



THE VOLUNTEER

Saratoga County RSVP



Saratoga County Retired and Senior Volunteer Program April/May/June 2023

Dear Volunteers:

Allow me to introduce myself, my name is Tressa Lake and I'm the new RSVP Coordinator. I'm very excited to be part of this wonderful program! I'm eager to learn all about the Stations and to meet the Volunteers that make RSVP so impactful to the communities of Saratoga County! I'm also hoping to grow and expand RSVP to include new volunteer projects and agency partnerships.

I would like to thank everyone for their service and dedication to the significant roles they play in helping others. Your work and contributions do make a difference!

I look forward to working with all of you!

~Tressa



SAVE THE DATE

Saratoga County Department of Aging
and Youth Services Annual
Senior Luncheon

Friday, May 19th, 2023

The Saratoga Springs City Center



Located on Bath St. in Ballston Spa, LifeWorks Community Action is the designated anti-poverty agency for Saratoga County, dedicated to providing opportunities for individuals and families to achieve self-sufficiency.

LifeWorks is currently looking for volunteer **receptionists** to help answer phones and greet customers. They are also looking for **food pantry assistants** to help stock shelves, fill food orders, and rotate stock.

If you are interested in volunteering, please contact RSVP at 518-884-4110.

WELCOME NEW MEMBERS:

- | | | |
|-------------------|-------------------|--------------|
| Anne Ryan | David King | Marilyn Bell |
| Elizabeth Burke | Helene Kerwood | |
| Laura Robles-Huff | William Wadsworth | |
| Colleen Tyson | Tim Enright | Marc Limeri |

RSVP DRIVERS NEEDED

Van Drivers are needed to transport seniors to and from medical appointments throughout Saratoga County.

Please contact RSVP at 518-884-4110 if you are interested in this program.





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APRIL/MAY/JUNE 2023



Volunteers and Stations are at the heart of RSVP. All of our Stations provide meaningful services to our community. Feel free to contact me with any updates /changes, or to inquire about opportunities that are available. Email: tlake@saratogacountyny.gov OR 518-884-4110

Saratoga County Department of Aging and Youth Services is in need of Home Delivered Meal Drivers throughout Saratoga County.

Pick up nutritious prepared packaged meals and deliver them to primarily homebound seniors in need. An average route takes less than an hour in time.

Currently the areas with the most need for volunteers are **Burnt Hills, Ballston Spa, and Mechanicville.**

Substitutes are always needed throughout the County.

Please call Home Delivered Meals at:

518-363-4020



Telecare—Friendly Phone Call Program

Do you like talking to people and discussing common interests? Would you like to make a homebound seniors' day? If so, call RSVP to find out how you can be part of this worthwhile outreach effort.

Are you a retired Human Resource Manager? Do you have a background in health insurance? Would you consider yourself a "whiz" when it comes to Medicare? Then maybe you could put your skills to good use helping those newly eligible 65 year old participants better understand Medicare and which plans are best for them.

The Saratoga County Dept. of Aging & Youth Services is looking for experienced volunteers to provide their knowledge and guidance to our Health Insurance Information Counseling and Assistance Program (HIICAP). If this is something you are interested in, please contact RSVP at 518-884-4110.

*****Keep this in mind: 11,000 people turn 65 EVERY day!**

Saratoga County Historical Society @ Brookside Museum



If you are interested in local history and enjoy people, you may be interested in volunteering as a **Museum Assistant**. These volunteers are the public face of the History Center and Brookside Museum. They greet visitors, handle museum store sales, assist with clerical tasks and help keep the public areas of the museum tidy.

If this is an opportunity you would like to pursue, please contact RSVP at 518-884-4110.



Looking for fun things to do? Check out the Chamber of Commerce Community Calendar:

www.saratoga.org/saratoga-county-community-calendar/