

# The Volunteer Saratoga County RSVP



Saratoga County Retired and Senior Volunteer Program Newsletter — Oct/Nov/Dec 2023



Are you a retired Human Resource Manager? Do you have a background in health insurance? Would you consider yourself a "whiz" when it comes to Medicare? Then maybe you could put your skills to good use helping those newly eligible 65 year old participants better understand Medicare and which plans are best for them.

The Saratoga County Department of Aging & Youth Services is looking for experienced volunteers to provide their knowledge and guidance to our Health Insurance Information Counseling and Assistance Program (HIICAP).

If this is something you are interested in, please contact RSVP at 518-884-4110.

### Greetings, RSVP Volunteers!

I'm glad to have met a number of you at the Volunteer Recognition Event! I always do love putting faces to names. This year we had 125 people join us for the Recognition, which is up from years past.

I wanted to give a special thank you to those companies that donated a gift to be drawn as a door prize:

- -30 PARK Bistro/Bar/Events (30 Clifton Country Road, Clifton Park)
- -Bread Basket Bakery (65 Spring Street, Saratoga Springs)
- -Compton's Restaurant ( $457\ Broadway$ ,  $Saratoga\ Springs$ )
- -C & R Restaurant (1396 NY-29, Galway)
- -The Grounded Ginger (3026 County Highway 107, Amsterdam)
- -Hannaford Supermarkets (11 Trieble Avenue, Ballston Spa)
- -Lakeside Farms (336 Schauber Road, Ballston Lake)
- -Morton's The Steakhouse (342 Jefferson Street, Saratoga Springs)
- -Olde Bryan Inn (123 Maple Avenue, Saratoga Springs)
- -The Ripe Tomato (2721 US-9, Ballston Spa)
- -Saratoga Olive Oil Company (484 Broadway, Saratoga Springs)
- -Sunnyside Gardens (345 Church Street, Saratoga Springs)

And of course, we wouldn't be able to do any of this without all of you, our Valued Volunteers!

With gratitude,

Donovan Ryan

RSVP Coordinator

## A List of our Stations/Programs that are always looking for help: (Please let me know if you're interested in any of these)

- Home Delivered Meal Program
- LifeWorks Food Pantry Assistants/
- Receptionists

   Garden Volunteers

- Health Insurance Counseling
- Transportation Assistants
- Telecare Callers

- Rebuilding Together, Saratoga County
- And many more!

Volunteers and Stations are the heart of RSVP. All of our Stations provide meaningful services to our community. Feel free to contact me with any updates/changes, or to inquire about any opportunities that are available.

Email: diryan@saratogacountyny.gov OR 518-884-4110



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**RSVP Volunteer Drivers** are needed to transport seniors to and from medical appointments throughout Saratoga County.

Please contact RSVP at 518-884-4110 if you are interested in this program.





Recognizing those very special Volunteers who are reaching some very impressive Milestones!

30 Years: Ray Prevost

**20 Years:** Roberta Durphey

Peg Moody Ron Owen Alice Rogner

15 Years: Jim Brown

Hugette Delvaux Rudy Tomasik

10 Years:

Congratulations!

Luz French Esther Riegert Clara Scotti Catherine Kelley

# LifeWorks COMMUNITY ACTION

Located on Bath St. in Ballston Spa, LifeWorks Community Action is the designated anti-poverty agency for Saratoga County, dedicated to providing opportunities for individuals and families to achieve self-sufficiency.

LifeWorks is currently looking for volunteer receptionists to help answer phones and greet customers. They are also looking for food pantry assistants to help stock shelves, fill food orders, and rotate stock.

If you are interested in volunteering, please contact RSVP at 518-884-4110.

# **Telecare**

# **Friendly Phone Call Program**

Do you like talking to people and discussing common interests?

Would you like to make a home-bound seniors' day? If so, call RSVP to find out how you can be part of this worthwhile outreach effort.

The Saratoga County Department of Aging and Youth Services is in need of Home Delivered Meal Drivers throughout Saratoga County!

Pick up nutritious, prepared meals and deliver them to primarily homebound seniors in need.

An average route takes less than an hour in time.

Currently we are in need for Home Delivered Meal volunteers all over Saratoga County!

Substitutes are always needed throughout the County.

Please call Home Delivered Meals at: 518-363-4020

## **Welcome New Members!**

Sweeta Aulicino

John Foley

Marilyn Killary

Kimberly McManus

Terry Ryfa

Don Wise