



# PRESS RELEASE

**FOR IMMEDIATE RELEASE**

**DATE: April 22, 2025**

## **SARATOGA COUNTY SEEKS VOLUNTEERS TO DELIVER MEALS TO HOMEBOUND SENIORS IN GREATER GREENFIELD AREA**

BALLSTON SPA, NY – The Saratoga County Department of Aging and Youth Services is seeking volunteers to deliver meals to homebound seniors who live in the greater Greenfield area. The department has an immediate need for volunteers who can pick up meals at Galway Town Hall and deliver to residents in the Town of Greenfield and surrounding area.

This important program helps many seniors, age 60 and older, remain independent in their homes by providing them with a nutritious ready-to-eat lunch each weekday.

Volunteers can choose a flexible schedule that meets their availability, volunteering as little as once a week or as much as five days a week. Meals are picked up at 11AM and delivered until 1PM each weekday.

Becoming a volunteer is easy. Individuals simply fill out an application and provide references to the Saratoga County Department of Aging and Youth Services. Training and orientation are provided to all volunteers. Volunteers must have a valid driver license and their own vehicle.

Those interested in becoming a meal delivery volunteer should call the Saratoga County Department of Aging and Youth Services at 518-363-4020.

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