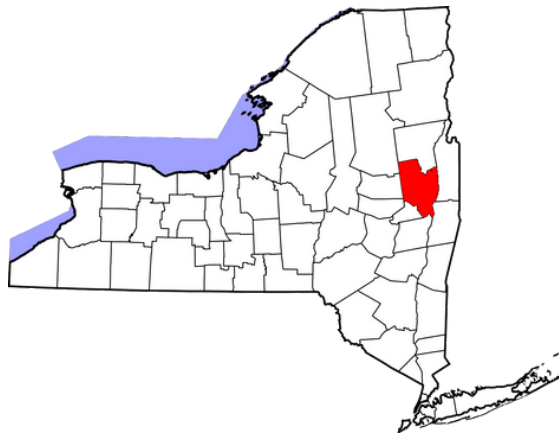




**SARATOGA COUNTY** EST. 1791  
Department of Health

# **MENTAL HEALTH & SUBSTANCE USE DISORDER RESOURCE GUIDE**



## **Saratoga County, New York**

**PUBLISHED BY THE SARATOGA COUNTY DEPARTMENTS OF HEALTH  
AND MENTAL HEALTH & ADDICTION SERVICES.**

**UPDATED JANUARY 2024**





**This is a directory of mental health and substance use disorder treatment programs and services for residents of Saratoga County, New York. This is by no means a complete listing of all organizations within the county.**

**The listing of an organization in this directory does not imply an endorsement of its purpose or quality, nor does omission signify disapproval.**

**For a list of all providers in New York, please visit:  
[Mental Health Program Directory](#)**

**[Substance Use Disorder  
Treatment Availability Dashboard](#)**

**[Substance Use Disorder  
Treatment Centers in New York](#)**

**If you are not currently listed in the resource guide, but would like to be included in the next update, please submit your request to [ed@saratogacountyny.gov](mailto:ed@saratogacountyny.gov).**



**Scan the QR code to view the most recent version of the resource guide.**

**PUBLISHED BY THE SARATOGA COUNTY DEPARTMENTS OF HEALTH  
AND MENTAL HEALTH & ADDICTION SERVICES.**





## **Agencies in this directory are listed alphabetically.**

**Adirondack Health Institute (AHI)**

**Adirondack Vets House**

**Alliance for Positive Health -AIDS Council of NENY**

**Alzheimer's Association Helpline**

**Backstretch Employee Service Team (BEST)**

**Ballston Area Community Center**

**Baywood Center**

**Big Brothers Big Sisters of the Capital Region**

**Capital District Physicians' Health Plan, Inc**

**Capital District Psychiatric Center**

**Capital District YMCA**

**Captain Community Human Services**

**Catholic Charities –Saratoga County**

**Center for Recovery**

**Champlain Valley Physicians Hospital (CVPH) Child & Adolescent Psychiatry**

**Child and Adolescent Psychiatric Evaluation Services**

**Children's Health Home of Upstate NY (CHHUNY)**

**Chelsea Place Psychological, PLLC**

**Clearwater Counseling**

**Community Hospice**

**Conifer Park**

**Coordinated Opioid & Stimulant Treatment**

**CPR Certification**

**ECS Psychological Services**

**Ellis Hospital**

**First Aid and Safety Training**





## **Agencies in this directory are listed alphabetically.**

**Four Winds Hospital**

**Glens Falls Center for Children and Families**

**Healing Springs**

**Heroin Anonymous**

**Helplines**

**Home & Community Based Services**

**HPA LiveWell**

**Karner Psychological Services**

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**National Alliance for the Mentally Ill (NAMI)**

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**Office of Mental Health (OMH)**

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**Agencies in this directory are listed alphabetically.**

**Parsons OnTrack NY**

**Project COAST**

**RISE Housing and Support Services**

**Saratoga Center for the Family**

**Saratoga Community Health Center**

**Saratoga County Alcohol & Substance Abuse Services**

**Saratoga County Department of Mental Health & Addiction Services**

**Saratoga County Personalized Recovery Oriented Services (PROS)**

**Saratoga County Veterans Service Agency**

**Saratoga Hospital**

**Saratoga Mentoring -A program of Catholic Charities**

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**SPARC Saratoga- St. Peter's Addiction Recovery Center**

**St. Peter's Addiction Recovery Services**

**Test Strips: Fentanyl & Xylazine**

**The NYS Community Health Access to Addiction & Mental Healthcare Project  
(CHAMP)**

**The Prevention Council**

**Therapeutic Horses of Saratoga**

**Tobacco and Vaping Resources**

**True North**

**Union Street Counseling**

**Wellspring**





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-  Services for Individuals with Disabilities
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- I** Inpatient Treatment
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## MENTAL HEALTH & SUD RESOURCES

### Adirondack Health Institute (AHI)

Adirondack Health Institute is a team of mission-driven professionals partnering with regional health care providers and community-based organizations to improve health care, lower costs and realize a healthier future for the Adirondack region. They coordinate medical and behavioral health care by connecting community and social supports with health care for high-risk Medicaid members with: HIV/ AIDS, or a serious persistent mental illness, or two or more other chronic conditions.

**Phone:**  
**(518) 480-0111**

**Address:**  
**100 Glen St. Suite 1A;**  
**Glens Falls, NY 12801**



**Website:**  
[www.ahihealth.org](http://www.ahihealth.org)

### Adirondack Vets House

Adirondack Vets House is a non-profit longer-term facility for homeless veterans. The location of the house is within walking distance to the VA medical clinic for medical or psychological assistance if needed. All other appointments that are not in the approximate area can be arranged through a VA van service to accommodate their specific needs.

