



PRESS RELEASE

FOR IMMEDIATE RELEASE

DATE: March 19, 2024

REGISTRATION DEADLINE EXTENDED FOR SARATOGA COUNTY DOUBLE DUTCH JUMP ROPE EVENT FOR YOUTH

Three-day Event for Youth to be held During School Spring Break

SARATOGA COUNTY, NY – Parents looking for activities for their children during spring break can sign their kids up for Saratoga County’s free Double Dutch Jump Rope Clinic. The event features nationally recognized Double Dutch trainers from Ms. K and her Swagga Jumpers who will teach kids how to Double Dutch or improve their skills. **The registration deadline has been extended to March 26, 2024.**

The three-day event will be held during school spring break on April 2 through 4, 2024 from 11AM to 4PM at Gavin Park in Saratoga Springs and is open to Saratoga County youth ages 6 to 17. Saratoga County residents are encouraged to [sign up](https://www.saratogacountyny.gov/youth) on the County’s website at www.saratogacountyny.gov/youth.

This event is sponsored by Saratoga County Department of Aging & Youth Services as part of the County's recognition of Youth Month and aims to promote physical fitness and teamwork among youth.

Participants will be grouped by age and will receive a complimentary t-shirt upon arrival. The clinic will feature a skills demonstration and a Double Dutch competition on April 4th from 2:30PM to 4PM, which family, friends, and community members are invited to attend. The Commissioner of the American Double Dutch League has been invited for the last day of the competition.

To ensure a comfortable and enjoyable experience, participants are advised to wear comfortable, athletic clothing and sneakers. It is also recommended to bring a water bottle each day and a bagged lunch on Tuesday and Wednesday. Lunch will be provided on Thursday.

It is recommended to register as a group; however, each participating youth requires their own registration form. Please note that children cannot be dropped off without supervision. Space is limited to the first 100 youth.

For more information, please contact the Saratoga County Department of Aging and Youth Services at 518-884-4101 or visit www.saratogacountyny.gov/youth.

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