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The Saratoga County Long Term Care Services Directory is written, compiled and edited by the Saratoga County Department of Aging and Youth Services.

All information herein is accurate as of July 2023. However, as changes in the agencies and services occur frequently, the reader is encouraged to directly contact the agencies or the Saratoga County Department of Aging and Youth Services at 518-884-4100 for the most current information.

As every attempt was made to comprehensively cover services for disabled individuals and older adults in the Saratoga County area, *The Saratoga County Long Term Care Services Directory* apologizes for any oversights or omissions. If you know of a service or program that you feel would be appropriate for this guide, please provide as much information as possible on the enclosed evaluation form and mail or fax to us at 518-884-4104 or let us know by e-mail at aging@saratogacountyny.gov.

September 2023

To the users of this directory:

On behalf of the Saratoga County Department of Aging and Youth Services, I am pleased to present the 13th edition of the Saratoga County Long Term Care Services Directory. The intent of this directory is to provide caregivers and consumers alike with a comprehensive listing of long-term care services available to them within our county. An index has been included to make your search for services easier.

After reviewing the directory, please take a few minutes to complete the evaluation located on the back page. For us to continue to provide a comprehensive list of services in the most user-friendly format, we need to hear from you, the users of the directory. If you have any questions or concerns regarding the directory, please feel free to call us at 518-884-4100.

Sincerely,

Sandra M. Cross
Director

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SECTION 1: DIRECTORY OF SERVICES

ABUSE AND NEGLECT

Adult Abuse
Saratoga County Department of Social Services

152 West High Street
Ballston Spa, NY 12020
518-884-4159

Hours: Mon-Fri 8:00 am-4:00 pm
Adult Protective Unit offers services to mentally and/or physically impaired adults who are 18 years or older and in danger. Includes investigations, counseling, arranging for support systems, alternative living, medical care, legal services, receipt of entitlements, and coordination of services.

Wellspring

2816 US-9
Malta, NY 12020
518-583-0280
24/7 Hotline: 518-584-8188
Email: info@wellspringcares.org
wellspringcares.org

Hours: Mon-Thurs 9:00 am-6:00 pm and Fridays- 8:00 am-5:00 pm
Wellspring is committed to helping survivors of relationship abuse (domestic violence) and sexual assault. This organization provides basic shelter and crisis services. In addition, has a vision of ending relationship and sexual abuse in the community. The 24/7 hotline is free, confidential, and can be reached at 518-584-8188.

Helpline M-F 10:00 am-10:00 pm
800-950-6264
OR Text "helpline" 62640

ABUSE AND NEGLECT- NURSING HOME

Long Term Care Ombudsman
Catholic Charities Senior Caregiver and Support Services

1462 Erie Blvd. 2nd Floor
Schenectady, NY 12305
518-372- 5667

ccseniorservices.org

Hours: Mon-Fri 8:30 am-4:00 pm
This program trains and certifies volunteers to act as advocates for the residents of long-term care facilities (including nursing homes and adult homes) in resolving complaints and securing their right to quality care.

ADULT AND FAMILY-TYPE HOMES

Tubbs Family Type Home for Adults

103 Mechanic St.
Corinth, NY 12822
886-477-3715

ADVOCACY

In Our Own Voices-LGBT & People of Color

245 Lark St.
Albany, NY 12210
518-432-4188
inourownvoices.org

Independent Living Center of the Hudson Valley (ILCHV)

Hudson Office

802 Columbia St.
Hudson, NY 12534
518-828-4886

Troy Office

15-17 Third St.
Troy, NY 12180
518-274-0701

Lambda Legal National Headquarters Transgender Rights

120 Wall St., 19th Floor
New York, New York 10005
212-809-8585
lambdalegal.org

LGBT Aging Center - National Headquarters/National Resource Center on LGBT Aging c/o SAGE

305 7th Ave., 6th Floor
New York, New York 10001
212-741-2247
Hotline-877-360-5428
lgbtagingcenter.org

Service/Advocacy for LGBT Elders (older adults)

4303 Wilson Blvd. Suite 300
Arlington, VA 22203
800-950-NAMI (6264)
703-524-7600
sageusa.org

NAMI - National Alliance for the Mentally Ill

nami.org

NIMH - National Institute of Mental Health

6001 Executive Blvd. Rm. 6200,
MSC 9663
Bethesda, MD 20892-9663
866-615-NIMH (6464)
nimh.nih.gov

National Center for Transgender Equality

1032 15th St. NW Suite 199
Washington D.C. 20005
202-642-4542
transequality.org

Pride Center of the Capital Region

332 Hudson Ave.
Albany, NY 12210
518-462-6138
capitalpridecenter.org

New York State Wide Senior Action Council, Inc.

275 State St.
Albany, NY 12210
518-436-1006 or
800-333-4374
info@nysenior.org

Southern Adirondack Independent Living Center (SAIL)

3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org

Hours: Mon-Fri 8:00 am-4:00 pm

The center aids individuals with disabilities, family members, and other interested parties concerning accessing and continuing SSI, SSDI, Survivor's Benefits, DAC Benefits, NYS Disability, Worker's Compensation, VA Benefits, and Public Assistance. Benefits advisement includes counseling and

training concerning work incentive programs and legislation (Medicaid Buy-In Program, 1619B Provision, IRWE's etc.) that allows individuals with disabilities to work. Voicemail available.

Wellspring

2816 US-9
Malta, NY 12020
518-583-0280
24-Hour: 518-584-8188
wellspringcares.org

Hours: Mon-Thurs 9:00 am- 6:00 pm
Fridays 8:00 am-5:00 pm
Wellsprings offers domestic violence and sexual assault services. Emergency shelters, 24-hour hotline, live chat. counseling, and case management is provided.

ALCOHOL & SUBSTANCE ABUSE

Conifer Park

79 Glenridge Rd.
Glenville, NY 12302
1-800-989-6446 or
518-691-9211
coniferpark.com

Conifer Park focuses on applying the best practice standards to each of their individualized specialty programs. Conifer Park offers specialty programs such as inpatient and outpatient rehabilitation.

Healing Springs Recovery Community and Outreach Center

125 High Rock Ave.
Saratoga Springs, NY 12866
518-306-3048
Email: info@SARArecovery.org
SARArecovery.org

New York State Office of Addiction Services and Supports

24/7 HOPEline: 1-877-846-7369

Text: 467369

oasas.ny.gov

New York State Office of Addiction Services and Supports has launched the 'Connections' campaign to socially support individuals with their fight against addiction. New York State Office of Addiction Services and Supports provides resources, guidance, and support for individuals, families, and providers. Addiction prevention, treatment, and recovery services are still available remotely via phone/video or from a safe distance in person amid the COVID-19 pandemic.

Saratoga County Department of Mental Health and Addiction Services

135 South Broadway
Saratoga Springs, NY 12866
518-584-9030

saratogacountyny.gov/departments/mental-health-center/

The mission of Saratoga County Department of Mental Health & Addiction Services is to provide outpatient mental health and alcohol/drug treatment services that are accessible and responsive to the needs of persons suffering from mental illness and/or alcohol/drug problems, their families, and the community. For Personalized Recovery Oriented Service call 518-885-4521. For Saratoga County Alcohol & Substance Abuse Services, call 518-587-8800.

St. Peter's Addiction Recovery Center (SPARC)

125 High Rock Ave.
Saratoga Springs, NY 12866
518-885-6884

sphcs.org/addictionrecoverysparc

St. Peter's Addiction Recovery Center (SPARC) provides comprehensive resources for individuals and families impacted by substance abuse disorder. They offer hope, awareness, advocacy, education, and pathways for those who seek support, relief, and recovery through outpatient treatment programs.

ASSISTED LIVING

albanyguardiansociety.org/

Peregrine Senior Living

(Different Locations Provided Below)

peregrineseniorliving.com

Crossgate

140 Washington Ave. Ext.
Albany, NY 12203
518-869-0211

Delmar Place

467 Delaware Ave
Delmar, NY 12054
518-434-4663

Guilderland

300 Mill Rose Ct.
Slingerlands, NY 12159
518-218-0506

Shaker

345 Northern Blvd.
Albany, NY 12204
518-465-4444

Clifton Park

1 Emma Lane
Clifton Park, NY 12065
518-371-2200

Colonie

5 South Family Dr.
Colonie, NY 12205
518-456-4500

Eddy

(Different Locations Provided Below)

eddyseniorliving.com

Eddy Memory Care at Eddy Hawthorn Ridge

32 Community Way
East Greenbush, NY 12061
518-280-8345
877-748-3339

The Terrace at Eddy Memorial

2256 Burdett Ave
Troy, NY 12180
518-280-8345
877-748-3339

Home of the Good Shepherd

homeofthegoodshepherd.com

26 Rock Rose Way
Malta, NY 12020
518-581-2800

Home of the Good Shepherd (cont)

390 Church St.
Saratoga Springs, NY 12866
518-584-3317

**400 Church St.
Saratoga Springs, NY 12866
518-450-7360**

**198 Bluebird Rd.
South Glens Falls, NY 12803
518-792-1000**

**60 Waller Rd.
Wilton NY 12831
518-580-0702**

Promenade at University Place

**1228 Western Ave.
Albany, NY 12203
promenadesenior.com**

Woodlawn Commons

**156 Lawrence St.
Saratoga Springs, NY 12866
518-691-1563
thewesleycommunity.org**

BENEFITS

**American Association for Retired
Persons (AARP), Albany Chapter**

**1 Commerce Plaza Suite 706
Albany, NY 12260
518-434-4194 (Legislative Office)
or 866-227-7442
local.aarp.org/albany-ny/**

National Grid

**300 Erie Blvd. West
Syracuse, NY 13202**

Customer Service:

**800-642-4272
(hours till 7 pm)**

Payment Arrangements:

800-443-1837

Advocacy:

718-643-4050

ngrid.com

Hours: Mon-Fri 7:00 am-9:00pm

Saturdays 7:00 am-5:00 pm

National Grid provides Budget Plan,
Direct Pay Plan, Online Bill Pay,
Extended Due Date, Third Party
Notification, Large Print/Braille/Voice
Bill, TDD-TYY Access, Language Line,
Deferred payment, Low Income
Customer Assistance/ Affordability.

**Saratoga County Department of
Social Services**

**152 West High St.
Ballston Spa, NY 12020**

www.saratogacountyny.gov

Hours: Mon-Fri 8:00 am-4:00 pm

Managed Care

518-884-4153

Medicaid

518-884-4148

Medicaid provides medical coverage
for all ages that have insufficient
income and/or resources to meet the
cost of necessary medical care as
determined by state standards.

SNAP (Formally Food Stamps)

518-884-4155 or

518-587-3030

Issue a benefit card with a monthly allotment for food purchase to those who meet income eligibility guidelines.

Temporary Assistance & Delivery Assistance

518-884-4144

Temporary assistance provides financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria.

Home Energy Assistance Program

518-884-4146 or

518-884-4111

HEAP will provide energy assistance to families with low incomes by issuing regular and emergency grants to fuel dealers for heating and utility related costs.

New York State Electric and Gas Power Partner Program

800-572-1111

New York State Electric and Gas Power Partner Program provides energy services including water heater replacement, weatherization, health and safety measures, and also refrigerator replacement.

Social Security Administration

socialsecurity.gov

Schenectady County

1 Broadway Center

8th Floor, Ste. 801

Schenectady, NY 12305

866-964-1296 or

866-964-0018

TTY 382-9489

Glens Falls Office

17 Cronin Rd, Suite 1

Queensbury, NY 12804

877-405-4875

TTY 745-5719

Independent Living Center of the Hudson Valley (ILCHV)

Hudson Office

802 Columbia St.

Hudson, NY 12534

518-828-4886

Troy Office

15-17 Third St.

Troy, NY 12180

518-274-0701

Southern Adirondack Independent Living Center (SAIL)

3065 NY-50

Saratoga Springs, NY 12866

518-584-8202

sailhelps.org

Hours: Mon-Fri 8:00 am-4:00 pm

The center aids individuals with disabilities, family members, and other interested parties concerning accessing and continuing SSI, SSDI,

Survivor's Benefits, DAC Benefits, NYS Disability, Worker's Compensation, VA Benefits, and Public Assistance. Benefits advisement includes counseling and training concerning work incentive programs and legislation (Medicaid Buy-In Program, 1619B Provision, IRWE's etc.) that allows individuals with disabilities to work. Voicemail available.

Veterans Affairs Division
New York State
Saratoga County Office Building
2144 Doubleday Ave.
Ballston Spa, NY 12020
518-884-4115
saratogacountyny.gov

Hours: Mon-Fri 9:00 am – 5:00 pm
Counseling to veterans, dependents, and surviving spouses on service benefits, application processes, problem solving, and representation with Veterans Administration. Assists in applying for federal and state benefits such as pensions, compensations, blind annuities educational services, and burial benefits. Eligibility: Veterans and dependents.

CANCER SERVICES

American Cancer Society

1-800-227-2345

cancer.org

Services include Road to Recovery, Reach to Recovery, Interactive Online Classes, Help with Lodging, Information and Resources, Look Good Feel Better, Cancer Survivors and Caregivers Cancer Survivors Network.

To Life!