**Phone:**  
**(518) 793-6545**

**Address:**  
**26 Pine St.**  
**Glens Falls, NY 12801**



**Website:**  
[www.adirondackvetshouse.com](http://www.adirondackvetshouse.com)



## MENTAL HEALTH & SUD RESOURCES

### Alliance for Positive Health -AIDS Council of NENY

**The Alliance for Positive Health provides care coordination for people with chronic diseases including HIV/AIDS, diabetes, hypertension, heart disease, obesity, serious mental illness, substance use and asthma.**

**Phone:**  
**(518) 434-4686**  
**Albany**

**(518) 743-0703**  
**Glens Falls**

**Address:**  
**927 Broadway,**  
**Albany, NY 12207**

**13 Chester St,**  
**Glens Falls, NY 12801**



**Website:**  
**[www.allianceforpositivehealth.org](http://www.allianceforpositivehealth.org)**

### Alzheimer's Association Helpline

**The Alzheimer's association offers help and support for those who care for someone with Alzheimer's, those who have Alzheimer's, and the community. The 24/7 Helpline connects callers with care specialists and master's-level clinicians which provide reliable information and support all day, every day.**

**Phone:**  
**(800) 272-3900**



**Website:**  
**[www.alz.org/help\\_support/resources/helpline](http://www.alz.org/help_support/resources/helpline)**





## MENTAL HEALTH & SUD RESOURCES

### Backstretch Employee Service Team (BEST)

The Backstretch Employee Service Team provides both preventative and responsive healthcare to the backstretch workers of Saratoga. They consider a person's physical health in relationship to mental and social factors in order to promote a healthier lifestyle for all backstretch employees.

**Phone:**  
(518) 587-3720



**Website:**  
<https://www.bestbackstretch.org>

### Ballston Area Community Center

The Ballston Area Community Center provides essential community services, programs, support and projects that enhance the social, emotional and recreational development of youth and families of the Ballston Area.

**Phone:**  
(518) 885-3261

**Address:**  
20 Malta Ave.  
Ballston Spa, NY 12020



**Website:**  
<https://ballstonareacc.org>

### Baywood Center

The Baywood Center specializes in the treatment of mental health and substance abuse, opioid addiction and alcoholism. The agency utilizes a person centered approach to identify the services most appropriate for each individual. Services include individual therapy, group therapy, specialized group therapy and medication assistance.

**Phone:**  
(518) 798-4221

**Address:**  
551 Bay Rd. #2,  
Queensbury, NY 12804



**Website:**  
[www.recovery.org/providers/baywood](http://www.recovery.org/providers/baywood)



## MENTAL HEALTH & SUD RESOURCES

### Big Brothers Big Sisters of the Capital Region

The Big Brothers Big Sisters of the Capital region is a community Mentoring Program where adult volunteers are matched with children between ages 6 and 18. Program enrollees will spend time in the community, building friendships and enjoying everyday fun and activities.

**Phone:**  
**(518) 862-1250**

**Email:**  
**info@bbbscr.org**



**Website:**  
**[www.bbbscr.org](http://www.bbbscr.org)**

### Capital District Physicians' Health Plan, Inc

CDPHP members have access to licensed mental health professionals who can offer emotional support, crisis de-escalation, and assistance in connecting with providers and resources, free of charge. CDPHP partners with the area's preeminent psychologists, psychiatrists, social workers, therapists, and other mental health care experts for all mental health and substance use disorder needs.

**Phone:**  
**1-888-320-9584**  
**Behavioral Health Access  
Center & After-Hours Crisis  
Hotline**



**Website:**  
**[www.cdphp.com/members/wellness/get-health-support/mental-health](http://www.cdphp.com/members/wellness/get-health-support/mental-health)**



## MENTAL HEALTH & SUD RESOURCES

### Capital District Psychiatric Center

Capital District Psychiatric Center provides inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses and for whom brief or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults.

CDPC also operates three adult community residences.

**Phone:**

**(518) 549-6000**

**Address:**

**75 New Scotland Ave.  
Albany, NY 12208**



**Website:**

[www.omh.ny.gov/omhweb/facilities/cdpc](http://www.omh.ny.gov/omhweb/facilities/cdpc)

### Capital District YMCA

The Capital District YMCA provides health and wellness activities to promote strong mind, body and spirit.

**Phone:**

**(518) 371-2139**

**Address:**

**1 Wall St.  
Clifton Park, NY 12065**



**Website:**

[www.cdymca.org](http://www.cdymca.org)



## MENTAL HEALTH & SUD RESOURCES

### Captain Community Human Services

**Captain Community Health Services offers family support services that provide respite and skill building, family support, special needs advocacy, pre-vocational and crisis services to children and youth with special needs. Captain also offers a family development empowerment-based mentoring program that provides guidance, advocacy, and support to individuals and families seeking to restore their sense of hope and healthy independence.**

#### **Locations:**

**5 Municipal Plaza Suite 3  
Clifton Park, NY 12065  
(518) 371-1185**

**543 Saratoga Rd.  
Glenville, NY 12302  
(518) 399-4624**



#### **Website:**

**[www.captaincares.org](http://www.captaincares.org)**

### Catholic Charities –Saratoga County

**Catholic Charities is a long standing community case management provider that offers a family counseling program, mentoring programs for children, and harm reduction services through drop in and by appointment.**

#### **Phone:**

**(518) 587-5000**

#### **Address:**

**142 Regent St.  
Saratoga Springs, NY 12866**



#### **Website:**

**[www.ccrda.org](http://www.ccrda.org)**



## MENTAL HEALTH & SUD RESOURCES

### Center for Recovery

The Center for Recovery offers outpatient services including evaluations for substance use disorders, individual and family counseling, group therapy, medication assisted treatment and vocational services. Intensive outpatient treatment is available by arrangement according to clinical needs, up to five days per week.

**Phone:**  
**1-866-577-3836**  
**Crisis Helpline**

**Address:**  
**101 Ridge St.**  
**Glens Falls, NY 12801**  
**(518) 926-7200**



**Website:**

[www.bhsn.org/mental-health/center-for-recovery](http://www.bhsn.org/mental-health/center-for-recovery)

### Champlain Valley Physicians Hospital CVPH Child & Adolescent Psychiatry

The Champlain Valley Physicians Hospital child and adolescent inpatient psychiatry unit has 12 beds, all in private rooms with shared bathrooms.

The program is designed to help children and adolescents ages 6-18 who are having a crisis severe enough to impact their safety and/or the safety of others.

**Phone:**  
**(518) 562-7458**

**Address:**  
**75 Beekman St.**  
**Plattsburgh, NY 12901**



**Website:**

[www.cvph.org/Departments-and-Programs/Psychiatry/Child-and-Adolescent-Inpatient-Psychiatry](http://www.cvph.org/Departments-and-Programs/Psychiatry/Child-and-Adolescent-Inpatient-Psychiatry)



## MENTAL HEALTH & SUD RESOURCES

### Child and Adolescent Psychiatric Evaluation Services

The Child and Adolescent Psychiatric Evaluation Services (CAPES) at Albany Medical Center recognize the emotional challenges faced by children and adolescents. CAPES specialize in treating patients suffering from psychiatric disorders and other illnesses.

