



PRESS RELEASE

FOR IMMEDIATE RELEASE

DATE: July 21, 2023

SARATOGA COUNTY SEEKS VOLUNTEERS TO DELIVER MEALS TO HOMEBOUND SENIORS IN SCHUYLERVILLE

SCHUYLERVILLE, NY – The Saratoga County Department of Aging and Youth Services is seeking volunteers to deliver meals to homebound seniors in Schuylerville.

This important program helps many seniors, age 60 and older, remain independent in their homes by providing them with a nutritious ready-to-eat lunch each weekday.

Meals are picked up at 11AM and delivered until 1PM. Volunteers' schedules are flexible to meet their availability.

To become a volunteer, individuals must submit paperwork, including references, to the Saratoga County Department of Aging and Youth Services. Volunteers must have a valid driver license and their own vehicle. Training and orientation are provided to all volunteers.

Being a volunteer for this program is a gratifying experience as seniors look forward to seeing a friendly face with their meals.

Those interested in becoming a volunteer may call the Saratoga County Department of Aging and Youth Services at 518-363-4020 for details.

###