410 Kenwood Ave.

Delmar, NY 12054

518-439-5975

tolife.org

The Capital Region's Personal Source for Breast Cancer Education & Support. Offers Education Forums, Women's Health, Breast Health Workshops, Wellness from Within, Support Groups, Cancer Mentoring, Resource Library, Volunteer Opportunities.

CASE MANAGEMENT/ COUNSELING

Catholic Charities of Saratoga, Warren and Washington Counties

**142 Regent St.
Saratoga Springs, NY 12866
518-587-5000
518-793-6212
ccrcda.org**

Hours: Mon-Fri 9:00 am–5:00 pm
Catholic Charities provides counseling and advocacy services to individuals and families including assessments, benefit reviews, application assistance and general case management activities.

CHOICES-St. Peter's Hospital

**St. Peter's Health Partners
315 South Manning Blvd
Albany NY 12208
518-525-1364
sphp.com/cc**

Provide comprehensive assessment for older adults, development of a care plan, and care management by Elder Care Consultants. Care coordination, transition, crisis intervention, consultations and standby support.

Elder Care Program of the Mechanicville Area Community Center

**6 South Main St.
Mechanicville, NY 12118
518-664-8322 x1011**

Hours: Mon-Fri 8:30 am–4:00 pm
Provides advocacy for the elderly.

Independent Living Center of the Hudson Valley (ILCHV)

**Hudson Office
802 Columbia St.
Hudson, NY 12534
518-828-4886**

**Troy Office
15-17 Third St.
Troy, NY 12180
518-274-0701**

KEE to Independent Growth Inc.

**PO Box 243
Ballston Spa, NY 12020
518-309-3557**

Case Management/Service Coordination

Saratoga County Alcohol and Substance Abuse Services

**135 South Broadway
Saratoga Springs, NY 12866
518-584-9030**

Hours: Mon – Fri 8:30 am–5:00 pm
Information and referral, evaluation, individual and group counseling and intervention. 24-hour on call is available.

Saratoga County Department of Aging and Youth Services

**152 West High St.
Ballston Spa, NY 12020
518-884-4100**

saratogacountyny.gov

Hours: Mon-Fri 9:00 am-5:00 pm

Saratoga County Mental Health Center

**135 South Broadway
Saratoga Springs, NY 12866
518-584-9030
24-hour emergency**

Senior Hope Counseling, Inc.

**650 Warren St.
Albany, NY 12208
518-489-7777
seniorhope.org**

Hours: Mon-Fri 9:00 am–5:00 pm
Evaluation and assessment services, individual case management, relapse prevention groups, individual and family chemical dependence counseling, depression, anxiety, and stress management counsel.

Seton Addiction Services

**1300 Massachusetts Ave.
Troy, NY 12180
518-268-5542
sphp.com**

Seton offers inpatient treatment for substance abuse, detoxification and rehabilitation.

Southern Adirondack Independent Living Center (SAIL)

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org**

Hours: Mon-Fri 8:00 am–4:00 pm

Case Management/Service

Coordination: The center provides short-term case management and service coordination services, as well as

linkage and referral to other service systems (DOH, OMRDD, OMH, SOFA, etc). Center staff will assist with eligibility determinations and gathering documentation to access funded case management and service coordination services. If requested, center staff will continue to work with individuals with disabilities as advocates once they are enrolled in funded services.

Counseling: The center provides counseling, teaching, facilitates information giving and sharing for individuals with disabilities, family members and other interested parties on both an individual and a group basis.

Trinity Eldercare

**19 Wayne Court
Queensbury, NY 12804
518-798-4742 or
518-796-0603
trinityeldercare.com**

Provides comprehensive assessment, coordination and management of services, determining affordability of services and accessing resources. Assists with Medicaid insurance information and applications. Provide options and alternatives for home-based care. Assistance with nursing home applications. Senior Driving Solutions-provides self-assessment tools for older drivers.

CHURCH- RELATED ASSISTANCE

Assumption St. Paul's

**52 William St.
Mechanicville, NY 12118**

Christ Episcopal Church

**15 West High St.
Ballston Spa, NY 12020
518-885-1031
christepiscopalballstonspa.com**

The church offers a food pantry that is open 10:00 am–12:00 pm on Mon, Wed, Thurs, and Fri Emergency food supplies available on Wednesday from 5:00 pm–7:00 pm.

Corinth First Presbyterian Church

**199 Palmer Ave.
Corinth, NY 12822
518-654-9432 or
518-615-9564
corinthfirstpres.org**

Share the warmth fund emergency/ emergency fuel. Call the church for information. Community Churches Food Pantry is at Theatre Guild on Fourth St, Corinth, Tues 2:00 pm-5:00 pm, Wed 6:00 pm-8:00 pm, Thurs 9:00 am-12:00 pm, and Fri 2:00-5:00 pm.

The Corinth YMCA

**119 Gabriel Rd
Corinth NY
518-583-9697 x191
srymca.org**

An Alzheimer's Caregivers Support Group meets on the 2nd and 4th Wednesdays at 2:00 pm-3:00 pm

First Baptist Church

**202 Milton Ave.
Ballston Spa, NY 12020
518-885-8361
bspabaptist.org**

The church operates a food pantry 1st and 3rd Tues 9:00 am-11:00 am and Thurs 4:30 pm–6:00 pm.

Shenendehowa United Methodist Church

**971 Route 146
Clifton Park, NY 12065
518-371-7964
shenumc.org**

The church offers a free community dinner once a month; usually the last Tuesday of the month, however, please note schedule may change due to the holiday season. Please review our schedule on our website.

Soul Saving Station Church

**PO Box 104, 62 Henry St.
Saratoga Springs, NY 12866
518-584-3122
soulsavingstationchurch.com**

The church provides spiritual counseling, religious services, family contacts & referrals.

**South Glens Falls United
Methodist Church**

**15 Maplewood Parkway
South Glens Falls, NY 12803
518-793-1152**

umc.org

Services offered include prayer,
counseling and support.
Mon–Fri 8:30 am–12:30 pm
Wed–grief share and Sunday
morning services start at 10:00 am.

**St. Edward the Confessor Catholic
Church**

**569 Clifton Park Center Rd.
Clifton Park, NY 12065
518-371-7372**

stedwardsny.org

The church programs include a
parish nurse program, friendly
visitors, and bereavement
committee.

St. George’s Episcopal Church

**912 Route 146
Clifton Park, NY 12065
518-371-6351**

st.georgescp.org

Services include: Diabetic’s support
group on the 1st Friday of the month
at 12:30 pm Alzheimer’s support
group on the 2nd and 4th Wednesday
of the month from 1:00 pm-2:00 pm.

St. Peter’s Catholic Church

**241 Broadway
Saratoga Springs, NY 12866
518-584-2375 Church
518-306-5243 Outreach**

stpetersaratoga.com

The church offers a variety of
information programs. Outreach
program Mon, Wed, Fri from 9:00
am-12:00 pm

CREDIT COUNSELING

**Independent Living Center of the
Hudson Valley (ILCHV)**

Hudson Office

**802 Columbia St.
Hudson, NY 12534
518-828-4886**

Troy Office

**15-17 Third St.
Troy, NY 12180
518-274-0701**

**Southern Adirondack Independent
Living Center (SAIL)**

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202**

sailhelps.org

Hours: Mon-Fri 8:00 am–4:00 pm
Direct training and instruction to
individuals with disabilities, family
members and other interested
parties to develop independent living
skills in the areas of budgeting,
financial management, household
management, along with legal aid.

DAY CARE, ADULT

New Journeys Structured Adult Day Program

**100 Saratoga Village, Suite 8
Malta, NY 12020
518-309-3557**

keetoindependentgrowth.com/

Hours: Mon-Fri 8:00 am-5:00 pm

A non-threatening home environment offering companionship, stimulating activities, and nutritious lunches/ snacks. Experienced staff gives personal attention and care for family members at an affordable rate.

DENTAL SERVICES

Albany Dental Clinic

**900 Lark Dr.
Albany, NY 12207
518-465-6330**

wmyhealth.org

Hometown Health Centers

**1044 State St.
Schenectady, NY 12307
518-370-1441**

Hudson Valley Community College Dental Hygiene Clinic

**Fitzgibbons Health Tech
Center
80 Vandenberg Ave.,
Room 127
Troy, NY 12180-6096
518-629-7400
Fax: 518-629-8111**

Low fee dental cleanings and x-ray. Hudson Valley Community College is committed to providing the best patient-centered treatment possible, while providing the students with an excellent learning experience. Free cleanings for seniors are available and low-cost x-rays. The program operates September-April by appointment only.

Saratoga Community Health Center

**24 Hamilton St.
Saratoga Springs, NY 12866
518-886-5600**

Hours: Mon-Fri 8:00 am-4:30 pm

DISABLED ADVOCACY AND SERVICES

The following agencies provide support programs and services to individuals with disabilities including intervention, rehabilitation, day programs, and various support groups. Contact the agencies for information and hours of operation.

AIM Services Inc.

**148 Rowland Street
Ballston Spa, NY 12020
518-885-4037**

aimservicesinc.org

Catholic Charities Disabilities Service

**1 Park Place, Suite 200
Albany, NY 12205
518-783-1111**

ccdservices.org

Center for Disability Services
314 South Manning Blvd.
Albany, NY 12208
518-437-5700
cfdsnny.org

**Prospect Child & Family Care
Tri-Counties**

133 Aviation Rd.
Queensbury, NY 12804
518-798-0170
Fax: 518 798-0533
prospectcenter.com

Saratoga Bridges

16 Saratoga Bridges Blvd.
Ballston Spa, NY 12020
518-587-0723
saratogabridges.org

Saratoga Bridges (formerly Saratoga ARC) provides a wide variety of service to persons with intellectual disabilities. Services include residential services, service coordination, day services, clinical services, community habilitation, respite, transportation, family support, guardianship supports and employment contacts.

**Independent Living Center of the
Hudson Valley (ILCHV)**

Hudson Office

802 Columbia St.
Hudson, NY 12534
518-828-4886

Troy Office

15-17 Third St.
Troy, NY 12180
518-274-0701

**Southern Adirondack Independent
Living (SAIL)**

3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org

Hours: Mon-Fri 8:00 am–4:00 pm

**New York State Justice Center for
Protections of People with Special
Needs**

161 Delaware Ave.
Delmar, NY 12054-1310
518-549-0513 or
800-624-4143
justicecenter.ny.gov

Hours: Mon-Fri 9:00 am–5:00 pm

ACCES-VR

NYS Ed Dept.
80 Wolf Rd., 2nd Fl, Suite 200
Albany, NY 12205
518-473-8097
www.acces.nysed.gov/vr

Hours: Mon-Fri 8:30 am-5:00 pm
ACCES-VR promotes educational equity and excellence for students with disabilities while ensuring that they receive the rights and protection to which they are entitled; assures appropriate continuity between the child and adult services systems; and provides the highest quality vocational rehabilitation and independent living services to all eligible persons as quickly as those services are required to enable them to work and live independent, self-directed lives.

Wildwood Programs

1190 Troy Schenectady Rd.

Latham, NY 12110

518-640-3300

wildwoodprograms.org

Working with families and community to empower and enable children and adults with autism, neurological learning disabilities, and other developmental disorders to lead independent, productive and fulfilling lives.

DURABLE MEDICAL EQUIPMENT

Not all DME is covered by Medicare. Medicare Part B (Medical Insurance) covers medically necessary durable medical equipment (DME) coverage if your doctor prescribes it for use in your home. If your supplier accepts assignments you pay 20% of the Medicare- Approved Amount, and the Part B deductible applies. Medicare pays for different kinds of DME in different ways. Depending on the type of equipment, you may need to rent, buy, or you may be able to choose whether to rent or buy the equipment.

**Medicare will only cover your DME if your doctors and DME suppliers are enrolled in Medicare. **

Check with local Senior Centers

Coram CVS Specialty Infusion Services

12 Jupiter Lane

Albany, NY 12205

Direct: 518-689-2900

800-289-1515

coramhc.com

Lincare

lincare.com

4 Airport Park Blvd.

Latham, NY 12110

518-782-7770

313 Usher Road, Suite 31

Ballston Lake, NY 12019

518-782-7770

Hours: Mon-Fri 8:30 am–5:00 pm

Services include oxygen and respiratory care equipment/services, hospital beds, and wheelchairs.

Northeast Mobility Center & Supply Solutions

115 Everett Rd

Albany, NY 12205

518-438-3646

nemobility@fairpoint.net

nemobility.com

Hours: Mon-Fri 9:00 am-5:00 pm and Saturday 9:00 am-1:00 pm

The Northeast Mobility Center provides durable medical equipment such as but not limited to: transfer aids, bathroom safety products, manual wheelchairs, nebulizers etc.

NYS Justice Center for Protection of People with Special Needs

**161 Delaware Ave.
Delmar, NY 12054
518-549-0200 or
800-624-4143
justicecenter.ny.gov**

Hours: Mon-Fri 9:00 am–5:00 pm
Administers the TRAIID-IN program where used devices are matched with individuals needing them. They are either sold or donated with all negotiations taking place between the matched parties. This service is statewide and free.

Pharmacies: Contact your local pharmacy for more information on durable medical equipment.