**Phone:**  
**(518) 262-5511**

**Address:**  
**2 Clara Barton Dr.**  
**Albany, New York 12208**

**1019 New Loudon Rd.**  
**Cohoes, New York 12047**



**Website:**

[www.amc.edu/patient/services/childrens\\_hospital/pediatric\\_psychiatry/index.cfm](http://www.amc.edu/patient/services/childrens_hospital/pediatric_psychiatry/index.cfm)

### Children's Health Home of Upstate NY (CHHUNY)

The Children's Health Homes of Upstate New York (CHHUNY) was established to plan for and operate as a Health Home for Children. CHHUNY is using a model of care management based upon the belief that every family has strengths and that families are the natural and most effective drivers of their care.

**Phone:**  
**(855) 209-1142**

**Address:**  
**2300 Buffalo Rd.**  
**Building 500-B,**  
**Rochester, NY 14624**



**Website:**

[www.childrenshealthhome.com](http://www.childrenshealthhome.com)





## MENTAL HEALTH & SUD RESOURCES

### Chelsea Place Psychological, PLLC

Chelsea Place Psychological offers a range of consultation and evaluation services to meet the needs of all of clients. Services include developmental assessments, individual and group counseling.

**Phone:**  
(518) 982-1886

**Address:**  
6 Chelsea Pl. Suite 202,  
Clifton Park, NY



**Website:**  
[www.chelseaplacepsych.com](http://www.chelseaplacepsych.com)

### Clearwater Counseling

Clearwater Counseling is a team of clinicians who have extensive experience helping individuals and families with a wide variety of mental health needs, including anxiety, depression, grief and loss, anger management, impulse control problems, individuals with developmental disabilities and psychiatric conditions.

**Phone:**  
(518) 245-6272

**Address:**  
35 Bath Street  
Ballston Spa, NY 12020



**Website:**  
[www.clearwaterpllc.com](http://www.clearwaterpllc.com)

### Community Hospice

The Community Hospice provides free grief support services to those who have experienced the death of a family member or friend. Additional supports are available for schools and organizations, including trainings, groups, and remembrance services.

**Phone:**  
(518) 724-0242  
1-800-678-0711

**Address:**  
445 New Karner Road,  
Albany, NY 12205



**Website:**  
[www.communityhospice.org](http://www.communityhospice.org)



## MENTAL HEALTH & SUD RESOURCES

### Conifer Park

Conifer Park has been treating substance use disorder and behavioral health since 1983. They offer a variety of services for patients and their families to help aid in the process of recovery. Conifer Park is happy to offer transportation to those entering the inpatient rehabilitation and detoxification services at the Glenville location, free of cost.

**Phone:**  
**(800) 989-6446**

**Address:**  
**79 Glenridge Rd.**  
**Glenville, NY 12302**



**Website:**  
[www.coniferpark.com](http://www.coniferpark.com)

### Coordinated Opioid & Stimulant Treatment

Coordinated Opioid and Stimulant Treatment (COAST) is a network of substance use specialists in the Capital Region and Hudson Valley created to provide people with opioid and stimulant addiction the prevention, treatment, and recovery services that they need instantaneously. Funded by the Office of Addiction Services and Supports (OASAS) and coordinated by Capital Behavioral Health Network (CBHN), the COAST network was created to make getting help for opioid and stimulant addiction quicker and more accessible.

**Phone:**  
**(866) 930-4999**

**1-877-846-7369**  
**NYS Hopeline**



**Website:**  
[www.cbhnetwork.com/coast](http://www.cbhnetwork.com/coast)



## MENTAL HEALTH & SUD RESOURCES

### CPR Certification

**Adirondack Health and Safety - [www.adirondackhst.com](http://www.adirondackhst.com)**

**American Heart Association - [www.cpr.heart.org/en](http://www.cpr.heart.org/en)**

**American Red Cross - [www.redcross.org/take-a-class/cpr](http://www.redcross.org/take-a-class/cpr)**

**Capital Safety Services - [www.capitalsafety-services.com](http://www.capitalsafety-services.com)**

**Various Saratoga County EMS Agencies - [www.saratogaems.org](http://www.saratogaems.org)**

### ECS Psychological Services

The mission of ECS Psychological Services is to provide a caring and supportive environment that personalizes treatment for each clients needs. They provide services for children, couples and family therapy, animal assisted therapy, group therapy, psychological evaluations, rapid resolution therapy, military services and bariatric services.

**Phone:**  
**(518) 580-0520**

**Address:**  
**210 Church St.**  
**Saratoga Springs, NY 12866**



**Website:**  
**[www.ecspsychological.com](http://www.ecspsychological.com)**



## MENTAL HEALTH & SUD RESOURCES

### Ellis Hospital

Crisis services are offered in the hospital's Emergency Department 24 hours a day, 7 days a week to care for mental health patients in crisis.

Patients seeking crisis services have the option of being seen in person or by calling Ellis's Crisis Line.

**Phone:**

**Child/Adolescent Outpatient Services: (518) 382-2290**

**Crisis/Inpatient Services: (518) 243-4000**

**Address:**

**103 Sitterly Road,  
Clifton Park NY 12065**



**Website:**

**[www.ellismedicine.org/emergency/default.aspx](http://www.ellismedicine.org/emergency/default.aspx)**

### First Aid & Safety Training

**Adirondack Health and Safety - [www.adirondackhst.com](http://www.adirondackhst.com)**

**American Red Cross - [www.redcross.org/take-a-class](http://www.redcross.org/take-a-class)**

**Capital Safety Services - [www.capitalsafetyervices.com](http://www.capitalsafetyervices.com)**

**Various Saratoga County EMS Agencies - [www.saratogaems.org](http://www.saratogaems.org)**



## MENTAL HEALTH & SUD RESOURCES

### Four Winds Hospital

**Four Winds Hospitals provides inpatient and outpatient mental health treatment services for children, adolescents and adults. They acknowledge and honor the fundamental value of all individuals by embracing diversity and cultural differences.**

