-style-type: none"> <li>• Child and/or family has not adequately engaged or responded to treatment in more traditional settings</li> <li>• High use of acute psychiatric hospitals, psychiatric emergency or crisis services</li> <li>• Persistent severe major symptoms</li> <li>• Residing or being discharged from an inpatient bed, residential treatment program or community residence</li> <li>• Clinically assessed to be at immediate risk of more restrictive living situation without intensive community services</li> </ul>

## Youth ACT Eligibility Criteria

The following criteria must be met and supporting documentation attached.

### Age Requirement

- Youth is between the ages of 10-21

### SED Determination

Verification of SED Determination by a Licensed Behavioral Health Practitioner

- Psychosocial Assessment OR
- Psychiatric Evaluation OR
- Psychological Evaluation OR
- LPHA SED Attestation

Referrals initiated in the inpatient setting, the following is required

- Summary of the hospitalization. Should address current course of treatment since time of admission (including use of increased observation, intramuscular medication for agitation, aggressive or self-injurious behavior, use of restraint), response to treatment, present status and anticipated LOS.

Referrals initiated in the RTF, the following is required

- Psychosocial (to include current course of RTF treatment and response to RTF treatment)
- Treatment Plan (current)

### Continuous high service needs not met in traditional settings and demonstrated by 2 or more of the following:

- Child and/or family has not adequately engaged or responded to treatment in more traditional settings.
- High use of acute psychiatric hospitals (two hospitalizations within one year or one hospitalization of 60 days or more within one year).
- High use of psychiatric emergency services or crisis services.
- Persistent severe major symptoms (e.g., affective, psychotic, suicidal or significant impulse control issues).
- Residing or being discharged from an inpatient bed, residential treatment program, or children's community residence, or being deemed eligible for RTF, but clinically assessed to be able to live in a more independent setting if intensive community services are provided. This may also include current or recent involvement (within past six months) in another child-serving system such as juvenile justice, child welfare, foster care, wherein mental health services were provided.
- Home environment and/or community unable to provide necessary support for developmentally appropriate growth required to adequately address mental health needs.
- Clinically assessed to be at immediate risk of requiring a more restrictive living situation (e.g., children's community residence, psychiatric hospital or RTF) without intensive community services.

### SPOA Referral

- SPOA Referral completed and attached