**CVS Pharmacy
Rite Aid Pharmacy
Kinney Drugs
Stones Pharmacy Inc.
Marras Pharm Inc.**

Prime Care Medical Equipment

**16 Walker Way
Albany, NY 12205
518-456-6192
primecaremedequip.com**

Ramps, stair lifts, ceiling lifts, lift chairs, electric door openers, handicapped accessible showers, bathroom modifications, wheelchairs, scooters, durable medical equipment and oxygen.

ProcAir, Inc.

**4 Northway Lane
Latham, NY 12110
518-664-6654
medicalseviceco.com**

Services include: Medical Equipment, respiratory equipment, oxygen, hospital beds, wheelchairs, walkers, canes and specialty beds.

The Albany Lift Company

**747 Pierce Rd.
Clifton Park, NY 12065
518-393-2274
thealbanyliftcompany.com**

Hours: Mon-Fri 8:00 am–4:00 pm and Saturday 9:00 am–2:00 pm

Southern Adirondack Independent Living Center (SAIL)

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org**

Hours: Mon-Fri 8:00 am–4:00 pm
Free loan of durable medical equipment and assistive devices (hospital beds, wheelchairs, walkers, commodes, shower benches/chairs, walkers, standing frames, crutches, canes, etc.) based upon individual need for 30 days or more. The center aids with obtaining devices and equipment from other sources. The center provides assessment for adaptive computer hardware and software and training to use specialized programs as needed.

Independent Living Center of the Hudson Valley (ILCHV)

Hudson Office

802 Columbia St.
Hudson, NY 12534
518-828-4886

Troy Office

15-17 Third St.
Troy, NY 12180
518-274-0701

**24 HOUR EMERGENCY
RESPONSE**

Eddy Health Alert

518-833-1040

Glens Falls Hospital Medical Alert Service

One Belmont Avenue
Bama Cynwyd, PA 19004
Director: Melanie
347-714-4642

LifeFone

16 Yellowstone Ave.
White Plains, NY 10607
877-374-4275

CST/Link to Life

137 North Street
Suite 209A
Pittsfield, MA 01201
888-557-4462

Medicare, Medicaid, Long-term Care

844-614-8800 TTY: 711
icannys.org/aboutican/what-we-do/

Project Lifesaver

772-446-1271
<https://projectlifesaver.org/>

St. Peters Lifeline – Eddy Health Alert

518-833-1040

****For EMERGENCY Dial 9-1-1****

EMERGENCY SHELTERS

Direct Salvation Army

PO Box 652
27 Woodlawn Ave.
Saratoga Springs, NY 12866
518-584-1640
easternUSA.salvationarmy.org

Hours: Mon-Fri 7:30 am–3:00 pm
Emergency assistance with food.
Serve hot breakfast Mon-Thurs
8:00 am-9:00 am Group programs
are also offered.

Saratoga County Rural Preservation Company- The Vet House (Male Veterans)

36 Church Ave.
Ballston Spa, NY 12020
518-885-0673
vchcny.org

Hours: Mon-Fri 8:00 am–4:00 pm
This agency is a transitional facility
for homeless male veterans. Services

include help with permanent housing for veterans and their families, rental assistance programs and mortgage assistance for affordable home ownership.

Saratoga County Rural Preservation Company- Guardian House (Female Veterans)

**1214 Saratoga Rd.
Ballston Spa, NY 12020
518-885-0091
vchcnny.org**

Hours: 8:00 am–4:00 pm
This agency is a transitional facility for homeless female veterans. Services include help with permanent housing for veterans and their families, rental assistance programs and mortgage assistance for affordable home ownership.

Shelters of Saratoga, Inc.
**14 Walworth St.
Saratoga Springs, NY 12866
518-581-1097
sheltersofsaratoga.org**

Hours are 24 hours per day, 365 days per year. Services include emergency housing, case management, referrals, advocacy, and placement services.

FOOD PANTRIES

Captain CHS

**5 Municipal Plaza
Clifton Park, NY 12065
518-371-1185
captaincares.org**

Hours: Mon, Tues, Thurs 10:00 am–3:00 pm
Captain CHS is open for the distribution of food by appointment. To get food, you must call to schedule an appointment. Then, you will receive a time when you can come pick up your food. For first time pick up, you will need to complete an over the phone intake, then fill out an application which will take place in-person.

Christ's Cupboard Food Pantry

**202 Milton Ave.
Ballston Spa, NY 12020
518-885-8361
bspabaptist.org/our-mission-field/food-pantry/**

Hours: The 1st and 3rd Tuesday of each month from 9:00 am–11:00 am and Thurs from 4:30 pm– 6:00 pm
Christ's Cupboard Food Pantry is open to *Saratoga County Residents only*. No appointment is needed and pantry operates at the given days and hours listed above.

Christ Episcopal Church

**15 W High St.
Ballston Spa, NY 12020
518-885-1031**

Hours: Mon 12:30 pm–5:00 pm
Tues 9:00 am–12:00 pm Wed 9:00
pm–4:00 pm but closed 1:00-12:30,
and Fri 12:30 pm 4:00 pm
Christ Episcopal Church is open to
the public. It is required that you
bring your license to the food pantry
to be able to shop for items.

Corinth Community Cupboard

**6 Fourth Street
Corinth, NY 12822
518-615-9564**
regionalfoodbank.net/agencies/corinth-community-cupboard/

*No appointment necessary. Just
park on street in front & go to door.
Tues 2:00 pm–5:00 pm, Wed 6:00 pm
– 8:00 pm, Thur. 9:00 am – 12:00 pm,
& Friday 2:00 pm – 5:00 pm

ECHO Food Pantry

**771 Route 29
Rock City Falls, NY 12863
518-584-8550**

Hours: Tuesday 9:00 am – 11:30 am
ECHO Food Pantry is open to the
public and shopping is limited to
twice a month.

**Faith's Food Pantry @ Grace
Episcopal Church**

**34 Third Street
Waterford, NY 12188
518-237-7370**
town.waterford.ny.us

Hours: Friday 10:00 am – 12:00 pm
by appointment, Call leave name and
number. Show up at appointed time
and food will be on the porch just
ring doorbell. *Waterford Residents
Only.*

First Baptist Church

**11 Glenridge Road
Rexford, NY 12148
518-399-2220**
faithcrossroads.org/

Hours: Friday 9:00 am – 12:00 pm
No appointment necessary, just show
up and fill out a form located on
church door. *Available to all Saratoga
County Residents*

Franklin Community Center

**10 Franklin St.
Saratoga Springs, NY 12866
518-587-9826 Ext. 1**
[franklincommunitycenter.org/
programs/food-pantry/](http://franklincommunitycenter.org/programs/food-pantry/)

Hours: Mon-Thurs 9:00 am – 3:30 pm
The Franklin Community Center is
open for appointment based, free
grocery pick up, but no personal
shopping.
To make an appointment for grocery
pick up, call 518-587-9826 and press
option 1.

**Greenfield Community Center
Food Pantry**

**25 Wilton Road
Greenfield Center, NY 12833
518-893-7074**

regionalfoodbank.net/agencies/greenfield-center-food-pantry/

Hours: Wed 1:30 pm - 3:30 pm
Greenfield residents Only.

**Greater Galway Community
Services- Food Pantry**

**2167 Galway Rd
Galway, NY 12074
518-882-1316**

Hours: Thursdays 10:00 am – 7:00 pm
Open to the public.

**The Raven House- Food Pantry of
Harvest Church**

**303 Grooms Rd.
Clifton Park, NY 12065
518-628-3663**

soldoutforjesus.com/food-pantry/

Hours: Tues–Thurs 10:30 am–2:00 pm
The Food Pantry of Harvest Church is open to *lower Saratoga County residents for pick up*. Locations include Clifton Park, Halfmoon, Town of Waterford, Ballston Lake, Round Lake and Mechanicville. To receive an order, call 518-628-3663. Then they will give you a specific time or you are able to request a time for pickup. When you go to pick up your order, you can go to the front door to notify the staff then the staff will bring your items out to you.

**Lifeworks Community Action
Emergency Food**

**39 Bath St.
Ballston Spa, NY 12020
518-288-3206**

lifeworksaction.org

Hours: Tuesday – Friday Deliveries
Lifeworks Community Action’s food pantry is a market-inspired, choice pantry open to Saratoga County Residents in need. The Pantry is only doing deliveries due to COVID-19. There is no curbside or in person shopping.

Soup Kitchen

**24 Circular St.
Saratoga Springs, NY 12866
518-288-3206**

lifeworksaction.org

Hours: Mon-Sat 11:30 am – 1:00 pm
and Sunday 3:00 pm – 4:00 pm
Lifeworks Community Action Soup Kitchen is open to the public for sit down. They also offer to-go orders for those who don’t want to sit.

**Living Hope United Methodist
Church**

**126 Middletown Rd.
Waterford, NY 12188
518-235-6498**

livinghopeumc.org/food-pantry

Hours: Open 1st Thursday of every month from 5:30 pm – 7:00 pm by appointment for food pantry bags. Walk-ins every Friday 10:00 am – 11:30 am for fresh foods with no appointment needed.

Maxfield Community Food Pantry

89 Bay Road

Lake Luzerne, NY 12846

518-696-4979

facebook.com/Maxfieldcommunityfoodpantry/

Hours" Mon & Wed 1:00 pm – 4:00 pm, Tues 6:00 pm – 8:00 pm, Thurs & Fri 9:00 am – 12:00 pm

Mechanicville Community Center-Food Pantry

6 South Main St.

Mechanicville, NY 12118

518-664-8322 ext. 1012

mechanicvilleacsc.org/food-programs/#food-pantry

Hours: Thursdays 11:00 am – 1:00 pm
The Mechanicville Community Center Food Pantry is operating on a call-in basis, before Thursday each week. Please call 518-664-8322 ext. 1012, leave your name and phone number and they will call you back with a pick up time on Thursday.

Moreau Community Center

144 Main Street

South Glens Falls, NY 12803

518-792-6007

moreaucommunitycenter.org/services/

Hours: Mon – Fri 9:00 am - 2:30 pm
No appointment necessary, but calling encouraged
Bring ID and piece of mail from SGF school district. *South Glens Falls school district Only.*

Pine Knolls Food Pantry @ Pine Knolls Alliance Church

614 Gansevoort Road

South Glens Falls, NY 12803

518-793-7101

regionalfoodbank.net/agencies/pine-knolls-alliance-church-food-pantry/

Hours: Sat. 9:00 am- 10:30 am
No appointment necessary, just show up with ID. Open to all counties.

Salvation Army

27 Woodlawn Ave.

Saratoga Springs, NY 12866

518-584-1640

Hours: Mon, Wed, Fri, 9:00am–11:00 am
Times and Dates are subject to change. The Salvation Army is open for in-person, walk-ins with no appointment required.

Schuylerville Area Food Emergency Relief (S.A.F.E.R)

12 Spring Street

Schuylerville, NY 12871

518-507-6043

townofsaratoga.com/SAFER%20Food%20Pantry.pdf

Hours: Mon & Fri, 9:00 am–12:00 pm
No appointment necessary, walk in

**Shenendehowa Helping Hands
Food Pantry @ Jonesville United
Methodist Church**

**963 Main St.
Clifton Park, NY 12065**

Hours: Friday 9:00 am – 12:00 pm
Shenendehowa Helping Hands Food Pantry is open to those living within the Shen, Burnt Hills, and Ballston Lake school district. Open for personal shopping and taking orders for perishable foods.

St. Clement's Food Pantry

**231 Lake Ave.
Saratoga Springs, NY 12866
518-584-6122**

Hours: Tues & Wed, 9:00am–12:00 pm
Walk in /Pre-Packed bags &
Computer online orders *Available to
all Saratoga County residents.*

**St. Mary's/St. Vincent DePaul
Society Food Pantry**

**119 Broad Street
Waterford, NY 12188
518-237-3131**

stmaryswaterford.org/Site/?page_id=353

Hours: Tuesday 9:00 am - 11:30 am
Appointment only, call to set up
appointment. *Waterford Residents
Only.*

**St. Paul's Evangelical Lutheran
Church**

**149 Lake Ave.
Saratoga Springs, NY 12866
518-584-0904**

spalutheran.org/food-pantry

Hours: Wednesday 4:30 pm–6:00 pm
St. Paul's Evangelical Lutheran Church is open for in-person personal shopping. There is no limitation on where you live, everyone is welcome.

Stillwater Food Pantry

**747 Hudson Ave.
Stillwater, NY 12170
518-664-1231**

stillwaterfoodpantry.com/

Hours: Mon and Wed 10:00am–
12:00pm and Wed 5:00pm–7:00 pm
The Stillwater Food Pantry is operating on a drive-up/pick up style distribution. There is no personal shopping at this time. Anyone who is in need is welcome.

United Methodist Church

**101 Milton Ave.
Ballston Spa, NY 12020
518-885-6886**

ballstonspaumchurch.org/food-pantry.html

Hours: Wednesday 9:30am –12:00pm
The United Methodist Church is open to *Saratoga County residents Only.* Its mission is to provide food to needy individuals and families in the community. Food is acquired through grants, as well as donations.

Wilton Food Pantry

155 Ballard Rd.

Wilton, NY 12831

wiltonfoodpantry.org/

Hours: Wed 6:00 pm – 8:00 pm and Sat. 10:30 am – 12:00 pm

The Wilton Food Pantry is open to the public and are we taking all necessary measures to protect the health and safety of our patrons, volunteers, and employees. Patrons are required to submit our online [Food Pantry Order Request Form](#).

