


SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-June 2024
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Italian Sausage w/Peppers & Onions on Roll Orzo Pasta Spinach Banana	4 BBQ Chicken Home Fries Vegetable Trio Whole Wheat Dinner Roll Yogurt	5 Goulash Yellow Squash Green Beans Corn Muffin Fruit Cocktail	6 Spanish Chicken & Rice Broccoli Warm Peach Crisp	7 Breaded Fish w/Tarragon Sauce Oven Roasted Potatoes Peas & Carrots Mandarin Oranges
10 Chicken w/ Lemon Sauce Orzo Pasta California Blend Vegetables Whole Wheat Dinner Roll Peaches	11 Mushroom & Onion Smothered Beef Patty w/ Gravy Mashed Potatoes Peas & Carrots Mandarin Oranges	12 LS Turkey & Swiss on Bun Mayonnaise Beet & Onion Salad Marinated Vegetable Salad Fruit & Nut Mix	13 Sliced Sweet & Sour Pork Rice Pilaf Asian Blend Vegetables Pears	14 Father's Day Special Open Faced Hot Roast Beef Sandwich Mashed Potatoes Butternut Squash Frosted Chocolate Brownie 
17 Seafood Cake w/Dijon Sauce Mashed Sweet Potatoes Beets Applesauce	18 Bourbon Glazed Chicken Red Bliss Potatoes Vegetable Trio Whole Wheat Dinner Roll Shortbread Cookies	19 Seafood Salad on Bun Macaroni Salad Marinated Green Beans Mandarin Oranges	20 Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Broccoli Peaches	21 Beef Enchilada Casserole Green Beans Warm Berry Crisp Yogurt
24 Garlic Parmesan Chicken Buttered Pasta Peas & Carrots WW Dinner Roll Mandarin Oranges	25 Quiche Casserole Hash Browns Warm Peach Crisp Bran Muffin Fresh Orange	26 Birthday Special Meat Lasagna Zucchini & Yellow Squash Green Beans Frosted Cake 	27 Swiss Steak w/Gravy Mashed Potatoes Spinach SF Chocolate Chip Cookies	28 Cornflake Chicken w/Gravy Rice Pilaf Broccoli Peaches



Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**