



# PRESS RELEASE

**FOR IMMEDIATE RELEASE**

**DATE: February 1, 2024**

## **SARATOGA COUNTY DEPARTMENT OF AGING AND YOUTH SERVICES TO HOLD FREE NY CONNECTS & HEALTH INSURANCE INFORMATION SESSION FOR SENIORS**

MECHANICVILLE, NY – The Saratoga County Department of Aging and Youth Services is holding a free New York Connects and Health Insurance Information Session for seniors on **Tuesday, February 6, 2024, from 1PM to 2PM at the Mechanicville Senior Center** (178 North Main Street, Mechanicville).

At 1PM, representatives from the Saratoga County Department of Aging and Youth Services and the Independent Living Center of the Hudson Valley will make a presentation about the New York Connects Program. New York Connects is a locally based No Wrong Door (NWD) system that provides one stop access to free, objective, comprehensive information and assistance on long term services and supports for people of all ages or with any type of disability.

From 1:30-2PM, representatives from Saratoga County Department of Aging and Youth Services will present “What’s new for 2024 with Health Insurance Information Counseling and Assistance” with a question-and-answer period.

The event takes place directly following the Dine and Gather program, which begins at noon. Reservations are required for Dine and Gather. Seniors who would like to attend lunch can call 518-664-9884 Ext 317 by noon the day before to make a reservation.

The Saratoga County Office for the Aging and Youth Services provides services for seniors throughout the County of Saratoga. These services create opportunities for active older people and meet the needs of those at risk of losing their independence. The Department provides older people with access to information and referral services, transportation, job and volunteer opportunities, senior center and day care center programs, congregate and home delivered meals, as well as case management and in-home services.

For more information about the Saratoga County Department of Aging and Youth Services, visit [www.saratogacountyny.gov/DAYS](http://www.saratogacountyny.gov/DAYS).

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