

DATE: March 21, 2024

## SARATOGA COUNTY TO HOLD HEALTH AND SAFETY DAY IN CLIFTON PARK THIS SATURDAY

CLIFTON PARK, NY – Saratoga County will host a Health and Safety Day on Saturday, March 23<sup>rd</sup>, from 12pm-3pm at the Clifton Park Center Mall in the Town of Clifton Park (22 Clifton Country Road, Clifton Park, NY 12065).

During this event, Saratoga County Department of Health staff will offer free Narcan training and distribute Narcan rescue kits. In addition, the Clifton Park-Halfmoon EMS will provide first aid demonstrations and CPR information with demonstration dolls, practice mats as well as other activities for the younger audiences.

This event is in partnership with the Saratoga County Department of Health, Saratoga County Sheriff's Office, Clifton Park-Halfmoon EMS, the Town of Clifton Park, and the Clifton Park Center Mall.

Saratoga County Board of Supervisors Chairman, Phil Barrett (Clifton Park) said, "On behalf of the Saratoga County Board of Supervisors, I encourage residents of all ages to attend Health and Safety Day at the Clifton Park Center Mall. Attendees will enjoy health-focused interactive activities and receive valuable information as part of our Healthy Saratoga County initiative. Thank you to our partners Clifton Park-Halfmoon EMS, The Clifton Park Center Mall, Saratoga County Department of Health, and the Saratoga County Sheriff's Office for joining the County and Town to bring this event to our residents. Together, we can foster a healthier Saratoga County."

As Chairman of the Board, Barrett created the Healthy Saratoga County initiative to promote health and safety for a stronger Saratoga County. The initiative aims to provide residents with tools and information about healthy living.

## **About Narcan Training:**

<u>Participants will learn how to recognize an opioid overdose and administer nasal Narcan, which takes approximately 10 minutes.</u> Participants will receive a free Narcan rescue kit, which includes two doses of Narcan, a rescue breathing face shield, a certificate of training, a drug disposal system, and a mental health and substance use disorder resource guide.



Naloxone, sold under the brand name Narcan, is a safe medication that can save someone's life by reversing the effects of an opioid overdose. It only works on opioids, such as heroin, prescription pain medications and fentanyl, but it is safe to use even if opioids are not present. 911 should always be called after administering naloxone. New York State's Good Samaritan Law allows people to call 911 without fear of arrest if they are having a drug overdose that requires emergency medical care or if they witness someone overdosing.

For more information about Narcan and future training events, visit: www.saratogacountyny.gov/narcan.

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