**Phone:**  
**(518) 584-3600**

**Address:**  
**30 Crescent Ave. Saratoga Springs, NY 12866**



**Website:**

**[www.fourwindshospital.com/about four winds/saratoga](http://www.fourwindshospital.com/about_four_winds/saratoga)**

### Glens Falls Center for Children and Families

**The Glens Falls Center for Children and Families provides outpatient treatment services. Treatment includes dialectical behavior therapy, trauma therapy and cognitive behavioral therapy.**

**Phone:**  
**(518) 926-7100**

**Address:**  
**1 Lawrence St. #1,  
Glens Falls, NY 12801**



**Website:**

**[www.glensfallshospital.org](http://www.glensfallshospital.org)**



## MENTAL HEALTH & SUD RESOURCES

### Healing Springs Recovery Community Outreach Center

The Healing Springs Recovery Community & Outreach Center provides free programs for people in recovery from a substance use disorder and their families. They offer peer support, skill building, recreation, wellness education, employment readiness, and social activities in a safe, welcoming, and alcohol/drug free environment. The Center also provides information, education, and assistance to the community on how to access addiction treatment and will help people navigate complex insurance and treatment issues.

**Phone:**  
**(518) 306-3048**

**Address:**  
**125 High Rock Ave.**  
**Saratoga Springs, NY 12866**



**Website:**  
[www.preventioncouncil.org/healingsprings](http://www.preventioncouncil.org/healingsprings)

### Heroin Anonymous

Heroin Anonymous (HA) is a fellowship of men and women who have found a better way of life, free from heroin addiction. Both in-person and online meetings are available.

**Phone:**  
**(518) 375-9811**

**Address:**  
**362 State St.**  
**Albany, NY 12210**



**Website:**  
[www.heroinanonymous.org](http://www.heroinanonymous.org)





## MENTAL HEALTH & SUD RESOURCES

### Helplines

#### **Crisis Textline**

**Text HOME to 741741 to connect with a volunteer crisis counselor.**

#### **LGBT National Youth Talkline**

**1-800-246-7743**

#### **LGBT National Senior Hotline**

**1-888-234-7243**

#### **The New York State HOPEline**

**Call 1-877-8-HOPENY(467369) or text HOPENY (467369).**

#### **SAMSA National Helpline**

**Treatment referral and information services.  
Text your 5-digit ZIP Code to 435748 (HELP4U).**

#### **211 Information & Referral**

**Call 211 for mental health, substance use, crisis and emergency assistance, housing services, food assistance & more.**

#### **988 Suicide & Crisis Lifeline**

**Call or text 988 or chat [988lifeline.org](https://988lifeline.org) if you or a loved one are in need of suicide crisis or mental health support.**



## MENTAL HEALTH & SUD RESOURCES

### Home & Community Based Services

Home and community based services (HCBS) provides opportunities for Medicaid beneficiaries to receive services in their own home or community rather than institutions or other isolated settings. These programs serve a variety of targeted populations groups, such as people with intellectual or developmental disabilities, physical disabilities, and/or mental illnesses.

**Phone:**  
**1-833-333-2937**



**Website:**  
[www.medicaid.gov/medicaid/home-community-based-services/index.html](http://www.medicaid.gov/medicaid/home-community-based-services/index.html)

### HPA Livewell

The goal at HPA/LiveWell is to help you live well while you stay connected to your world and the things in your life that make you who you are.

Starting with an initial evaluation with a licensed clinician, they will work with you to create a treatment plan to match your specific goals and personal needs. Some of the mental health concerns that

LiveWell can guide you through include, but are not limited to: eating disorders, anxiety, depression and mood disorders, ADHD, obsessive-compulsive disorder, and post-traumatic stress disorder. LiveWell provides a wide range of mental health services for the Capital District Region and for the entire state of New York through online therapy.

**Phone:**  
**518-218-1188**

**Address:**  
**200 Great Oaks Blvd.**  
**Suite 215**  
**Albany, NY 12203**



**Website:**  
[www.hpallivewell.com](http://www.hpallivewell.com)



## MENTAL HEALTH & SUD RESOURCES

### Karner Psychological Services

**Karner Psychological Associates is a long-established outpatient mental health practice, serving the Capital District and larger tri-state area. They aim to provide patients with the highest quality therapeutic experience across a broad range of specialties.**

**Phone:**  
**(518) 456-5056**

**Address:**  
**634 Plank Rd. Suite 206**  
**Clifton Park, NY 12065**

**2280 Western Ave.**  
**Guilderland, NY 12084**



**Website:**  
[www.karnercare.com](http://www.karnercare.com)

### Kee to Independent Growth

**Kee to Independent Growth offers both in home CIC and CPST services. Community Integration Counseling (CIC) is an individualized service designed to effectively manage the emotional difficulties associated with adjusting to and living in the community from an illness or after an injury. It is a counseling service provided to a participant coping with altered abilities and skills, the need to revise long term expectations, and changed roles in relation to significant others. Community Psychiatric Support and Treatment (CPST) is very similar; however it is offered for those suffering with mental illness, substance addiction or both via the Community Oriented Recovery Empowerment (CORE). These services are available to participants and/or anyone involved in an ongoing significant relationship with the participant.**

**Phone:**  
**(518) 309-3557**

**Address:**  
**P.O. Box 243**  
**Ballston Spa, NY 12020**



**Website:**  
[www.keetoindependentgrowth.com](http://www.keetoindependentgrowth.com)



## MENTAL HEALTH & SUD RESOURCES

### KM Psychiatry Associates

**KM Associates can provide you with medication management to help you on your path of healing and recovery. The patient-centered, and integrative approach to providing psychiatric care will both challenge and embolden you to actively pursue change in your overall health and wellness.**

**Phone:**  
**(518) 557-1712**

**Address:**  
**4 Emma Lane**  
**Suite 402**  
**Clifton Park, NY 12065**



**Website:**

**[www.kmpsychiatryassociates.com/contact](http://www.kmpsychiatryassociates.com/contact)**

### Mechanicville Area Community Services Center (MACSC)

**MACSC's Youth Development Program offers educational and recreational activities after school, evenings and weekends, and during the summer. The Program is designed to help children learn, build their socialization skills and play while their parents are working and/or continuing their education.**

**Phone:**  
**(518) 664-8322**

**Address:**  
**6 S Main St,**  
**Mechanicville, NY 12118**



**Website:**

**[www.mechanicvilleacsc.org](http://www.mechanicvilleacsc.org)**



## MENTAL HEALTH & SUD RESOURCES

### Mediation Matters

Mediation matters is a multi-faceted organization of volunteers and professionals dedicated to empowering individuals, communities and families to manage and resolve conflict. They offer a Peer Mediation programming that works to train and empower students to resolve interpersonal conflicts without violence and bullying.