Submit your order form on the day you plan to pick up your order, and your order will be delivered to your vehicle in the parking lot outside of the Wilton Food Pantry.

FOOD SERVICE AND NUTRITION

Cornell Cooperative Extension of Saratoga County

50 West High Street

Ballston Spa, NY 12020

518-885-8995

saratoga@cornell.edu

Hours: Mon-Fri 8:00 am – 5:00 pm
Provides nutrition and food programs to help Saratoga County residents to achieve and maintain a healthy weight, promote health, and prevent disease through workshops on healthy eating and cooking. Programs such as Strong Women Healthy Hearts and Dining with Diabetes strive to reduce the incidence of heart disease and diabetes.

Saratoga County Department of Aging and Youth Services

152 West High St.

Ballston Spa, NY 12020

518-363-4020

www.saratogacountyny.gov

Hours: Mon-Fri 9:00 am – 5:00 pm
The Home Delivered Meal Program offers a nutritious meal that is delivered to home-bound seniors throughout Saratoga County. There is a suggested contribution of \$2.00 per meal. Saratoga Department of Aging and Youth Services also has a list and numbers for congregate meal sites and food pantries.

SNAP (Formally Food Stamps)

152 West High St.

Ballston Spa, NY 12020

518-884-4155 or

518-587-3030

www.saratogacountyny.gov

Hours: Mon-Fri 8:00 am – 4:00 pm
Issue a benefit card with a monthly allotment for food purchase to those who meet income eligibility guidelines.

HEALTH CARE INFORMATION AND ASSISTANCE

American Cancer Society of Capital NY Region

1 Penny Lane

Latham, NY 12210

518-220-6901 option 3 or

1-800-227-2345

www.cancer.org

Capital Region Diabetes and Endocrine Care

**63 Shaker Rd., Ste.201
Albany, NY 12204
518-471-3636**

sphpma.com

Hours: Mon–Thurs 8:00 am–4:30 pm
and Friday 8:00 am – 3:30 pm
Comprehensive education sessions including: Introduction and Monitoring, Nutrition, Living Healthy with Diabetes and Exercising your Mind and Body. The sessions are based on ADA standards and taught by certified diabetes educators, including nurse educators, and registered dietitians.

Community Hospice of Saratoga

**179 Lawrence St.
Saratoga Springs, NY 12866
518-581-0800**

communityhospice.org

Hospice provides care to seriously ill people and their families in the home setting, hospital, adult homes, and nursing facilities.

Elderly Pharmaceutical Insurance Coverage (EPIC)

**PO Box 15018
Albany, NY 12212
800-332-3742**

health.ny.gov

Hours: Mon-Fri 8:00 am – 5:00 pm
EPIC is a NYS Dept of Health Program designed to help NYS residents who are 65 and older cope with the high cost of prescription drugs.

Empire Home Infusion

**10 Blacksmith Drive
Ballston Spa, NY 12020
518-899-8103**

Epilepsy Foundation of NENY

**3 Washington Square
Albany, NY 12205
518-456-7501 or
800-894-3223**

epilepsy.com/northeastern/new/york

This service offers information and referral, education, as well as service coordination.

Hudson Valley Community College Dental Hygiene Clinic

518-629-7400

NE Health Diabetes Center

518-447-3500

Healthy Capital District Initiative (HCDI)

**175 Central Ave.
Albany, NY 12206
518-462-7040**

hcdiny.org

Helps low income residents with public health insurance needs. Free services and appointments can be scheduled at several available site locations. Home visits are available.

Northeastern Association of the Blind

**301 Washington Avenue
Albany, NY 12206
518-463-1211
naba-vision.org**

Hours: Mon-Fri 8:00 am – 4:00 pm
NABA provides vision rehabilitation services to help older adults remain active, independent as they experience vision loss. Programs and services include low vision exams, vision aids, vision rehabilitation therapy, vocational assistance, technology training, orientation and mobility and counseling. Services are free to the legally blind. Low vision education programs are available to groups, schools, professionals, senior centers and health care organizations.

Saratoga Community Health Center

**24 Hamilton St.
Saratoga Springs, NY 12866
518-886-5600
saratogacommunityhealthcenter.org**

Hours: Mon-Thurs 7:30 am-7:00 pm
Friday 7:30 am – 4:00 pm
Saratoga Community Health Center provides high quality, affordable routine medical care, including primary care, dental care, and mental health service to members of our community, regardless of their ability to pay. The Center has plenty of on-site parking and is easily accessible via public transportation.

Seton Health Incontinence and Wound Services

**147 Hoosick St., Suite E
Troy, NY 12180
518-471-3705
sphp.com**

Assessment and treatment of bladder control difficulties, healing of wounds and podiatry. Accepts Medicaid.

Simplifying Lives for a Cause, Inc.

**518-384-3878
lifemaidsimple.org**

A local non-profit organization dedicated to providing six free cleanings for cancer patients, or the parents of cancer patients undergoing treatment for cancer.

The Wound Healing Center @ Glens Falls Hospital

**102 Park St.
Glens Falls, NY 12801
518-926-1500
glensfallshospital.org**

Hours: 8:00 am – 4:30 pm
Offers a progressive approach to traditional wound healing. An individualized treatment plan is developed for each person.

YMCA of Saratoga County
srymca.org

***Saratoga Springs YMCA*
290 West Ave.
Saratoga Springs, NY 12866
518-583-9622**

Malta YMCA

**10 Medical Park Drive
Malta, NY 12020
518-583-9623**

Wilton YMCA

**20 Old Gick Road
Saratoga Springs, NY 12866
518-587-3000**

Clifton Park YMCA

**1 Wall Street
Clifton Park NY 12065
518-371-2139**

Hours: Mon-Fri 5:00 am – 9:00 pm,
Saturday 5:00 am-8:00 pm
Sunday 5:00 am – 8:00 pm
Services to promote development of
mind, body and spirit. Including
health and wellness, aquatics, child
care, art, camps, and community
programs.

**HEALTH INSURANCE,
CLAIMS, AND ASSISTANCE**

NY Medicaid Conflict Free

888-401-6582 Customer Services

855-222-8350 Evaluations

800-541-2831 Helpline

Hours: Mon-Fri 8:30 am – 8:00 pm
Saturday 10:00 am – 6:00 pm
The Conflict – Free Evaluation and
Enrollment Center is a program that
determines if you need Medicaid
community-based long-term care for at
least 120 days. Individuals may qualify
for managed long-term care, home care,
and other long-term care services.
Services provided from a Medicaid-
approved managed care plan.

**Medicare Interactive and Medicare
Rights**

800-333-4114
medicareinteractive.org

Medicare Rights

800-333-4114
medicarerights.org/

Patient Review Instrument (PRI)

**35 Colvin Ave.
Albany, NY 12206
518-489-2681**
[https://www.nyconnects.ny.gov
v/services/pri-patient-review-
instrument-400](https://www.nyconnects.ny.gov/services/pri-patient-review-instrument-400)

**Saratoga Department of Aging
and Youth Services**

**152 West High St.
Ballston Spa, NY 12020
518-884-4100**

The Health Insurance Information,
Counseling and Assistance Program
(HIICAP) has trained staff and
volunteers to answer questions and
provide confidential information and
counseling about Medicare A & B
and Part D prescription drug,
Medicare Supplemental Insurance,
Managed Care, Medicaid, QMB, EPIC,
and Long-Term Care Insurance
throughout Saratoga County. Call for
details including volunteer
opportunities.

**Saratoga Hospital Health
Insurance Navigation Program**

**59D Myrtle St.
Saratoga Springs, NY 12866
518-580-2021**

Hours: Mon-Fri 9:00 am – 4:00 pm
Offsite appointments on evening and weekends. Assistance with applications for Child Health Plus, Family Health Plus and Medicaid for people under the age of 65.

Trinity Eldercare

**19 Wayne Court
Queensbury, NY 12804
518-796-0603**

trinityeldercare.com

Long -Term Care Insurance information, education and underwriting.

**HEARING AND VISION
SUPPORT**

Lions Club

**3246 S Broadway
Saratoga Springs, NY 12866
518-212-7752**

saratogaspringslions@gmail.com
saratogaspringslions.com/contact/

**Northeastern Association of the
Blind at Albany (NABA)**

**301 Washington Ave.
Albany, NY 12206
518-463-1211**

contact@naba-vision.org
naba-vision.org/

The Hearing Center

**2 Country Club Road
Queensbury, NY 12804
518-926-20690**

glensfallshospital.org/services/outpatient-programs-and-services/hearing-center/

Hours: Mon-Thurs 7:00 am -6:00 pm
Friday 7:00 am-5:00 pm

Glens Falls Hospital has combined the region's largest team of hearing aid specialists and audiologists with the most technologically advanced diagnostic tools and hearing aids to provide unparalleled care to patients throughout the area.

HOME CARE

Accent Health Care Services

**820 5th Ave.
Troy, NY 12182
518-237-2700**

accenthealthcareservices.com

Adept Health Care Services

**406 Fulton St., Suite 503
Troy, NY 12180
518-271-1055**

adepthealthcare.com

Aligned Solutions

518-407-5285

All Metro Health Care

**350 Northern Blvd.
Suite 206
Albany, NY 12204
518-426-0283**

all-metro.com

Any Time Home Care, Inc.

**1272 Central Ave.
Albany, NY 12205
518-454-9433
anytimehomecare.com**

Attentive Care

**5 Computer Drive West
Albany, NY 12205-1617
518-438-6271
Staffing: 518-438-6182
attentiveservices.com**

Hours: Mon–Fri 8:30 am – 4:30 pm
Assistance with meal preparation, light housekeeping, medication reminders, transportation to appointments, respite and supervision for safety. Companions can work in the home, assisted living facility, nursing home or other residences from three to twenty-four hours per day.

Concepts of Health Care

**10 Deerfield Place
Ballston Spa, NY 12020
518-885-2020
conceptsofhealthcare.com**

Hours: Mon-Fri 8:00 am – 4:00 pm
Provides 24 hours, 7 days a week, live-in non-medical aide services. Shift-work available.

Eddy Home Care/ Eddy Visiting Nurse Association (EVNA) - Certified Home Health Agency

**sphp.com
433 River St. Suite 3000
Troy, NY 12180
518-274-6200**

Fort Hudson Homecare

**319 Broadway
Fort Edward, NY 12828
518-747-9019 or
518-747-2811
forthudson.com**

Companion care and licensed home health care.

CenterWell Home Health

**320 Ushers Rd.
Ballston Lake, NY 12019
518-899-1158
kindredhealthcare.com**

Greater Adirondack Home Aides

**25 Willowbrook Rd., Ste 4
Queensbury, NY 12804
518-926-7070
518-587-4379 (Saratoga)
greateradirondackhomeaides.org**

Personal care, meal preparation, light housekeeping and shopping.

Home Health Care Partners

**2-8 W. Main St.
Johnstown, NY 12095
518-842-6718 or
800-342-1426
newyorkhomehealthcare.org**

Companion services, home health aide services and nursing services.

Home Instead Senior Care

12 Mountain Ledge Dr.

Suite 3

Gansevoort, NY 12831

518-219-0381

homeinstead.com/341

Non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long-term and short-term respite services available.

Home of the Good Shepherd

homeofthegoodshepherd.com

26 Rock Rose Way

Malta, NY 12020

518-581-2800

390 Church St.

Saratoga Springs, NY 12866

518-584-3317

400 Church St.

Saratoga Springs, NY 12866

518-450-7360

198 Bluebird Rd.

South Glens Falls, NY 12803

518-792-1000

60 Waller Rd.

Wilton NY 12831

518-580-0702

Living Resources Home Care

Agency

300 Washington Ave. Ext.

Albany, NY 12203

518-218-0000

livingresources.org

Hours: Mon-Fri 8:00 am- 4:30 pm
Provides in home care coordination, companion services, home health aides, medication reminders, nursing care, personal care aides and nursing assessments. Aides assist with ambulation, transfer, bathing, showering, companionship, socialization, exercise programs, escort to appointments, housekeeping, respite, shopping and meal preparation.

Nurse Core

1218 Central Ave.

Albany, NY 12205

518-438-3900

nursecore.com

Provides nursing, allied and medical office professionals 24 hours a day, seven days a week.

Right at Home

640 New Loudon Rd.

Latham, NY 12110

518-757-4040

rightathome.net

Provides in home services including: companionship and safety supervision; monitoring and health reminders; help with errands and housekeeping; meal planning and preparation; Assistance with doctor visits and follow-up care.

**Samuel S. Stratton Veterans
Administration Medical Center**

**113 Holland Ave.
Albany, NY 12208
518-626-5000 or
800-223-4810
albany.va.gov**

Provides comprehensive inpatient, outpatient, geriatric, long-term care services for honorably discharged military veterans. Services include: respite care, nursing home care, home care, adult day health care, primary care, post-acute care, and assisted housing.

**Saratoga County Dept. of Social
Services**

**152 West High St.
Ballston Spa, NY 12020
518-884-4159
saratogacountyny.gov**

Hours: Mon-Fri 8:00 am – 4:00 pm
Assists eligible individuals to safely remain at home through the provision of services such as personal care tasks, nursing, meals on wheels, lifeline, home therapies, social day care, case management, nutritional services, and medical social worker services.

