





SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-March 2024
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Macaroni & Cheese Stewed Tomatoes Broccoli Yogurt
4 Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio SF Chocolate Cookies	5 Beef Pepper Steak Couscous Pilaf Mixed Vegetables WW Dinner Roll Tropical Fruit	6 Shredded Pork w/ Picatta Sauce Oven Roasted Potatoes Butternut Squash WW Dinner Roll Mandarin Oranges	7 Italian Stew Orzo Pasta Green Beans WW Dinner Roll SF Vanilla Pudding	8 Tuna Noodle Casserole Peas & Carrots Broccoli Corn Muffin Banana
11 Sloppy Joe on Bun Spinach Cauliflower Shortbread Cookies	12 Ranch Chicken Oven Roasted Potatoes California Blend Vegetables Corn Muffin Peaches	13 Egg Salad on Bun Pea Salad Marinated Beet & Onion Salad Orange	14 St. Patrick's Day Special Corned Beef & Cabbage Red Potatoes Carrots Rye Dinner Roll Chocolate Shamrock Cake 	15 Vegetarian Bean Chili Beets Mixed Vegetables Corn Muffin Yogurt
18 Shredded Pork w/Gravy Mashed Potatoes Beets Mandarin Oranges	19 Shepherd's Pie Spinach Warm Cranberry Crunch Applesauce	20 Birthday Special Chicken Florentine Couscous Pilaf Peas & Carrots Frosted Cake 	21 Swedish Meatballs Buttered Egg Noodles Broccoli SF Chocolate Pudding	22 Seafood Newburg Orzo Pasta Vegetable Trio Corn Muffin Fresh Orange
25 Spanish Beef & Rice Casserole Broccoli Warm Peach Crisp	26 Chicken Salad on Bun Macaroni Salad Marinated Vegetable Salad Mandarin Oranges	27 Easter Special LS Ham w/Cranberry Mustard Sauce Mashed Sweet Potatoes Asparagus Vegetable Medley Dinner Roll Frosted Lemon Cake 	28 Chicken Paprikash Egg Noodles Mixed Vegetables WW Dinner Roll Applesauce	29 Breaded Fish Tartar Sauce Home fries Stewed Tomatoes Fresh Orange

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**