Phone:  
(518) 584-6361

Address:  
480 Broadway, LL-32  
Saratoga Springs, NY 12866



Website:  
[www.mediationmatters.org](http://www.mediationmatters.org)

### Mental Hygiene Legal Services

The Mental Hygiene Legal Service (MHLS) is a New York State agency responsible for representing, advocating and litigating on behalf of individuals receiving services for a mental disability.

Phone:  
(518) 451-8710



Website:  
[www.nycourts.gov/ad3/mhls/index.html](http://www.nycourts.gov/ad3/mhls/index.html)

### Mohawk Valley Psychiatric Center

The Mohawk Valley Psychiatric Center provides quality, individualized psychiatric treatment and rehabilitation services that promote recovery. Evidence based psychiatric care is available for both children and adults. Services are designed to support the individual recovery process through psychiatric clinical services, rehabilitation, self-help/peer support services, and employment services.

Phone:  
(315) 738-3800

Address:  
1400 Noyes St.  
Utica, NY 13502



Website:  
[www.omh.ny.gov/omhweb/facilities/mvpc](http://www.omh.ny.gov/omhweb/facilities/mvpc)



## MENTAL HEALTH & SUD RESOURCES

### Medication Disposal Drop Boxes

**Corinth EMS**  
**101 Sherman Ave, Corinth, NY 12822**

**CVS Pharmacy - Select Locations:**  
**34 Congress St, Saratoga Springs, NY 12866**  
**839 Rte. 146, Clifton Park, NY 12065**

**Mechanicville Police Department**  
**36 N Main St #1, Mechanicville, NY 12118**

**Paul E. Lent Public Safety Facility**  
**6012 County Farm Rd, Ballston Spa, NY 12020**

**Saratoga County Correctional Facility**  
**6010 County Farm Rd, Ballston Spa, NY 12020**

**Saratoga Hospital Emergency Center**  
**211 Church St, Saratoga Springs, NY 12866**

**Saratoga Springs Police Department**  
**5 Lake Ave, Saratoga Springs, NY 12866**

**Walgreens Pharmacy**  
**3020 Rte. 50 Saratoga Springs, NY 12866**





## MENTAL HEALTH & SUD RESOURCES

### Naloxone

**Healing Springs Recovery Community Center**  
**(518) 306-3048**  
**125 High Rock Avenue, Saratoga Springs, NY 12866**  
**Website: [www.preventioncouncil.org/healingsprings](http://www.preventioncouncil.org/healingsprings)**

**Medication for Addiction Treatment and Electronic Referrals**  
**(MATTERS)**  
**(765) 628-8377**  
**Website: [www.mattersnetwork.org/harmreduction](http://www.mattersnetwork.org/harmreduction)**

**Saratoga County Department of Health**  
**(518) 584-7460**  
**6012 County Farm Road, Ballston Spa, NY 12020**  
**Website: [www.saratogacountyny.gov/narcan](http://www.saratogacountyny.gov/narcan)**



## MENTAL HEALTH & SUD RESOURCES

### Naloxbox\* Locations

**Ballston Spa Public Library**  
**21 Milton Avenue, Ballston Spa, NY 12020**

**Clifton Park-Halfmoon Public Library**  
**475 Moe Road, Clifton Park, NY 12065**

**Galway Public Library**  
**2112 East Street, Galway, NY 12074**

**Mechanicville Public District Library**  
**190 N Main Street, Mechanicville, NY 12118**

**Round Lake Library**  
**1 Bayberry Dr, Ballston Spa, NY 12020**  
**31 Wesley Avenue, Round Lake, NY 12151**

**Saratoga Performing Arts Center**  
**108 Avenue of the Pines, Saratoga Springs, NY 12866**

**Saratoga Springs Public Library**  
**49 Henry Street, Saratoga Springs, NY 12866**

**Schuylerville Public Library**  
**52 Ferry Street, Schuylerville, NY 12871**

**Town of Ballston Community Library**  
**2 Lawmar Ln, Burnt Hills, NY 12027**

**Waterford Public Library**  
**117 Third Street, Waterford, NY 12188**

[Naloxbox Map](#)

\*Inspired by the life-saving concept of Automated External Defibrillators (AEDs), the NaloxBox serves as a public emergency intervention tool designed to house multiple, free, prepackaged doses of nasal naloxone spray to improve the capacity of bystanders in order to save the lives of those experiencing an opioid overdose. Each NaloxBox contains several doses of nasal naloxone (Narcan) spray and other life-saving resources. The contents of the NaloxBox are free and open to the public.



## MENTAL HEALTH & SUD RESOURCES

### National Alliance for the Mentally Ill (NAMI)

**NAMI-NYS is the state organization of the National Alliance on Mental Illness, the nation's largest grassroots organization for people with mental illness and their families. NAMI-NYS provides support to family and friends of individuals with mental illness and persons living with mental illnesses through more than 50 affiliates statewide.**

**Phone:**  
**(518) 462-2000**

**NAMI-NYS HELPLINE**  
**518-245-9160**



**Website:**  
**[www.naminys.org](http://www.naminys.org)**

### New Choices Recovery Center

**New Choices Recovery Center, through its caring responsive staff, provides innovative and comprehensive addiction treatment services that enhance the quality of life for the individuals and the community. Services include outpatient clinical medication services, gambling recovery, impaired driver program, outreach and engagement services for Saratoga County, residential services, and substance use prevention.**

**Phone:**  
**(518) 346-4436**

**Address:**  
**728 State Street**  
**Schenectady, NY 12307**



**Website:**  
**[www.newchoicesrecovery.org/site](http://www.newchoicesrecovery.org/site)**



## MENTAL HEALTH & SUD RESOURCES

### New Paradigm Psychological Services, PLLC

New paradigm is a psychological practice that focuses in forensic psychology with a current specialization in dealing with populations that have committed sexual offenses or have sexual problems.

