






**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-February 2023**  
**GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Pasta Bake w/Meat Sauce Broccoli Wax Beans WW Dinner Roll Applesauce	<b>2</b> Meatloaf w/Gravy Mashed Potatoes Vegetable Trio Shortbread Cookies	<b>3</b> Turkey Chili White Rice Carrots Yogurt
<b>6</b> Pork Picatta Oven Brownd Potatoes Butternut Squash WW Dinner Roll Mandarin Oranges	<b>7</b> Shepherd's Pie Brussels Sprouts Warm Cranberry Crunch Peaches	<b>8</b> Chicken Florentine White Rice Peas & Carrots WW Dinner Roll Fruit Cocktail	<b>9</b> Swedish Meatballs Buttered Egg Noodles Broccoli SF Chocolate Pudding	<b>10</b> Seafood Newburg White Rice Mixed Vegetables Cornbread Fresh Orange
<b>13</b> Chicken Marsala Parmesan Noodles Peas & Carrots WW Dinner Roll Peaches	<b>14 Valentine's Special</b> Beef Tips in Gravy Garlic Mashed Potatoes Beets WW Dinner Roll Black Forest Cake 	<b>15</b> Pork w/Cranberry Mustard sauce Red Bliss Potatoes Vegetable Trio Pears	<b>16</b> Five Spice Chicken Fried Rice Asian Blend Vegetables Whole Wheat Dinner Roll Fruit Cocktail	<b>17</b> Meatballs in Sauce Pasta w/Sauce Spinach Mandarin Oranges
<b>20 Closed</b> 	<b>21</b> Pork & White Bean Casserole Peas Warm Apple Crisp WW Dinner Roll	<b>22 Birthday Special</b> Eggplant Parmesan Pasta w/Marinara Sauce Broccoli Frosted Cake 	<b>23</b> Roast Turkey w/Gravy Mashed Potatoes Butternut Squash WW Dinner Roll Pears	<b>24</b> Breaded Fish Tartar Sauce Red Potatoes Brussels Sprouts Cornbread Fresh Apple
<b>27</b> Baked Chicken w/Gravy Oven Roasted Sweet Potato Vegetable Trio Whole Wheat Dinner Roll SF Chocolate Cookies	<b>28</b> Salisbury Steak w/Gravy Mashed Potatoes Corn Mandarin Oranges			

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**