Samaritan Hospital

**2215 Burdett Ave.
Troy, NY 12180
518-217-3300
sphp.com**

Wesley Senior Solutions

**131 Lawrence Street
Saratoga Springs, NY 12866
518-584-1200
thewesleycommunity.org**

Provides non-medical in-home services, companionship, housekeeping, meal prep, laundry, shopping, transportation assistance and supervision along with respite care. State certified NPCA and personal care aides.

Seton Home Care

518-583-7076

**Southern Adirondack Independent
Living (SAIL)**

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org**

Visiting Nurses Assoc. of Albany, Inc.

**28 Colvin Ave.
Albany, NY 12206
518-694-9907
vnhc.com**

Health agency providing skilled nursing, physical, occupational, and speech therapies, along with home health aide services in Albany, Saratoga and Rensselaer Counties.

**Visiting Nurses Home
Care/Medstaff**

**667 Bay Rd. Suite 2B
Queensbury, NY 12804
518-798-1450**

Hours: 8:00 am – 4:30 pm
Offers a full range of private duty home care and facilities staffing services in 15 counties.

HOSPICE

Community Hospice of Saratoga County

**179 Lawrence St.
Saratoga Springs, NY 12866
518-581-0800
communityhospice.org/**

Gateway House of Peace

**479 Rowland St.
Ballston Spa, NY 12020
518-450-1273
gatewayhouseofpeace.org/**

Mary's Haven

**35 New St.
Saratoga Springs, NY 12866
Phone 518-584-9397
maryshaven@swwcc.org**

IDENTIFICATION

**Department of Motor Vehicles,
Saratoga County**

**saratogacountyny.gov/dmv/
*Ballston Spa Office***

**40 Mc Master St.
Ballston Spa, NY 12020
518-885-2227**

Hours: Mon- Fri 9:15 am-4:45 pm

Clifton Park Office

**22 Clifton Park Center Rd.
Clifton Park, NY 12065
518-383-2480**

Hours: Mon- Fri 9:15 am – 4:45 pm

Saratoga Office @ Wilton Mall

**3065 Route 50
Saratoga Springs, NY 12866
518-584-7403**

Hours: Mon- Fri 9:15 am- 4:45 pm

**INFORMATION AND
REFERRAL**

NYS Kinship Navigator

**87 North Clinton Ave.
Rochester, NY 14604
877-454-6463**

nysnavigator.org

Information, referral and advocacy for kinship caregivers in New York State. Provides information on financial assistance, legal information referrals, and other issues that caregivers face when raising children to provide stability and permanency in the home.

**Saratoga County Department of
Aging and Youth Services- NY
Connects**

**152 West High St.
Ballston Spa, NY 12020
518-884-4100**

saratogacountyny.gov

Hours: Mon-Fri 9:00 am – 5:00 pm
OFA provides information, referral and linkage to community services for the elderly. Also, providing

information and assistance to family caregivers regarding programs and services available at OFA and other agencies/resources.

Seniors Choice

**P.O. Box 50
Saratoga Springs, NY 12866
518-424-2527
aseniorschoiceonline.com**

Working with families to make informed decisions in eldercare lifestyles. Advocate for families and help navigate for proper resources.

Southern Adirondack Independent Living (SAIL)

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org**

Hours: Mon-Fri 8:00 am–4:00 pm
The center provides information and referral services for individuals with disabilities, family members and other interested parties. The center staff is exceptionally knowledgeable concerning community-based services and supports, including supports available through local, state and federal agencies. Linkage and referral are provided on a person-to-person basis as requested.

IN HOME VOLUNTEERS

Care Links of Southern Saratoga County

**543 Saratoga Rd.
Glenville, NY 12302
518-399-3262
captaincares.org**

Hours: Mon-Fri 9:00 am – 4:00 pm
Trained volunteers provide complimentary services to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, meal preparation, shopping, errands, telephone assurance, and handy helping. Available in the Towns of Ballston, Charlton, Clifton Park, Halfmoon, Mechanicville, and Malta.

Caritas for Charity

518-798-6648

NearCare

**142 Bay St.
Glens Falls, NY 12801
518-798-6648
nearcare.org**

Companioning, respite, transportation and assistance with errands. Services the Northern Saratoga County area.

Community Connections

**290 West Ave
Saratoga Springs, NY 12866
518-584-1621**

www.saratogaseniorcenter.org

Hours: Mon- Fri 8:00 am- 4:00 pm
Provides volunteers for home visits, respite, household chores, transportation, shopping errands, and telephone check-ins. Community Connections' mission is to help seniors maintain an independent lifestyle by aiding when needed.

LEGAL SERVICES

Legal Aid Society of Northeastern NY

**40 New St.
Saratoga Springs, NY 12866
518-587-5188**

lasnny.org

Hours: Mon-Fri 9:00 am –12:00 pm & 1:00 pm –5:00 pm

Mediation Matters

**480 Broadway, Suite LL-32
Saratoga Springs, NY 12866
518-584-6361**

mediationmatters.org

Hours: Mon-Fri 9:00 am – 4:00 pm,
Evenings by appointment.

Catholic Charities of the Diocese of Albany - Office of Immigrant Services

**40 North Main Ave.
Albany, NY 12203
518-453-6650**

ccrcda.org/

The services provided include consultation and assistance with legal immigration procedures and citizenship applications.

Saratoga County Department of Aging and Youth Services

**152 West High St.
Ballston Spa, NY 12020
518-884-4100**

saratogacountyny.gov

Hours: Mon-Fri 9:00 am–5:00 pm
Legal advice and representation are available to all seniors throughout the County through a contract with a private attorney for basic legal services. Call for requirements or to schedule an appointment.

Southern Adirondack Independent Living Center (SAIL)

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202**

sailhelps.org

Hours: Mon-Fri 8:00 am–4:00 pm
The center offers individuals with disabilities, family members and other interested parties assistance and advocacy related to benefit and entitlement programs, community services and other local, state, or federal programs. Where necessary,

assistance and advocacy are provided for informal appeals, Fair Hearings and Administrative Law Reviews. In addition, advocacy and assistance is provided for children of school age concerning the CSE process and meetings, as well as for issues involving IDEA, FAPE, Transition Planning, Work-Study and other school-related services. Assistance and advocacy are also provided for individuals who choose to access services through VESID, CBVH, OMRDD, OMH, SOFA, DOT, Hospice and other state and local agencies.

MENTAL HEALTH

Capital District Psychiatric Center (CDPC)

**75 New Scotland Avenue
Albany, NY 12208-3474
518-549-6000**

The Capital District Psychiatric Center (CDPC) provides inpatient treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses. CDPC also offers outpatient treatment services for children, adolescents, and adults.

Catholic Charities of the Diocese of Albany

**Saratoga County Office
142 Regent St.
Saratoga Springs, NY 12866
518-587-5000**

The Family Counseling Program offers intake, assessment, and treatment of a range of individual and interpersonal issues. Individual, couple, family counseling, and group work where warranted and feasible, consultation, advocacy and referral.

Northern Rivers Mobile Crisis Services

518-292-5499

Parents, guardians, or adults should call 518-292-5499 for immediate live crisis support. When their teams are unavailable, you will be prompted to reach out to the nearest emergency responders, including 911, local hospital emergency room, or local mental health agency in your county for support.

Saratoga County Department of Mental Health and Addiction Services

**135 South Broadway
Saratoga Springs, NY 12866
518-584-9030**

saratogacountyny.gov/departments/mental-health-center/

The mission of Saratoga County Department of Mental Health & Addiction Services is to provide outpatient mental health that are accessible and responsive to the

needs of persons suffering from mental illness and/or drug/alcohol abuse. The Mental Health Clinic provides outpatient treatment designed to reduce symptoms of mental illness and emotional disturbance, to improve daily functioning, and to provide ongoing support. Services include emergency & crisis intervention, screening & referral, individual, family, & group counseling, medication education & management, & symptom management.

NURSING HOMES/REHABILITATION CENTERS

Baptist Health Nursing and Rehabilitation Center

**297 Ballston Rd.
Scotia, NY 12302
518-370-4700
bapthealth.com**

Our rehabilitation unit provides programs that maximize independence, which includes a combination of physical therapy, occupational therapy, respiratory therapy, and speech therapy up to six days per week.

Capstone Center for Rehab and Nursing

**302 Swart Hill Rd.
Amsterdam, NY 12010
518-842-6790
Email:admissions@capstonecenterrehab.com**

We hold ourselves to the highest standards when it comes to providing quality medically complex care, no matter the age, and that someone from Pathways will be there leading families and individuals toward the end goal- going home and being a part of the community again.

Diamond Hill Nursing and Rehabilitation Center

**100 New Turnpike Rd.
Troy, NY 12182
518-235-1410
diamondhillrehab.com**

A skilled nursing center offering short-term rehabilitation through physical, occupational and speech therapy as well as long term residential care. The center offers specialized equipment and accommodations for bariatric rehabilitation residents and transportation to area dialysis centers. Recreational and religious activities are also provided.

Eddy Heritage Housing Nursing and Rehabilitation Center

**2920 Tibbits Ave.
Troy, NY 12180
518-274-4125
sphp.com**

Eddy Memorial Geriatric Center

**2256 Burdett Ave.
Troy, NY 12180
518-274-9890
sphp.com**

Evergreen Commons

**1070 Luther Rd.
East Greenbush, NY 12061
518-479-4662
evergreencommonsrehab.com**

Fort Hudson Health System

**319 Broadway
Fort Edward, NY 12828
518-747-2811**

Fort Hudson Health System provides integrated senior care throughout Warren, Washington, and Saratoga Counties. Recognizing the value, you place on having comprehensive and professional senior services across the spectrum from independent adult to end of life care.

Fulton Center for Rehab and Nursing

**847 Co. Highway 122
Gloversville, NY 12078
518-773-3400
fultoncenter.facilities.centershalthcare.org**

Hudson Park Rehabilitation and Nursing Center

**325 Northern Blvd.
Albany, NY 12204
518-449-1100
Email:admissions@hudsonparkrehab.com
hudsonparkrehab.com**

At Hudson Park, we strive to provide the highest quality of individualized care to each resident in a manner that promotes dignity, comfort, and support-ultimately enabling them to reach their maximum level of physical, emotional, and psychosocial functioning and well-being.

Nathan Littauer Hospital and Nursing Home

**99 East State St.
Gloversville, NY 12078
518-725-8621
518-773-5648
nlh.org**

Palatine Nursing Home

**154 Lafayette St.
Palestine Bridge, NY 13428
518-673-5212**

Pathways Nursing and Rehabilitation Center

**1805 Providence Ave.
Niskayuna, NY 12309
518-374-2212
pathways-rehab.com**

A short-term recovery skilled nursing center offering physical, occupational, speech and cognitive therapy for children, adults and the

elderly. Services include traumatic brain injury comprehensive rehabilitation, stroke recovery, and ventilator/respiratory care. The center provides an effective alternative to extended hospitalization within a homelike environment.

River Ridge Living Center

**100 Sandy Dr.
Amsterdam, NY 12010
518-843-3503
riverridgelc.com**

With a dedicated subacute care unit, a spacious and modern rehab gym and a wonderful outpatient therapy program, River Ridge is the ideal destination for individuals recovering from a hospital stay.

Rosewood Nursing and Rehabilitation Center

**284 Troy Rd.
Rensselaer, NY 12144
518-286-1621
rosewoodrehabilitation.com**

A skilled nursing center offering short-term rehabilitation through physical, occupational and speech therapy as well as long-term residential care. Religious and recreational activities are provided.

Seton Health at Schuyler Ridge Residential Health Care

**1 Abele Blvd.
Clifton Park NY 12065
518-371-1400
sphp.com**

Provides residential health care for those requiring skilled nursing.

Shaker Place Rehabilitation and Nursing Center

**100 Heritage Ln.
Albany, NY 12211
518-869-2231
Email: info@shakerplace.org
shakerplace.org**

We are a licensed fully staffed, skilled nursing facility offering the best in the medical services and residential care. We offer quality programs including but not limited to: skilled nursing and long-term care services.

St. Johnsville Rehab and Nursing Center

**7 Timmerman Ave.
St Johnsville, NY 13452
518-568-5037
stjrncc.com**

Sunnyview Rehabilitation Hospital

**1270 Belmont Ave.
Schenectady, NY 12380
518-382-4500**

The Center for Nursing and Rehab at Hoosick Falls

**21 Danforth St.
Hoosick Falls, NY 12090
518-686-4371
nursingandrehab.org**

The Pines at Glens Falls Center for Nursing and Rehabilitation

**170 Warren St.
Glens Falls, NY 12801
518-793-5163
pinesglensfalls.com**

Hours: Open 24 hours

It is our mission to provide our residents and their families with superior care delivered by staff dedicated to the principles of kindness, compassion, service, and excellence in an environment where individuality, dignity, and value of those who are served, as well as those who serve, is nurtured and appreciated. We believe that life, at all stages and with all of its challenges, is a precious gift to be shared and celebrated. It is our privilege to participate in the lives of our residents, their friends and families by offering them not only physical but emotional care, comfort, and support.