**Phone:**  
**(518) 729-3953**

**Address:**  
**845 Central Ave.**  
**Albany, NY 12206**



**Website:**  
[www.np-psych.com](http://www.np-psych.com)

### Northeast Psychological Associates

Northeast Psychological Associates is a private behavioral health practice, located in the Capital Region in New York State, staffed by licensed psychologists, certified clinical social workers and licensed mental health counselors. Treatment services are available for adults, adolescents, and children.

**Phone:**  
**(518) 456-2060**

**Address:**  
**435 New Karner Rd.**  
**Albany, NY 12205**



**Website:**  
[www.nepsych.com](http://www.nepsych.com)



## MENTAL HEALTH & SUD RESOURCES

### Northern Rivers

Northern Rivers Family of Services empowers children, adults, and families to change their lives and build stronger communities. They provide a behavioral health center, school-based behavioral health, Assertive Community Treatment (ACT), Home Based Crisis Intervention (HBCI), and prevention and Family Intervention services.

**Phone:**  
**(518) 426-2600**  
**General number**

**(518) 292-5499**  
**Immediate Crisis Support**

**Address:**  
**653 Plank Rd.**  
**Clifton Park, NY 12065**

**Behavioral Health Center**  
**2452 U.S. Route 9 Suite 206**  
**Malta, NY 12020**

**Unlimited Potential**  
**36 Cady Hill Boulevard**  
**Saratoga Springs, NY 12866**



**Website:**  
[www.northernrivers.org](http://www.northernrivers.org)

### NY Presbyterian Hospital Center for eating disorders

The Eating Disorders Center of NY Presbyterian Hospital is designed to help individuals with eating disorders work toward recovery in a comfortable and supportive environment. Patients benefit from the most recent clinical research findings and advances in the treatment of eating disorders such as anorexia and bulimia nervosa.

**Phone:**  
**(888) 694-5700**

**Address:**  
**21 Bloomingdale Rd.**  
**White Plains, NY 10605**



**Website:**  
[www.nyp.org/psychiatry/center-for-eating-disorders](http://www.nyp.org/psychiatry/center-for-eating-disorders)



## MENTAL HEALTH & SUD RESOURCES

### Office of Addiction Services and Supports (OASAS)

The New York State Office of Addiction Services and Supports (OASAS) oversees one of the nation's largest Substance Use Disorder systems of care with approximately 1,700 prevention, treatment and recovery programs serving over 680,000 individuals per year. This includes the direct operation of 12 Addiction Treatment Centers where doctors, nurses, and clinical staff provide inpatient and residential services to approximately 8,000 individuals per year. OASAS is the single designated state agency responsible for the coordination of state-federal relations in the area of addiction services.

**Phone:**  
(518) 473-3460



**Website:**  
[www.omh.ny.gov](http://www.omh.ny.gov)

### Office of Mental Health (OMH)

The Office of Mental Health (OMH) operates psychiatric centers across the State to promote the mental health of all New Yorkers. The mission of OMH is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disturbances.

**Phone:**  
(845) 454-8229



**Website:**  
[www.omh.ny.gov](http://www.omh.ny.gov)





## MENTAL HEALTH & SUD RESOURCES

### Parsons Behavioral Health Centers

The Parsons Behavioral Health Center through Northern Rivers provides outpatient mental health treatment services individuals with emotional and behavioral challenges.

**Phone:**  
**(518) 292-5433**

**Address:**  
**2452 U.S. Rt. 9 Suite 206**  
**Malta, NY 12020**



**Website:**  
[www.northernrivers.org/behavioral-health-centers](http://www.northernrivers.org/behavioral-health-centers)

### Parsons Home Based Crisis Intervention (HBCI)

The Parsons Home-Based Crisis Intervention (HBCI) program through Northern Rivers is an intensive 4- to 6-week in-home service available to families. Therapists are on call 24/7 to help families manage crisis and provide support. The program is committed to strengthening relationships while empowering and educating children and their families in enhancing problem-solving skills. The program helps maintain healthy family functioning in a safe environment.

**Phone:**  
**(518) 292-5433**



**Website:**  
[www.northernrivers.org/home-based-crisis-intervention](http://www.northernrivers.org/home-based-crisis-intervention)



## MENTAL HEALTH & SUD RESOURCES

### Parsons OnTrack NY

Parsons OnTrack NY through Northern Rivers supports young people who have recently began experiencing symptoms of psychosis and helps them return to living the life that is most aligned with their desired goals as quickly as possible. OnTrackNY collaboratively works with young people in achieving their education and/or employment goals, maintain healthy relationships, and improve life satisfaction

Phone:  
(518) 292-5451



Website:  
[www.northernrivers.org/on-track-ny](http://www.northernrivers.org/on-track-ny)

### Project COAST

Coordinated Opioid and Stimulant Treatment (COAST) is a network of substance use specialists in the Capital Region and Hudson Valley created to provide people with opioid and stimulant addiction the prevention, treatment, and recovery services that they need instantaneously. COAST offers same day access to MAT for individuals who use opioids.

Phone:  
(866) 930-4999



Website:  
[www.cbhnetwork.com/coast](http://www.cbhnetwork.com/coast)

### Rehabilitation Support Services

Rehabilitation Support Services (RSS) includes NYS Office of Mental Health residential group homes, supported apartment living, supported employment and affirmative businesses, care coordination, personalized recovery oriented services, treatment, crisis services/respite services, and wellness centers.

Phone:  
(518) 464-1511



Website:  
[www.rehab.org](http://www.rehab.org)



## MENTAL HEALTH & SUD RESOURCES

### RISE Housing and Support Services

**RISE programs provide safe, healthy housing and support services to people with mental health concerns, substance use, and other life challenges.**

**Phone:**  
**(518) 587-6193**

**Address:**  
**127 Union St.**  
**Saratoga Springs, NY 12866**



**Website:**  
**[www.riseservices.org](http://www.riseservices.org)**

### Saratoga Center for the Family

**Saratoga Center for the Family offers a wide range of services focusing on mental health, anger management, parenting programs, child custody stress prevention programs, keeping children safe, physical and sexual abuse, behavioral interventions, and attention disorders, and child advocacy.**

**Phone:**  
**(518) 587-8008**

**Address:**  
**359 Ballston Ave.**  
**Saratoga Springs, NY 128665**



**Website:**  
**[www.saratogacff.org](http://www.saratogacff.org)**



## MENTAL HEALTH & SUD RESOURCES

### Saratoga Community Health Center

The Saratoga Community Health Center provides high quality, primary, dental, behavioral and addiction medicine health services to members of the community, regardless of their insurance status and ability to pay. Social workers are also available to assist patients and their families.

