




**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-February 2025
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Florentine Rice Pilaf Peas & Carrots Fruit Cocktail	4 Salisbury Steak w/Gravy Mashed Potatoes Butternut Squash Applesauce	5 Sliced Pork w/Mushroom Cream Sauce Red Bliss Potato Carrots WW Dinner Roll Mandarin Oranges	6 Swedish Meatballs Buttered Egg Noodles Broccoli SF Chocolate Pudding	7 Seafood Newburg Rice Pilaf Vegetable Trio Corn Muffin Fresh Orange
10 Spanish Beef & Rice Casserole Peas Warm Peach Crisp	11 Egg Salad on Bun Coleslaw Marinated Vegetable Salad Banana	12 Turkey Burger w/Mushroom Swiss Sauce on Bun Mixed Vegetables Warm Berry Crisp Yogurt	13 Shepherd's Pie Spinach Warm Cranberry Crunch Graham Crackers	14 Valentine's Special Chicken Marsala Parmesan Noodles Garlic Broccoli Dinner Roll Frosted Red Velvet Cake 
17 Closed 	18 Chicken and Biscuit Broccoli Butternut Squash Shortbread Cookies	19 Fiesta Meatloaf w/Gravy Mashed Potato Mixed Vegetables Applesauce	20 Beef & Broccoli Rice Pilaf Green & Wax beans Fruit Cocktail	21 Eggplant Parmesan Pasta w/Marinara Sauce Asparagus Vegetable Medley WW Dinner Roll Yogurt
24 Cubed Pork & White Bean Casserole Broccoli Warm Apple Crisp WW Dinner Roll	25 Turkey Divan Mashed Potatoes Butternut Squash Pumpkin Muffin Applesauce	26 Birthday Special  Beef Pot Roast w/Gravy Mashed Sweet Potatoes Vegetable Trio Frosted Cake	27 Chicken A La King Rice Pilaf Mixed Vegetables WW Dinner Roll Mandarin Oranges	28 Seafood Salad on Bun Macaroni Salad Marinated Green Beans Pears

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**