Troy Center Rehabilitation and Nursing

**49 Marvin Ave.
Troy, NY 12180
518-273-6646
troycenter.net**

Van Rensselaer Manor Nursing and Rehabilitation Facility

**85 Bloomingrove Dr.
Troy, NY 12180
518-283-2000
vanremsselaermanor.com**

Washington Center for Rehabilitation and Nursing

**4573 State Rt. 40
Argyle, NY 12809
518-638-8274
washington-center.facilities.centershealthcare.org**

Our Rehab Strong approach to recovery involves a results-focused, tech-driven, individualized rehabilitation ecosystem focused on getting you stronger with hands-on dedication and caring from our incredible team.

Wesley Health Care Center

**131 Lawrence St.
Saratoga Springs, NY 12866
518-587-3600
wesleyhealth.com**

Wesley is a skilled nursing facility including physical therapy and occupational therapy.

RESPITE - ADULT

Attentive Care

**5 Computer Dr. West
Albany, NY 12205
518-438-6271
attentivecareservices.com**

Care Links of Southern Saratoga County

**543 Saratoga Rd.
Glenville, NY 12302
518-399-3262
captaincares.org**

Hours: Mon-Fri 9:00 am – 4:00 pm
Trained volunteers provide free supportive services to persons 60+. Friendly visiting, transportation, respite care, yard work, housekeeping, meal preparation, shopping, errands, telephone assurance, and handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Ballston Spa, Charlton, Halfmoon, Mechanicville, and Malta.

Eddy Alzheimer's Caregiver Support Initiative

**421 Columbia St. Bldg. 300
Cohoes, NY 12047
518-238-4164
sphp.com/alzcare**

Eddy Alzheimer's Caregiver Support Initiative is a New York State grant funded effort that seeks to alleviate the financial and emotional burden placed on these caregivers. This association offers a wide range of services such as:

- Care Consultation
- Family Consultation
- Education
- Support Groups
- Respite Care
- Alzheimer's Care Teams

Eddy Alzheimer's Center

**Eddy Hawthorne Ridge
32 Community Way
East Greenbush, NY 12061
518-280-8385 or
518-833-1111
EddySeniorLiving.com**

Eddy Memory Care @ Marjorie Doyle Rockwell Center

**18 Pasinella Way
Cohoes, NY 12047
518-280-8385
eddyseniorliving.com**

NearCare

**142 Bay St.
Glens Falls, NY 12801
518-798-6648
nearcare.org**

NearCare is a local, unique, organization of trained caregivers and community professionals providing non-medical, non-hands-on support, free of charge to seriously and terminally ill individuals and their families.

Catholic Charities Senior & Caregivers Services

**1462 Erie Blvd. 2nd Floor
Schenectady, NY 12305
518-372-5667
ccseniorservices.org**

Hours: Mon – Fri 8:30 am – 4:30 pm
Services include support groups, respite services, information and assistance, and social work services.

Home Health Care Partners

**2-8 W. Main St.
Johnstown, NY 12095
518-842-6718 or
800-342-1426**

newyorkhomehealthcare.com

This New York State Licensed Home Care Agency offers companion services, home health aide services and nursing services.

Home Instead Senior Care

**12 Mountain Ledge Dr.
Suite 3
Gansevoort, NY 12831
518-580-1042 or
518-219-0381**

homeinstead.com/341

Home Instead provides non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long term and short-term respite services available and dementia care available.

Living Made Easy

518-580-9585

New York State Caregiving and Respite Coalition w/ Lifespan of Greater Rochester

**1900 South Clinton Ave.
Rochester, NY 14618
585-287-6393**

nyscrc.org

NYSCRC has two respite vouchers one for kinship caregivers and one for caregivers of children and adults with chronic conditions.

Northern Rivers

Albany

**401 New Karner Rd.
Albany, NY 12205
518-431-1650**

Malta

**2452 U.S Route 9, Suite 206
Malta, NY 12020
518-292-5433**

Schenectady

**530 Franklin St.
Schenectady, NY 12305
518-346-1284**

northernrivers.org/our-services/behavioral-health

Hours: Mon-Thurs 8:30 am- 8:00 pm
Fridays 8:00 am- 5:00 pm
Evenings by appointment.
Saturdays by appointment.
Northern Rivers has three behavioral health centers to provide outpatient mental health treatment services to those who need help managing emotional and behavioral challenges.

Peregrine Senior Living

**1 Emma Lane
Clifton Park, NY 12065
518-309-9820
peregrineseniorliving.com/clifton-park**

**Saratoga County Department of
Aging and Youth Services-
Caregiver Program**

**152 West High St.
Ballston Spa, NY 12020
518-884-4100
saratogacountyny.gov**

Hours: Mon-Fri 9:00 am – 5:00 pm
Information and assistance,
counseling, respite, and supportive
services. Care receivers must be 60+,
a resident of Saratoga County and
have deficiencies in at least two
activities of daily living.

Wesley Senior Solutions

**131 Lawrence Street
Saratoga Springs, NY 12866
518-584-1200
Fax: 518-584-8862
thewesleycommunity.org**

Services include companionship and
Respite Care.

Stratton VA Medical Center

**113 Holland Ave.
Albany, NY 12208
518-626-5000
albany.va.gov**

Must be an eligible veteran to
receive respite.

Wellspring

**2816 US-9
Malta, NY 12020
Saratoga Springs, NY 12866
518-583-0280
24-Hour: 518-584-8188
wellspringcares.org**

Hours: Mon-Thurs 9:00 am- 6:00 pm
Fridays 8:00 am- 5:00 pm
Wellsprings offers domestic violence
and sexual assault services.
Emergency shelters, 24-hour hotline,
live chat, counseling, and case
management is provided.

RESPITE- CHILDREN

**Pathways Nursing and
Rehabilitation Center**

**1805 Providence Avenue
Niskayuna, NY 12309
518-374-2212
pathways.rehab.com**

Respite services for children from
birth to age 21 designed to provide a
break for caregivers. This is an in-
patient, overnight program with 24-
hour nursing care, physical,
occupational and speech therapy, as
needed, and therapeutic
recreational activities within a
community atmosphere.
Accommodations for children with
developmental delays, special
feeding requirements, seizure
disorders, neuromuscular disease,
congenital illnesses and ventilator
dependency. Funded through
Medicaid up to 42 days per year at
no charge to the caregiver.

SENIOR CLUBS/ CENTERS

Charlton Seniors/Charlton Community Center @ Charlton Town Hall

**784 Charlton Rd.
Charlton, NY 12019**

Peter Parker: 518-882-9099
PRParker4118@aol.com
Meetings – 2nd & 4th Wednesday 9:00
am – 1:00 pm

Clifton Park Senior Community Center

**6 Clifton Common Court
Clifton Park, NY 12065**

Sue Leonard: 518-383-1343
Monday - Friday 9:00 am – 4:00 pm
cliftonpark.org/index.php/services/senior-services/senior-center

Corinth Senior Center

**22 Hamilton Ave.
Corinth, NY 12822**

Laurie Crossman: 518-654-2040
Monday - Friday 8:00 am – 3:00 pm
townofcorinthny.org/seniorcenter.aspx

Galway Senior Citizens Club @ Galway Town Hall

**5910 Sacandaga Rd.
Galway, NY 12074**

Liz Feulner: 518-882-9153
Meetings – 1st Thursday 1:00 pm
towngalway.digitaltowpath.org:10464/content/Generic/View/162

Greenfield Senior Club @ Greenfield Community Center

**PO Box 10
7 Wilton Rd.**

Greenfield Center, NY 12833

Phil Steves: 518-793-2919
Meetings–2nd & 4th Thursday 1:00 pm
greenfieldny.org/community/senior-citizens.html

Hadley Senior Community Center

**22 Maple Ave.
Hadley, NY 12835**

Helen Powers: 518-696-4886
Meetings – 3rd Thursday 1:15 pm
townhadley.digitaltowpath.org:10096/content/

Halfmoon Senior Center

**285 Lower Newtown Rd.
Waterford, NY 12188
Mailing address:
PO Box 4203
Halfmoon, NY 12065**

Ross MacNeil: 518-371-3892
Monday – Friday 9:00 am – 4:00 pm
Meetings – 1st Wednesday 1:00 pm
townofhalfmoon-ny.gov/senior-center

Malta Senior Citizens @ Malta Community Center

**1 Bayberry Dr.
Malta, NY 12020**

Kathy Eitzmann: 518-376-3648
Meetings – 1st Monday 10:00 am
maltaseniorsny.com/

Mechanicville Senior Center
178 North Main St.
Mechanicville, NY 12118

April Turner & Patti Brown
518-664-7877
Monday – Friday 9:00 am – 4:00 pm
Meetings – 1st Tuesday 1:30 pm
mechanicvilleny.gov/senior-center

Moreau Community Center
144 Main St.
South Glens Falls, NY 12803
518-792-6007

Monday – Friday 8 am – 4:00 pm
moreaucommunitycenter.org/senior-programs/

Northumberland Senior Citizens Club @ Northumberland Town Hall

17 Catherine St.
Gansevoort, NY 12831
Gwen Eastmann: 518-792-7003
Meetings – Wednesdays 11:00 am – 2:00 pm

Old Saratoga Seniors Club @ Schuylerville Town Hall

35 Spring Street
Schuylerville, NY 12871
Mailing Address:
PO Box 60
Schuylerville, NY 12871
518-695-3644
Meetings – 1st & 3rd Wednesday
12:00 pm

Quaker Springs Sunshiners @ Quaker Springs Firehouse
107 Blodgett Rd.
Schuylerville, NY 12871
Meetings – 2nd Monday 12:00 pm

Sacandaga Senior Citizens @ Edinburg Community Center
47 Military Rd.
Edinburg, NY 12134
Ron Hunter: 518-863-6182
Meetings – 2nd & 4th Friday 1:30 pm

Saratoga Springs Senior Center
290 West Ave, Suite 1
Saratoga Springs, NY 12866
Lois Celeste, Director: 518-584-1621
Monday - Friday 8:00 am – 4:00 pm
saratogaseniorcenter.org/

Waterford Senior Center
125 2nd Street
Waterford, NY 12188
518-235-8500
Monday - Thursday 10am-4pm
Meetings – 3rd Tuesday 12:30 pm
town.waterford.ny.us/2-uncategorised/90-waterford-community-senior-center.html

Wilton Senior Citizens @ The Lillian Worth Senior Center
18 Traver Rd.
Gansevoort, NY 12831
Robin Corrigan: 518-587-6363
Monday 9am - 1pm
Tuesday & Thursday 9:00am-4:00 pm
Meetings – 1st Tuesday 1:00 pm
townofwilton.com/town-services/senior-services/

SENIOR HOUSING

A Place for Mom

518-656-8216
aplaceformom.com/

Tenant's Rights: Albany Office

52 Corporate Circle
Albany, NY 12203-5121
(518) 862-2801
ag.ny.gov/sites/default/files/tenants_rights.pdf

Adam Lawrence Apartments

364 West Maple St.
Corinth, NY 12822
518-654-9162
Email:
adamlawrence@coniferllc.com
coniferliving.com

Albany Guardian's Society

14 Corporate Woods Blvd.
#102
Albany, NY 12211
518-434-2140
albanyguardiansociety.org/documents/2020_housing_directory.pdf

The Albany Guardian's Society provides a senior housing options directory to those looking for housing.

Ballston Pines

155 Rowland St.
Ballston Spa, NY 12020
518-884-9401
E-mail: bpines2@verizon.net
belmontmgmt.com

Bishop Hubbard Senior Apartments

54 Katherine Dr.
Halfmoon, NY 12065
518-383-2705
E-mail:
cgabriel.bhsa@yahoo.com
depaulhousing.com

Care Patrol

518-564-0086
carepatrol.com/

Carlton Hollow Apartments

2000 Carlton Way
Ballston Spa, NY 12020
833-345-1688
Email:
carltonhollow@clovergroupinc.com
clovergroupinc.com

Coburg Village

One Coburg Village Way
Rexford, NY 12148-1467
518-371-5000
E-mail:
info@coburgvillage.com
coburgvillage.com

Columbia Crest (62+)

427 Columbia St.
Cohoes, NY 12047
518-235-4558
ahfinc.net.com

Council Meadows

126 Council Lane
Burnt Hills, NY 12027
518-399-9232 or
518-584-4543

Doubleday Woods

91 Church Ave.
Ballston Spa, NY 12020
518-885-1900
nationalchurchresidences.org

Embury Apartments

133 Lawrence St.
Saratoga Springs, NY 12866
518-587-3300
E-mail:
info@thewesleycommunity.org
thewesleycommunity.org

Falcon Trace

1 Sparrow Hawk Circle,
Halfmoon, NY 12065
518-664-5464
falcontraceactiveadult.com

**Highpointe @ Malta Senior
Apartments**

30 Rockrose Way
Malta, NY 12020
518-581-2800
ahfinc.net

Home of the Good Shepherd

26 Rock Rose Way
Malta, NY 12020
518-581-2800

390 Church St.
Saratoga Springs, NY 12866
518-584-3317

400 Church St.
Saratoga Springs, NY 12866
518-450-7360

198 Bluebird Rd.
South Glens Falls, NY 12803
518-792-1000

60 Waller Rd.
Wilton NY 12831
518-580-0702
Fax: 518-580-0709
homeofthegoodshepherd.com

Kirby Village

9 Kirby Rd.
Saratoga Springs, NY 12866
518-583-4608,
E-mail: kirby63@verizon.net
belmontmgmt.com

Malta Meadows

5 Applewood Dr.
Ballston Lake, NY 12019
518-899-1552
E-mail:
maltameadows@belmontmgmt.com
belmontmgmt.com

Marina Woods Senior Housing
2000 Marina Dr.
Halfmoon, NY 12065
518-348-0213,
E-mail:
Marinawoods@Belmontmgmt.com
belmontmgmt.com