**Phone:**  
**(518) 886-5600**

**Address:**  
**24 Hamilton St.**  
**Saratoga Springs, NY 12866**



**Website:**

[www.saratogacommunityhealthcenter.org/?utm\\_source=local-listing&utm\\_medium=organic&utm\\_campaign=website-link](http://www.saratogacommunityhealthcenter.org/?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link)

### Saratoga County Alcohol & Substance Abuse Services

Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals suffering from an alcohol and/or drug program and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functions. Services include: Screening, referral, assessment, and individual and group counseling.

**Phone:**  
**(518) 587-8800**

**Address:**  
**254 Church St.**  
**Saratoga Springs, NY 12866**



**Website:**

[www.nyconnects.ny.gov/providers/saratoga-county-alcohol-and-substance-abuse-services-sofarensap284](http://www.nyconnects.ny.gov/providers/saratoga-county-alcohol-and-substance-abuse-services-sofarensap284)



## MENTAL HEALTH & SUD RESOURCES

### Saratoga County Department of Mental Health & Addiction Services

The mission of Saratoga County Department of Mental Health & Addiction Services is to provide outpatient mental health and alcohol/drug treatment services that are accessible and responsive to the needs of persons suffering from mental illness and/or alcohol/drug problems, their families, and the community.

**Phone:**  
**(518) 584-9030**

**Address:**  
**135 S Broadway,  
Saratoga Springs, NY 12866**



**Website:**

[www.saratogacountyny.gov/departments/mental-health-center](http://www.saratogacountyny.gov/departments/mental-health-center)

### Saratoga County Personalized Recovery Oriented Services (PROS)

Saratoga County PROS is a comprehensive, individualized, recovery based program that offers rehabilitation, support, and treatment services under one roof. PROS serves adults (over 18) with a mental illness diagnosis who have a functional disability that interferes with their ability to live a fulfilling life. The purpose of PROS is to help participants take control of their own lives by teaching the skills necessary to overcome the mental, emotional, behavioral, and social barriers resulting from mental illness and addiction.

**Phone:**  
**(518) 885-4521**

**Address:**  
**135 South Broadway,  
Saratoga Springs, NY, 12866**



**Website:**

[www.saratogacountyny.gov/departments/mental-health-center/#:~:text=Personalized%20Recovery%20Oriented%20Services&text=PROS%20services%20are%20person%2Dcentered,competitive%20employment%20in%20the%20community](http://www.saratogacountyny.gov/departments/mental-health-center/#:~:text=Personalized%20Recovery%20Oriented%20Services&text=PROS%20services%20are%20person%2Dcentered,competitive%20employment%20in%20the%20community)



## MENTAL HEALTH & SUD RESOURCES

### Saratoga County Veterans Service Agency

The Saratoga County Veterans Service Agency assists Veterans and their families with securing earned benefits and services through quality customer service and advocacy. The Saratoga Veterans Peer to Peer Program provides an opportunity for local Veterans who have reintegrated to civilian life to assist fellow Veterans who may experience post-traumatic stress disorder (PTSD) or other re-acclimation challenges. Personalized and informal, these pairings yield relationships intended to ease the transition from military to civilian life.

**Phone:**  
**(518) 884-4999**

**Address:**  
**2144 Doubleday Ave.**  
**Ballston Spa, NY 12020**



**Website:**  
[www.veteranspeertopeer.org](http://www.veteranspeertopeer.org)

### Saratoga Hospital

Saratoga Hospital Medical Group – Mental Health and Behavioral Health programs provide the foremost in compassionate, confidential care with individualized psychiatric and behavioral health treatment options delivered in safe, supportive environments.

**Phone:**  
**(518) 587-3222**

**Address:**  
**211 Church St.**  
**Saratoga Springs, NY 12866**



**Website:**  
[www.saratogahospital.org](http://www.saratogahospital.org)



## MENTAL HEALTH & SUD RESOURCES

### Saratoga Mentoring -A program of Catholic Charities

**The Saratoga Mentoring Program matches caring adult volunteers with children from challenging life circumstances. Mentors and kids spend a couple of hours a week together, building a friendship and having fun. Mentors are there to listen, guide and be a friend.**

**Phone:**  
**(518) 581-1487**

**Address:**  
**368 Broadway Suite 16**  
**Saratoga Springs, NY 12866**



**Website:**  
[www.saratogamentoring.org](http://www.saratogamentoring.org)

### Saratoga Psychological Associates

**Saratoga Psychological Associates provides comprehensive treatment to children, adolescents, adults, couples and families who are undergoing situational stresses or more long-standing problems.**

**Phone:**  
**(518) 587-0499**

**Address:**  
**63 Franklin St.**  
**Saratoga Springs, NY 12866**

**632 Plank Rd.**  
**Clifton Park, NY 12065**



**Website:**  
[www.saratogapsych.com](http://www.saratogapsych.com)





## MENTAL HEALTH & SUD RESOURCES

### Saratoga Regional YMCA

**The Saratoga Regional YMCA provides health and wellness activities to promote strong mind, body and spirit.**

#### **Locations:**

**119 Gabriel Rd.  
Corinth, NY 12822  
(518) 583-9697**

**10 Medical Park Dr.  
Ballston Spa, NY 12020  
(518) 583-9623**

**290 West Ave.  
Saratoga Springs, NY 12866  
(518) 583-9622**

**20 Old Gick Rd.  
Saratoga Springs, NY 12866  
(518) 587-3000**



#### **Website:**

**[www.srymca.org](http://www.srymca.org)**

### Saratoga Stress Reduction Program

**The Saratoga Stress Reduction Program is an eight-week mindfulness-based stress reduction course.**

**Phone:  
(518) 581-3180**

**Address:  
58 Henry St.  
Saratoga Springs, NY 12866**



#### **Website:**

**[www.oneroofsaratoga.com](http://www.oneroofsaratoga.com)**



## MENTAL HEALTH & SUD RESOURCES

### Second Chance Opportunities

**Second Chance Opportunities is a Janitorial Company that employs individuals in Recovery from substance use disorder. They also offer financial rehabilitation, recovery coaching, housing opportunities, medical referrals, and community engagement.**