Northern Pines Senior Apartments
120 Northern Pines Rd.
Gansevoort, NY 12831
518-581-8959
E-mail:
northernpines@ahfinc.net
ahfinc.net

Meadow View at Clifton Park
579 Waite Rd.
Rexford, NY 12148
518-383-3803
E-mail:Cliftonpark@coniferllc.com
coniferliving.com

Prestwick Chase
100 Saratoga Blvd.
Saratoga Springs, NY 12866
518-584-7766
E-mail:
info@prestwickchase.com
prestwickchase.com

Mid-rise Apartments (62+)
180 N Main St.
Mechanicville, NY 12118
518-664-4436
mechanicvillemidrise.com

Raymond Watkins Apartments
57 Ballston Ave.
Saratoga Springs, NY 12866
518-587-2641
raywat@tescoproperties.com
raymondwatkin.com

Milton Village
300 Northline Rd.
Ballston Spa, NY 12020
518-884-9767
belmontmgmt.com

Saratoga West
11 Kirby Rd.
Saratoga Springs, NY 12866
518-581-9738
E-mail:
stogawst21@verizon.net
belmontmgmt.com

Mohican Hill Apartments
1 Constitution Court
Ballston Spa, NY 12020
518-885-4232 or
518-573-6434 or
518-885-8357
E-mail: Fyrapixy514@aol.com

Schuylerville Manor
2 Morgan's Run
Schuylerville, NY 12871
518-695-4865
Email: schvlmnr2@verizon.net
belmontmgmt.com

Mountainview Commons
88 Quaker St.
Granville, NY 12832
518-642-2418
nationalchurchresidences.org

Shenendehowa Village

300 Solomon Ave.
Clifton Park, NY 12065
518-373-1900
E-mail: 1065@ncr.org
nationalchurchresidences.org

Stonequist Apartments

1 South Federal St.
Saratoga Springs, NY 12866
518-584-6600
saratogaspringspha.org

The Grove at Neumann

233 Lake Ave.
Saratoga Springs, NY 12866
518-587-7600 or
518-729-8705
www.thegroveatneumann.com

The Summit at Saratoga

1 Perry Rd.
Saratoga Springs, NY 12866
518-430-2136
summitatsaratoga.com

Trieble Village

322 Northline Rd.
Ballston Spa, NY 12020
518-885-6997
belmontmgmt.com

Van Allen

790 Route 9W
Glenmont, NY 12077
518-767-0923
ahfinc.com

Van Schoonhoven Square

1 Van Schoonhoven Square
Waterford, NY 12188
518-235-0514
Email:
0076@nationalchurchresidences.org
nationalchurchresidences.org

Westview Apartments

125 West Ave.
Saratoga Springs, NY 12866
518-583-8800 or
518-768-6370
Email:manager@westviewapartmentsny.com
westviewapartmentsny.com

Whitehall Court (62+)

360 Whitehall Rd.
Albany, NY
518-446-1920
ahfinc.net

Wilton Commons

100 Wilton Commons Dr.
Gansevoort, NY 12831
518-581-7696
E-mail:
wiltoncommons@ahfinc.net
ahfinc.net

Woodlawn Commons

156 Lawrence St.
Saratoga Springs, NY 12866
518-691-1560
thewesleycommunity.org

SUPPORT GROUPS

Alcoholics Anonymous

PO Box 49
Saratoga Springs, NY 12866
518-587-0407/24-hours
aa.org

Alliance for Positive Health (Formerly AIDS Council of NENY)

927 Broadway
Albany, NY 12207
518-434-4686 Ext. 2302
Allianceforpositivehealth.org

Alzheimer's Association

800-272-3900
518-867-4999
alz.org

Alzheimer's Disease Assistance Center

421 Columbia St.
Cohoes, NY 12047
518-238-4164

Charcot-Marie-Tooth Association

800-606-2682
cmtausa.org

Crohns/Colitis

518-608-5069 or
800-932-2423
crohnscolitisfoundation.org/chapters/upstateny/

Caregiver Space

885-522-5524
thecaregiverspace.org

Elder Locator

800-677-1116
eldercare.acl.gov

Healing Springs Recovery Community and Outreach Center

125 High Rock Ave.
Saratoga Springs, NY 12866
518-306-3048
Email:
info@SARArecovery.org
SARArecovery.org

The Community Hospice

179 Lawrence St
Saratoga Springs, NY 12866
518-581-0800
All Counties: After-Hours
Crisis Bereavement
Services/Grief Counseling:
518-724-0200

The Community Hospice provides free grief support services to those who have experienced the death of a family member or friend. These services are free of charge, and are available to everyone, regardless of whether the person who died was a hospice patient. Additional supports are available for schools and organizations in our community, including trainings, groups, remembrance services, outreach, and a crisis support team.

Northeast Kidney Foundation

518-458-9697

healthykidneys.org

Oncology Support for Patient & Families (Glens Falls Hospital)

518-926-6629

518-926-6639

glensfallshospital.org

Pride Center of the Capital Region

332 Hudson Ave

Albany, NY 12210

518-462-6138

capitalpridecenter.org

Hours: Mon-Fri 9:00 am-6:00 pm and Saturday 9:00 am-12:00 pm

The mission of the Pride Center of the Capital Region is to promote the well-being of all lesbian, gay, bisexual, Transgender, and queer-identified people and those affected by discrimination based on gender identity and expression.

Shelters of Saratoga, Inc.

14 Walworth St.

Saratoga Springs, NY 12866

518-581-1097

sheltersofsaratoga.org

St. Peters Health Partners Eddy Alzheimer Services

518-238-4164

Eddy Alzheimer Services support groups are designed to provide emotional support information, resources, and a platform for caregivers to share strategies and lessons learned with other caregivers.

Groups include: general caregiver support group, men's support group, frontotemporal dementia support group, ambiguous loss support group, and telephone support group.

True North

499 Glen St.

Glens Falls, NY 12801

518-798-9187

Email:

tnorth12801@gmail.com

truenorthat499glen.com

Saratoga County Veterans' Service Agency: Saratoga Veterans Peer to Peer Program

2144 Doubleday Ave.

Suite 15

Ballston Spa, NY 12020

518-884-4115

veteranspeertopeer.org

Hours: Mon-Fri 9:00 am-5:00 am

The Saratoga County Veterans Service Agency assists Veterans and their families with securing earned benefits and services through quality customer service and advocacy. The Saratoga Veterans Peer to Peer Program provides an opportunity for local Veterans who have reintegrated to civilian life to assist fellow Veterans who may experience post-traumatic stress disorder (PTSD) or other re-acclimation challenges. Personalized and informal, these pairings yield relationships intended to ease the transition from military to civilian life.

Wildwood

wildwood.edu

Latham Office

**1190 Troy-Schenectady Rd.
Latham NY, 12110
518-640-3300**

Curry Rd. Office

**2995 Curry Rd. Ext.
Schenectady, NY 12303**

TRANSPORTATION

Transportation is available in the following areas. Please call 24 hours in advance to make reservations.

Albany Guardian' Society

**14 Corporate Woods Blvd.
#102
Albany, NY 12211
518-434-2140**

[Transportation Directory](#)

Albany Guardian's Society provides a senior transportation directory. It does not provide direct transportation, just a directory.

Amazing Grace Transportation

**1575 State St.
Schenectady, NY 12304
518-250-4664
Info@amazinggarcettransportation.com
amazinggracettransportation.com**

Amazing Grace Transportation is a New York-based Non-Emergency Medical Transportation provider that caters to seniors and wheelchair-bound clients in and around

Schenectady, Albany, Saratoga, and Rensselaer counties. Their non-emergency medical transportation services include wheelchair services, stretcher services, ambulatory and taxi services.

A + H Services

***Ballston, Malta, Milton, Wilton
Greenfield & Northumberland
518-884-4100***

A + H Services

***Charlton, Providence, Galway,
Edinburg, Town of Saratoga
518-884-4100***

A + H Services

***Schuylerville/Town of Saratoga
518-884-4100***

A + H Services

***Saratoga Springs
518-884-4100***

Clifton Park Senior Express

518-371-4444

Clifton Park Residents Only.

Corinth Senior Center

***Corinth Transport
518-654-2040***

Hadley/Day Transport

518-696-3789

Halfmoon Senior Express

518-664-2186

Hadley Town Hall
518-696-4797

Mechanicville Transportation
518-664-9884

Stillwater Area Community Center
518-664-2515

Waterford
Waterford Senior Center
518-235-8500
Senior Medical Van
518-527-4589

Scheduled Bus routes:
CDTA: 518-482-8822
CDTA Star Program: 518-482-2022

Care Links of Southern Saratoga County
543 Saratoga Rd.
Glenville, NY 12302
518-399-3262
captaincares.org

Hours: Mon-Fri 9:00 am – 4:00 pm
Trained volunteers provide complimentary services to persons 60+. Available in the Towns of Ballston, Charlton, Clifton Park, Halfmoon, Malta, and Mechanicville.

Captain Community Human Services

543 Saratoga Rd.
Glenville, NY 12302
518-399-4624

captaincares.org

Wellness Express – Monday - Friday
Transportation is provided to residents in the Town of Ballston, the Village of Ballston Spa, Town of Burnt Hills, Town of Charlton, Town of Galway, Town of Malta, Town of Milton, and the Town of Providence, to and from medical appointments in the capital region. Advance notice is required to make a reservation.

Saratoga County Department of Social Services

152 West High St.
Ballston Spa, NY 12020
518-884-4169

Hours: Mon-Fri 8:00 am–4:00 pm
Availability is determined by a caseworker and evaluated annually.

Medicaid Transportation
855-852-3292

Medical appointments only.
Wheelchair accessibility.
Minimum 3-day notice.

Moreau Community Center
144 Main St.
South Glens Falls, NY 12803
518-792-6007

moreaucommunitycenter.org

Hours: 8:00 am – 4:00 pm
South Glens Falls School District Only.

The Conkling Center Transportation

**79 Warren St.
Glens Falls, NY 12803
518-793-1494
theconklingcenter.org**

Hours: 8:00 am – 4:00 pm
Transportation is available to residents in Saratoga, Warren and Washington Counties.

**RSVP Senior Transportation w/
Saratoga County Department of
Aging and Youth Services**

**152 West High St.
Ballston Spa, NY 12020
518-884-4111
saratogacountyny.gov**

Transportation to medical appointments only. No wheelchair accessibility. Minimum one-week notice. Suggested round trip contribution is \$2 within the county and \$5 outside of the county.

Southern Adirondack Independent Living (SAIL)

**3065 NY-50
Saratoga Springs, NY 12866
518-584-8202
sailhelps.org**

Hours: Mon-Fri 8:00 am – 4:00 pm
The center provides information & training concerning transportation services to individuals with disabilities, family members & other interested parties. The center assists with arranging transportation & providing direct training for individuals with disabilities to arrange or use transportation services.

**Veterans Affairs Division @ Saratoga
County Office Building**

**2144 Doubleday Ave.
Ballston Spa, NY 12020
518-884-4115
saratogacountyny.gov**

Transportation is available to the VA Medical Center in Albany on Tuesday, Wednesday, Thursday, and Friday by appointment. Give name, last 4 numbers of SS number, clinic destination and time of appointment. This is a complimentary service.

**VOLUNTEER
OPPORTUNITIES**

**Care Links of Southern Saratoga
County**

**543 Saratoga Rd.
Glenville, NY 12302
518-399-3262
captaincares.org**

Open Mon-Fri. Trained volunteers provide free supportive services to persons 60+. (Available in the Towns of Clifton Park, Halfmoon, Malta, and Mechanicville.)

Community Connections

**290 West Ave, Suite 1
Saratoga, NY 12866
518-584-1621
saratogaseniorcenter.org**

Volunteers needed for home visits, respite assistance, household chores, transportation, shopping and errands, and telephone check-ins. Volunteers assist with tasks that appeal to their interests, skills and time restraints, according to their own schedule.

Foster Grandparent Program
Commission on Economic
Opportunity (CEO)

2331 Fifth Ave.
Troy, NY 12180
518-272-6012

ceoempowers.org

Earn tax free stipend and serve 15-40 hours a week in schools, hospitals, correctional institutions, Head Start and day care centers. Volunteers must meet income eligibility requirements.

Home Delivered Meal Volunteer
w/ Saratoga County Department
of Aging and Youth Services

152 West High St.
Ballston Spa, NY 12020
518-363-4020

saratogacountyny.gov

A volunteer program that recruits all ages to deliver nutritious noon-time meals to homebound seniors 60+ throughout Saratoga County.

The Retired and Senior Volunteer
Program w/ Saratoga County
Department of Aging and Youth
Services

152 West High St.
Ballston Spa, NY 12020
518-884-4110

saratogacountyny.gov

(RSVP) is part of the Corporation for National & Community Service, a national volunteer agency. Anyone 55 years or older is eligible to become a volunteer. RSVP offers opportunities to serve in many

locations. Volunteer assignments are a match between the specific interests of the volunteer and the particular needs of an organization.

Senior Companion Program

518-581-3074
866-946-9733

opwdd.ny.gov

Offers part-time opportunities for seniors to develop one-to-one relationships with developmentally disabled adults. Participants, who are income eligible, receive a tax-free stipend, possible transportation, daily meal, orientation and training.

YMCA of Saratoga County

518-272-6052

VOTER REGISTRATION

Board of Elections, Saratoga County

50 West High St.
Ballston Spa, NY 12020
518-885-2249

saratogacountyny.gov

Hours: Mon-Fri 9:00 am–5:00 pm
Registers eligible persons to vote & maintains central file of registered county voters. Provides upon request: absentee ballots for permanently ill, military, & out-of-town voters. Coordinates & oversees elections, maintains information on voting locations, election results, & legislative district boundaries. Tests prospective election inspectors, receives party-designating petitions for filing and keeps records of financial filing.

WEATHERIZATION/ HOUSING SERVICES

Care Links of Southern Saratoga County

**543 Saratoga Rd.
Glenville, NY 12302
518-399-3262
captaincares.org**

Open Mon-Fri. Trained volunteers provide supportive services, at no cost, to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Halfmoon, Mechanicville, and Malta.

Housing Program of Life Works

**39 Bath St.
Ballston Spa, NY 12020
518-288-3206
saratogaec.org**

Hours: Mon-Fri 8:30 am - 4:30 pm
EOC helps income eligible county residents better manage fuel and energy costs with the weatherization assistance program.

Rebuilding Together Saratoga County

**132 Milton Ave.
Ballston Spa, NY 12020
518-587-3315
RTsaratoga.org**

Non-profit organization that rehabilitates the homes of low-

income disabled and/or elderly homeowners, so that they may continue to live in warmth, safety and independence.

Roarke Custom Builders

**1969 Ferndale Rd.
Castleton, NY 12033
518-689-0066**

roarkecustombuilders.com

Roarke Custom Builders has been providing professional building and remodeling services throughout the Capital Region since 1986. Certified through NAHB as aging in place specialists.

Veterans Community Housing Coalition Inc.

**20 Prospect St. Bldg. 2 #313
Ballston Spa, NY 12020
518-885-0091**

vchcny.org

Hours: Mon – Fri 8:00 am – 4:00 pm
Administers Sec 8 Rental Assistance Program, Veterans Apartments, Budget Counseling and Veterans Employment Services.

Saratoga County Department of Social Services

518-884-4146

Emergency furnace repair applications.

**Saratoga Springs Office of
Community Development**

**474 Broadway
Saratoga Springs, NY 12866
518-587-3550, ext. 2575
saratoga-springs.org**

Hours: 9:00 am-5:00 pm

Community Development provides housing rehabilitation grant and loan programs, information and referral services.

Schrader and Company Inc.

**850 Saratoga Rd., PO Box 70
Burnt Hills, NY 12027
518-399-1881
schraderandco.com**

Hours: 7:30 am – 4:00 pm

Certified through AARP and Home Builders Association as aging in place specialists.

Umbrella of Capital District Inc.

**9 North Broadway
Schenectady, NY 12305
518-346-5249
theumbrella.org**

Nonprofit agency dedicated to helping senior citizens and person with disabilities live comfortably, safely and independently in their own homes. Services provided include low cost handyman service, house cleaning, lawn and garden work, plumbing, electrical repairs, grocery shopping, transportation and information and referral.

**United States Department of
Agriculture (USDA) - Rural
Development**

**2530 NYS Route 40
Greenwich, NY 12834
518-692-9940, option 4
rd.usda.gov**

Hours: Mon-Fri 8:00 am - 4:30 pm

Services include financial assistance for income eligible homeowners. Loan or grants are for ages 62+ and for home repairs, construction, and ownership.

SECTION 2: HOME HEALTH CARE GLOSSARY

Introduction

This section provides generic descriptions of various Home Health Care terms.

Glossary

Acute Care --- Care required by a client/patient for a short period, usually until an underlying condition is resolved. Acute care is delivered in a variety of settings including home, hospitals, and nursing facilities.

Case Management --- Coordination of a client/patient's health care services to ensure appropriate, quality care as their health care and social needs change.

Companion Aide --- Provides companionship for a client/patient and assists with tasks such as homemaking, meal planning, shopping, transportation, and possibly personal care.

Home Health Aide --- Paraprofessional caregivers through New York-approved programs provide hands-on personal care and light homemaking tasks. Aides may provide expanded health related tasks when trained and supervised by a Registered Nurse.

Homemaker/Housekeeper --- Helps with domestic tasks such as light housekeeping, laundry, shopping, and meal preparation.

Information and Referral --- Service to answer questions and guide the client/patient to appropriate services.

Infusion Therapy --- Intravenous medication administration for therapeutic purposes. Infusion therapy may include administration of antibiotics, hyperalimentation, chemotherapy, pain control medicines, hydration fluids, and selected blood products.

Licensed Practical Nurse (LPN) --- Provides a broad range of nursing services, including administration of prescription medicines, insulin injections, and monitoring of vital signs.

Long-Term Care (LTC) --- Care required by some children and adults with disabilities. Care ranges from household tasks to skilled nursing services. LTC is delivered in a variety of care settings, including home, adult home, and nursing facilities.

Master of Social Work (MSW) --- This licensed professional assesses the social and emotional factors impeding the client/patient's ability to cope with problems of daily living. Counsels and assists clients/patients and their families to understand and follow a medical treatment plan. Provides services to restore optimum health and social adjustment.

Nutritional Education --- Provides nutritional services to the client/patient as prescribed by their physician, including nutrition assessment, and counseling to meet normal and therapeutic needs.

Occupational Therapy (OT) ---
Performs diagnostic tests, measurements, and evaluations, such as mobility of joints, strength and endurance of muscles. Initiates and applies appropriate prevention, therapeutic and rehabilitative occupational therapy procedures and techniques.

Personal Care Aide (PCA) --- Trained paraprofessionals assist sick or disabled individuals with personal care and homemaking tasks.

Physical Therapist (PT) --- Performs diagnostic tests and evaluations, such as joint mobility, stability and appearance of walking, strength and muscle endurance

Rehabilitation Services --- Programs carried out in the home and individually designed for clients/patients with traumatic brain injury, strokes, multiple congenital anomalies, multiple sclerosis, muscular dystrophy, Lou Gehrig's disease, encephalitis, and severe arthritis, among others. Treatment addresses physical, mental, social, economic and behavioral needs to prevent acute illness, restore maximum function and move to client/patient toward the least restrictive environment.

Registered Nurse (RN) --- Performs all nursing functions including the most highly technical procedures, such as caring for clients/patients on ventilators or providing home infusion therapy. Performs client/patient assessments, initiates nursing services, and makes appropriate referrals. Takes the role of a case manager in a certified agency.

Respiratory Therapist (RT) --- Employs specific testing techniques to assist in diagnosis, monitoring, and treatment of those with respiratory problems. Provides respiratory rehabilitation, appropriate instruction, and supportive counseling for the client/patient and family until the optimum recovery level is achieved.

Respite --- Short term services provided in the home or in a facility designed to give the caregiver a break from care responsibilities. This allows caregivers time to take a vacation, attend to business, clean house, sleep, or perform other activities. May include nursing, personal care, meals, personal emergency response system, and community services.

Shopper Service --- Agency workers visit a client/patient's home to help prepare a grocery list. Shopper visits the grocery store and returns all purchases to the clients/patient's residence. Some assistance is available to put supplies away. Arrangements can be made regarding handling of client/patient money, food stamps or checks, payment of utility bills, prescriptions and other banking needs.

Sleepover --- Services provided overnight in an eight hour or longer shift while the client/patient or family sleeps.

Speech Therapy --- Assesses and evaluates client/patient's need for speech, language and/or audiology services. Initiates and applies appropriate preventive, therapeutic and rehabilitative procedures and techniques.

Twenty-Four-Hour Care --- Services that are provided “around-the-clock.”

Twenty-Four-Hour On-Call --- Availability of staff 24 hours a day, seven days a week to screen calls, coordinate or provide services as necessary.

SECTION 3: LONG-TERM CARE GLOSSARY

Introduction

This section provides generic descriptions of various long-term care options.

Long-Term Care Options

Many long-term care alternatives and services are available for elders. Before choosing what is right for you or a family member, it is important to understand the various levels of care associated in providing such services. Though families often go to great lengths in caring for aged loved ones, they may not be able to provide the best physical and emotional care without experiencing undue emotion, physical, or financial stress. When a person must decide the best alternative arrangement for meeting personal and health care needs, the following options are available:

Glossary

Adult Care Facility (ACF) --- 24 hour supervised living aids with personal care (bathing, dressing, grooming); monitors residents’ medications and physical/social needs. Three meals a day are included.

Adult Day Care --- Provides supervised daily programs outside the home,

including group and individual activities, nutritional meals, and companionship. Different programs may provide services such as nursing.

Assisted Living --- Provides an environment that is less restrictive at a more affordable price by combining the services of an adult care facility and licensed home care agency. Services, which may include acute and long-term home care, are based on each individual’s health care needs.

Enriched Living --- Offered to residents who need basic support services such as housekeeping, laundry, meals, etc.

Family-Type Home for Adults --- New York certified home providing long-term residential care, including room, board, personal care, and supervision, for one to four adults unrelated to the operator.

Home Health Care --- Services ranging from personal care assistance to nursing services to physical therapy are provided in the home by qualified home health care agencies.

Independent Living --- Provides apartment living for well elderly. Handicap accessible. Safety devices grab

bars, emergency call bells frequently provided. Residents care for self and apartment.

Residential Care Facilities --- Provides room and board. In addition, may offer social, recreational and spiritual programs, housekeeping, and emergency response systems.

Respite Care --- Provides temporary supportive care in a nursing facility or adult care facility for those who normally live in the community, but whose caregivers need relief (also known as short-term schedule care).

Skilled Nursing Facility (SNF) --- Provides intensive medical care, rehabilitative programs, and other specialized services under the supervision of an interdisciplinary care team for chronically ill and disabled elders.

SECTION 4: LEGAL GLOSSARY

Introduction

It is becoming increasingly clear that elderly people have very specific needs. It is also clear that there are some special legal concerns for those who provide care (caregivers) for the elderly. The following is a brief list of some of the terms that elderly people and their caregivers might find useful in working through their special legal needs.

Alternative Decision-Making

--- Elderly people are often in need of someone to assist them in making decisions. There are several ways to make another the "legal decision-maker" for oneself, including: a) guardianship, b) representative payeeship, c) durable power of attorney, and d) trust agreements.

Durable Power of Attorney

--- A document signed by an individual in which he or she appoints another to serve as his or her agent. This lasts beyond disability or incapacity. A person

does not forgo any of his or her legal rights by signing a **DPOA**. The document can be modified or revoked at any time prior to disability or incapacity. It is a very useful document because it allows the "incapacitated" to make his or her own decisions to the extent possible. It also gives the "incapacitated" person a choice in who will serve as the alternate decision maker. A Durable Power of Attorney can be signed only when one is "competent" to do so. It is very important to consider naming an alternate agent in the event that the first agent predeceases the protected person. The document must be notarized. Two witnesses are recommended as well.

Guardianship --- This is the most restrictive form of alternative decision making, requiring a court order. The guardian must report annually to the court. The "ward" (person subject to the guardianship) loses all of his or her rights, and is not considered competent to make decisions. The person

requesting the guardianship must prove by clear and convincing evidence that the proposed ward is not competent.

Living Will --- A document signed by an individual in which he or she expresses what his or her desires are in the event of a terminal illness or irreversible coma. It should be notarized and witnessed, and can be included in a Durable Power of Attorney.

Medical Durable Power of Attorney--- Same as a Durable Power of Attorney except specifically designed for medical decision making.

Representative Payee Ship --- A representative payee is a person appointed by the Social Security Administration to handle all of the protected person's Social Security affairs. In order to be appointed, a person must file an application with the Social Security office and have medical verification that the protected person is not capable of handling his or her own Social Security matters.

Springing Durable Power Of Attorney ---Same as the durable power of attorney except that it becomes effective upon disability or incapacity. A definition of disability or capacity must be included in the document.

Trust --- A legal entity in itself, capable of owning property. A trust is managed by a trustee for the benefit of another (beneficiary). It is possible to be your own trustee. A trust is most often used for estate planning purposes or to protect the assets of another. It is sometimes used by people who want to ensure that they will be cared for in later years. Can be a good estate planning tool; however, can be costlier than a will or probate, depending upon the size of the estate involved.

EVALUATION FORM

The Saratoga County Long Term Care Services Directory, Twelfth Edition

We hope that you find the Services Directory informative and easy to use. We would like to hear your comments, concerns, and suggestions regarding this and future editions of the Directory. Please take a few minutes to complete this evaluation form. Then, simply remove it from the directory and either fax it to us at 518-884-4104 or mail it back to us at 152 West High Street, Ballston Spa, NY 12020. Thank you for your time and interest in the Services Directory.

I found this directory:

- very helpful
- somewhat helpful
- not helpful

I found this directory:

- very easy to use
- somewhat easy to use
- difficult to use

In future editions, I would like to see more:

In future editions, I would like to see less:

My overall comments/suggestions are:

--THANK YOU--