**Phone:**  
**(518) 489-1929**

**Address:**  
**55 Colvin Avenue,  
Albany, NY 12206**



**Website:**  
**[www.scoalbany.com](http://www.scoalbany.com)**

### Sharps Disposal Kiosks

**Corinth EMS**

**101 Sherman Ave, Corinth, NY 12822**

**Saratoga Hospital Emergency Center**

**211 Church St, Saratoga Springs, NY 12866**

**Saratoga Springs Housing Authority**

**1 S Federal St, Saratoga Springs, NY 12866**

### SPARC Saratoga -St. Peter's Addiction Recovery Center

**SPARC provides outpatient services for individuals with substance addiction. The program includes 12-step meetings, group therapy, and family support and trauma recovery groups.**

**Phone:**  
**(518) 885-6884**

**Address:**  
**125 High Rock Ave.  
Saratoga Springs, NY 12866**



**Website:**  
**[www.sphcs.org/AddictionRecoverySPARC](http://www.sphcs.org/AddictionRecoverySPARC)**



## MENTAL HEALTH & SUD RESOURCES

### St. Peter's Addiction Recovery Services

St. Peters Hospital treats alcohol and drug addiction crises in emergency departments throughout the Capital Region. Physicians and nurses will stabilize symptoms, arrange for detox or medically managed detox if needed, keep you as safe and comfortable as possible during withdrawal, assess your mental health and support your family and loved ones. For patients that need to stay in the hospital during part of their recovery, St. Peters offers two inpatient rehab centers.

#### Locations:

2215 Burdett Ave.  
Troy, New York 12180

Inpatient Phone:  
(518) 271-3390

Outpatient Phone:  
(518) 268-5005

1300 Massachusetts Ave.  
Troy, New York 12180



#### Website:

[www.sphp.com/find-a-service-or-specialty/addiction](http://www.sphp.com/find-a-service-or-specialty/addiction)

### Test Strips: Fentanyl & Xylazine

Healing Springs Recovery Community Center  
125 High Rock Avenue, Saratoga Springs, NY 12866  
(518) 306-3048

Website: [www.preventioncouncil.org/healingsprings](http://www.preventioncouncil.org/healingsprings)

Medication for Addiction Treatment and Electronic Referrals  
(MATTERS)  
(765) 628-8377

Website: [www.mattersnetwork.org/harmreduction](http://www.mattersnetwork.org/harmreduction)

Saratoga County Department of Health  
6012 County Farm Road, Ballston Spa, NY 12020  
(518) 584-7460

Website: [www.saratogacountyny.gov/narcan](http://www.saratogacountyny.gov/narcan)



## MENTAL HEALTH & SUD RESOURCES

### The NYS Community Health Access to Addiction & Mental Healthcare Project (CHAMP)

CHAMP is designed to help individuals and their families resolve issues in accessing substance use disorder and mental health services.

**Phone:**  
(888) 614-5400



**Website:**  
[www.cssny.org/programs/entry/champ](http://www.cssny.org/programs/entry/champ)

### The Prevention Council

The Alcohol and Substance Abuse Prevention Council of Saratoga County, is a nonprofit, community-based organization working to prevent alcohol, drug and other substance abuse throughout Saratoga County. Their mission is to provide education, information and referral services on the subjects of alcohol, tobacco, other drug and violence prevention to individuals and local communities.

**Phone:**  
(518) 581-1230

**Address:**  
125 High Rock Ave. #107,  
Saratoga Springs, NY 12866



**Website:**  
[www.preventioncouncil.org](http://www.preventioncouncil.org)

### Therapeutic Horses of Saratoga

THS partners with ECS Psychological Services, PC, and other local clinicians to provide Equine-Assisted Therapy. Individual, family, couples, and veteran's services are available. All clients must be enrolled with ECS Psychological Services to register. To schedule with a therapist, contact ECS Psychological Services at 518-580-0520.

**Phone:**  
(518) 290-6240

**Address:**  
55 Colvin Avenue,  
Albany, NY 12206



**Website:**  
[www.thsaratoga.org](http://www.thsaratoga.org)



## MENTAL HEALTH & SUD RESOURCES

### Tobacco & Vaping Resources

#### Drop The Vape

**Text-based quit vaping program (free & anonymous).  
Youth & Young Adults can text "DropTheVape" to 88709.  
Parents: Text "QUIT" to 202-899-7550 to receive daily advice to help youth quit.**

#### NYS Smokers' Quitline

**Call: 1-866-NY-QUITS (1-866-697-8487).  
Text: 716-309-4688.**

### True North

**True North is an integrative health community located in the beautiful Glens Falls region of upstate New York. It is comprised of a group of experienced and dedicated practitioners who strive to provide the best possible services to their clients, to each other, and to the community.**

**Phone:  
(518) 798-9187**

**Address:  
499 Glen St.  
Glens Falls, NY 12801**



**Website:  
[www.truenorthat499glen.com/contact](http://www.truenorthat499glen.com/contact)**



## MENTAL HEALTH & SUD RESOURCES

### Union Street Counseling

Union Street Counseling offers psychological and psychiatric assessments, counseling services and supervised therapeutic visitations.

**Phone:**  
**(518) 289-5072**

**Address:**  
**5 Hemphill Pl.**  
**Malta NY, 12020**



**Website:**  
**[www.uscs.info](http://www.uscs.info)**

### Wellspring

Wellspring is the domestic violence and sexual assault services resource for Saratoga County residents. They support survivors by providing emergency shelter, a 24-hour hotline & live chat, counseling, long-term housing assistance, case management and much more.

**Phone:**  
**(518) 583-0280**  
**Office**  
**518-584-8188**  
**24/7 crisis line**

**Address:**  
**2816 US-9,**  
**Malta, NY 12020**



**Website:**  
**[www.wellspringcares.org](http://www.wellspringcares.org)**

